

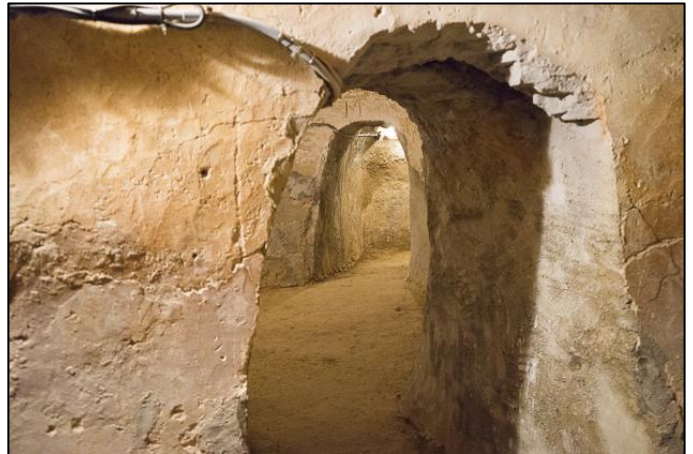
Spanish Culture & Cuisine

"Tigernuts and Horchata Tour"

A day excursion to visit *Los Silos* in Burjassot and *La Huerta de València*

Thursday 24th May 2018

Burjassot is located on the western edge of l'Horta Nord, Valencia; the municipality is composed of two areas: the eastern "levante" zone, formed of agricultural lands, irrigation canals and crops and the western zone, which is higher and is formed of limestone hills.



Taking a novel approach to a grain shortage in the surrounding Kingdom of Valencia during the 16th century, the local government installed three large silos beneath a limestone hill. The idea was that Sicilian grain could be imported and stored in the cool, dry subterranean chambers. The scheme proved a success and the next year, additional silos were added, and as demand continued to grow over the centuries, so did the number of silos. During the Spanish Civil War some of the unused silos were used as hiding places and tunnels were built between them to connect the separate chambers. In the end, a total of 47 silos were built, although only 41 remain. From the town's plaza, only the silos round caps are visible.

Our excursion will then continue to *La Huerta de València* where one of the local market gardens - *Horta Viva* - will give us a *Tigernuts and Horchata Tour*.



The history of the tiger nut goes back about 4,000 years to Ancient Egypt. The Arabs brought it to Spain in the 8th century, considering it to have a delicate flavour serving to make a drink they called chufa milk which was the base for today's *horchata de chufas*. It was in the 13th century that the crop spread to the Mediterranean area within today's

Valencian Community and had become a favoured drink for its refreshing and nutritious properties.



The group will be divided into two and during the tour, will learn the whole cycle from tigernut to the horchata, from planting, through the fields of tigernuts, to the drying building, after which everyone will be invited to try a fresh **horchata and fartón** (like a sweet bar-shaped sponge cake).



Following the tour we will make our way to **Port Saplaya**, nick-named "Little Venice", where we will have lunch.



Programme

- 08.00 hrs: Departure from Interiors, Jávea port (opposite side of the road).
- 10.00 hrs: Refreshment break at Burjassot (not included).
- 10.45 hrs: Guided tour of "Los Silos".
- 11.30 hrs: Re-board coach and travel to **Horta Viva**.
- 12.00 hrs: **Tigernuts and Horchata Tour**.
- 14.30 hrs: Lunch at Port Saplaya.
- 16.30 hrs: Return to Jávea
- 18.30 hrs: Approx. arrival at Interiors, Jávea port.

Price and restaurant t.b.c.