

# UNIVERSITY OF THE THIRD AGE : JAVEA

(www.u3ajavea.org)

## NEWSLETTER JUNE 2007

### Committee:

**President** : Rosi Evans  
**Vice-President** : Mike Frost  
**Membership Secretary** : Angela Chantry  
**Treasurer** : Lin Jones  
**Secretary** : Pat Ainsley  
**Groups Co-ordinator** : Jackie Heaton  
**Deputy Treasurer**: Mick Cox  
**Deputy Membership Secretary** : Sally Wells  
**Deputy Secretary** : Joyce Pope

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We welcome today our guest speaker Keith Homden – a former Prison Governor.

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### A few words from our President

#### U3A Summer Break

As usual there will be no meetings during July and August and we hold our next meeting at The Parador on Wednesday 26th September.

I would like to take this opportunity to wish all our members a very relaxing and enjoyable summer, whether you are in Spain or away.

Keep cool, enjoy yourselves, and I look forward to seeing you all again in September.

**Rosi Evans**

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### MEMBERSHIP

Please take a moment to check the notice board where you will find details of those members whose subscriptions are due this month, and lists of those still outstanding for April and May. Just a reminder that we give members “3 months grace“ to pay their dues, after which if there has been no payment or contact, names are removed from our database to make way for new members. To avoid having to queue, you may simply “post“ an envelope containing your renewal form, together with your 12 euros, in the Renewals Box provided. Remember to collect your membership cards today – cards are only issued once, but please request a replacement if your card has been lost or damaged. If you have any personal details that you wish to update, please ask for a “change of details form“. We have a waiting list for new members and names can be given to any Committee Member, or email to [angelachantry@gmail.com](mailto:angelachantry@gmail.com)

**Angela Chantry – Membership Secretary**

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## THOUGHT FOR THE DAY

### Why We Love Children

A kindergarten pupil told his teacher he'd found a cat, but it was dead.

"How do you know that the cat was dead?" she asked her pupil.

"Because I pissed in its ear and it didn't move," answered the child innocently.

You did WHAT ???" the teacher exclaimed in surprise.

"You know," explained the boy, "I leaned over and went 'Pssst!' and it didn't move."

**BIRDWATCHING:** Due to the hot weather there will be no more field trips until October.

In the meantime, I would like to update the membership list. Please would all members re-affirm their interest for the coming birding season, preferably by sending me an email? I currently have 38 email addresses of Birding Group members, covering 57 individuals. After over two years of running the group, there are some members who have yet to come on a field trip. Perhaps they may now feel that birding isn't for them – please don't feel I shall be offended if you withdraw your name(s). Many thanks.

**CLASSIC CARS:** For members who are enthusiastic about Classic Cars and wish to meet other people with a similar interest. The term "classic" generally means cars of all types of a particular period, broadly the 1940's to the mid 1980's, but cars of an earlier period or interesting later vehicles also come within the scope. At present we do not have enough Members of U3A to justify separate meetings, but there is The Marina Alta Classic Car Club which has approximately 100 members with many and varied cars and they enjoy a social/rally event, in our area about once a month.

**CRAFT:** We meet every Wednesday afternoon from 2 pm onwards making greetings cards mainly. We have also made beads from clay and newspaper etc. If you want to try embroidery, macramé or cross stitch etc why come along and have a go as we have plenty of places.

## CULTURAL ARTS: SUMMER 2007

A programme of *Summer Serenades* will take place in the gardens of *Finca La Cuta* in the Jalon Valley (see directions below). Entrance for each concert is €20. Gardens open at 18.00 hrs, with drinks and tapas available for purchase, and all concerts will commence at 20.00 hrs:

### Monday, 2<sup>nd</sup> July - *Great String Quartets*

Featuring the *Nathan Quartet* (Hamburg) - performing "Rosamunde" by Schubert and, as a tribute to the gardens, Haydn's "The Lark".

### Thursday, 2<sup>nd</sup> August - *The Three Guitars*

Serenades from the "Barber of Seville", "Carmen", Tango & more. Dances by Piazzolla and entertaining Divertimenti by Vivaldi. The "Song of the dying swan" by Fauré is their tribute to the garden's ponds.

### Thursday, 16<sup>th</sup> August - *Dances from Bach to Flamenco*

Solo cello player, Jürgen Krebs (Bremen), with a programme including a Bach Suite, several romantic dances, and the Cello Suite by Casado; together with flamenco dancers Carmen Cruz & Antonio Valverde (Madrid).

### Sunday, 2<sup>nd</sup> September - *Tango Argentino*

An Argentinean tango night with *Duo Diagonal* (Hamburg) - violin and bandoneon; Romina Cardoso & Franco Arias – Tango Dancers (Buenos Aires).

Another popular tradition of the *Finca La Cuta* will take place this summer - musical concerts on Sunday mornings, each starting at 11.00 hrs, entrance €20:

**Sunday, 5th August – *A morning in the land of the guitar*** - The “*Bremer Guitar trio*” travels from Albeniz to Zarazuela.

**Sunday, 2nd September – *Coffee in Vienna – Wine in Paris*** - Music of the 20s with the “*Duo Diagonal*” (Hamburg).

There will be further *Serenades* in September: every Saturday (8th, 15th, 22nd, 29th) and October (6th and 20th) and brunches every Sunday morning in September and on the 7th and 21st October. Programme t.b.a.

**For reservations please ring Lutz Kowalewsky on 665780298, or email him at [palmaconcerts@yahoo.es](mailto:palmaconcerts@yahoo.es)**

**Directions to Finca La Cuta:** Continue through Benissa on the N332, then take the right turn sign-posted to Jalon. After approx. 7 kms (and after the Lady Elizabeth School on your left) you will see a small road on your left sign-posted to Finca La Cuta.

#### **Classical Concerts at the Monasterio St. Jeroni de Cotalba**

Guided tour of the Monastery at 17.30 hrs. (3 euros). All Concerts (20 euros) commence at 19.00 hrs:

**Friday 31<sup>st</sup> August – *Tango Argentino***

*Duo Diagonal* (violin and bandoneon) perform an authentic “Barrio“, with acclaimed Tango Dancers Romina Cardoso & Franco Arias from Buenos Aires (National Ballet Argentina).

**Sunday 9<sup>th</sup> September – *Around the world with Saxophone***

*Classic4Sax* will perform music from Faure, Ravel, Piazzolla & Vaughan-Williams.

**Friday 28<sup>th</sup> September – *Swinging Bach***

Michael Ohnimus and his Ensemble (Bass & Keyboards) will perform music from Bach, Clarke, Handel & Verdi.

**Sunday 6th October – *A Night at the Opera***

Hans Sojer from the State Opera Hannover will sing Lieder by Mendelsohn, Strauss, and famous arias from Donizetti, Verdi and favourites from the Vienna Operetta.

**Sunday 21st October – “*Trompetissimo*“**

Jurgen Schaefer with his Ensemble (cello and harpsichord) will perform from Bach to Offenbach.

**Directions:** Sant Jeroni de Cotalba Monastery is located on a promontory overlooking the Gandia-Albaida Road – the CV60.

**For reservations please ring Lutz Kowalewsky on 665780298, or email him at [palmaconcerts@yahoo.es](mailto:palmaconcerts@yahoo.es)**

#### **Music & Picnic in the Park, Benicolet Aerodrome**

**Friday 3<sup>rd</sup> August and Friday 7<sup>th</sup> September**

Two classical music concerts are to be held at the aerodrome in Benicolet (a little further inland on the CV60) - bring your own picnic hamper, chairs and candelabra!!

The first picnic coincides with the village fiesta. The *Three Guitars* from Bremen will be performing serenades, tangos and popular tunes from the "Barber of Seville", "Carmen" etc., accompanied by an extremely gifted dance couple who will choreograph their version of the "Carmen Suite for three guitars". There is a bar for cold drinks and plenty of parking space. Both concerts will commence at approx. 20.00 hrs, continuing (with intervals) until circa 22.30 hrs. Entrance: 15 euros. Reservations as above.

**DIGITAL PHOTOGRAPHY:** At the last meeting the group enjoyed some useful tips from Felicity Arnot for taking macro shots with digital and SLR cameras. Macros are the summer project and will be shared at the autumn meeting on 25<sup>th</sup> September.

Twelve members of the group enjoyed a photographic trip on June 12th to Pego Marshes, the Galinera Valley, the Val de Encantada, Planes, and Alcala ice house, returning via Val d'Ebo. There were plenty of opportunities for photographs and some splendid views.

Photos of the group's monthly projects can be found on the web site. Follow the link from the *Activities* page. Notes from meetings will also be included on the web site and a list of useful web site links.

The next meeting on 24<sup>th</sup> July at 2.30 in the Sala Conferencia at the Centro Social Javea will provide a chance to share photographs from the trip. There is no meeting in August. The September meeting is on 25<sup>th</sup> September at 2.30 in the Sala Conferencia at the Centro Social Javea.

**DINING-OUT.** The Dining-Out group returned to La Bomboneria for a third visit last night and were not disappointed. The food was outstandingly good and the company excellent as usual.

This is the last Dining Group meeting until September.

The current leaders Gordon and Joanne Carter, have decided that after two years that the Group would benefit from some new blood and are therefore giving up the leadership of the group. If there is anyone in U3A who is interested in taking over, please contact Jackie Heaton, the Groups' Coordinator. The Dining Group is good fun to organise, the existing members are all very nice people and don't let you down, and in addition, it is an excellent way to make new friends. So if you feel this would be of interest, please don't hesitate to come forward. Gordon and Joanne would be very happy to help.

**FIRST AID:** The course held in February 2007 has been completed with 26 members attending. The next course will be in 2008 if there is sufficient interest.

**GARDENING:** In May 21 members of the Gardening Group visited the Iris farm at Marnes. Members enjoyed the rural gardens and Iris Labyrinth and were able to purchase Iris plants.

There have been visits to two gardens of members. The next meeting is a visit to La Albada Garden at Pedreguer on Saturday June 23<sup>rd</sup>.

Garden visits will continue during the summer but at the cooler time of 7.00pm. Visits are as follows. Please contact the owners of the garden if you wish to attend:

**Sunday July 15th 7.00pm** Visit to Pat and Ken Robinson's Garden on the Montgo  
[patken.robinson@btinternet.com](mailto:patken.robinson@btinternet.com)

**Sunday August 12th 7.00pm** Visit to Stuart and Maureen Luxton's Garden, Cami Castellans  
55 phone 965796408

**Sunday Sept 9th 7.00pm** Visit to Angela and Don Chantry's garden.  
[angelachantry@gmail.com](mailto:angelachantry@gmail.com)

**Note:** Les Sorts and Chorros Garden Centres will both give 10% discount.

**GENEALOGY:** At the last meeting of the group, April reported on her visit to The National History Show in Olympia, London, and brought along examples of the latest materials and websites available to family history researchers.

It was agreed that the next meeting of the group would be in the new term on Tuesday 18th September at the Social Centre at 2pm. Further details available nearer the time.

In the meantime some thoughts for your summer research:

The Victorians often named their children (but not always!) by following a simple set of rules:

- 1st son named after father's father.
- 2nd son named after mother's father
- 3rd son named after father
- 1st daughter named after mother's mother.
- 2nd daughter named after father's mother
- 3rd daughter named after mother

**HISTORY GROUP:** The talk on the 'Borjas of Gandia' by Angela Chantry on 30th May was excellent and it was great to start with a chat and lunch, which I will try to continue. The last meeting before the summer is a tour of the Palau Ducal Dels Borja, Gandia on Thurs 28 June. I hope you all have a wonderful summer and thanks for your enthusiasm and support.

**LIVING GLUTEN FREE:** Gluten is a protein found in wheat, barley, rye and oats which provides the stretchy or binding qualities associated with common foods such as bread and pasta. Some individuals are gluten intolerant and therefore need to follow a life-long gluten free diet: I am one of those people. This group is designed to assist others like myself in coping with such a regimen on a daily basis, locating suitable alternative foods and recipes and how to avoid dietary mistakes when eating outside of the home environment. This information is also relevant to people who avoid wheat or who have family or friends visiting that demand such attention. Some members have already benefited from this group's kitchen tour, outings to Mercadona and local health food outlets as well as information sheets that are available on request.

**MAH JONG:** The Mah Jong group continues to flourish. Lacking any international governing body, Mah Jong has up to the present been played with varying rules in different parts of the world. The Chinese government in Beijing has now issued a set of definitive rules to standardize play internationally. The new rules are a radical revision of all the versions of the game played in China, Japan, Taiwan, Singapore, U.S.A. & Europe. If you are considering joining the group, now is an ideal time, as we are all battling to come to terms with these new rules.

We continue to meet at the Grand Café, Toscamar, every Wednesday at 7.30.

**MEDITATION: (Guidelines)** Our group is not connected, nor inspired by, any religion, sect, philosophy or creed. Our aim is to learn to be more relaxed and focused in everything we do and to learn to cope with stressful situations. We meet every Friday morning from 10.30 to 11.30 in the Social Centre situated at the back of the Health Centre in the old town (1st floor, room at the end of the corridor). Members should feel free to arrive late and leave early.

**JULY and AUGUST** the meditation meetings will be suspended. We will start again Friday the 7th of September.

**VERY IMPORTANT** – people who would like to join the group should ring the group leader first to learn a few basic rules about the technique.

In between the meditation sessions, people should feel free to talk about anything but it is better to avoid very sad, negative or contentious subjects that could distract other members during the next session. If one Friday the group leader is not present other members can lead the mediation in turns.

**PETANQUE:** We meet at - Bar Sheila, 146 Cra La Guardia, known locally as "Charlie's Bar". It is situated between the tennis courts and the restaurant L'Echalote on the Costa Nova road (just along from the hairpin bend on the right-hand side) Same day and time as usual - Thursday afternoon - quarter to 3 for 3 o'clock start. If any new members are interested or any members not sure of the location please ring group leaders. Look forward to seeing you then. Our last meeting before the summer will be 28th June and we will return after the 'hols' on the 13th September, but if anyone wishes to continue throughout the holiday period there should be no problem with this. Have a wonderful summer and don't let the visitors grind you down! Hopefully see you all again in September.

**SCRABBLE:** This group meets at 2.30 pm on Fridays. The new venue is Meson de Paco, Carretera Benitachell. All are welcome.

**SHARE TRADING SYSTEMS:** The Share Trading Systems Group is now temporarily full. If anyone is interested in joining, please contact the Group Leader by email to be put on the waiting list.

The aim of the Group is to find a trading system that will make profits at least 80% of the time, by sharing ideas and actual trading experiences. It is not an investment club where buy/sell decisions are made by majority vote. Each member goes away and acts on his own judgment, but shares the results with other members.

**SNOOKER:** We meet every Friday at 11.30 for 2 and a half hours at Lacey's at Cabo de la Nao next to the Swiss Cable TV company. No need to book - just turn up and play. Normal cost €5 per head.

Last Friday we played with the new snooker balls which have been kindly provided by the Committee from funds and we are all delighted with them even if it will take us several weeks to get used to them.

**SOCIAL RUMMYKUB:** The group is suspended until September 2007 unless someone else would like to take over until then. See Jackie Heaton:

**SOLO ON SUNDAYS:** Don't spend Sundays alone.. it is not good for you! Join us for Sunday Lunch and meet new people and make new friends. We try different venues and anyone is welcome to suggest a Restaurant of their choice, so come along and see for yourself. We are a small group and we don't bite! Next date is 8th July....so come along!

**SPANISH CONVERSATION:** Both groups remain full at present. After the summer break the Spanish conversation group will restart on Monday 3rd September

## TRAVEL GROUP :

Recently a member on a U3A-organised overnight trip was taken ill and had to be hospitalised. (I am happy to say that this person has made a full recovery) However, having been through this experience we feel it necessary to implement some changes in an endeavour to make ourselves better prepared in future.

We now require that everyone joining an overnight trip should provide us with contact details of someone **EMPOWERED** to act on their behalf in an emergency. It has to be someone **NOT** on the trip.

At the back of the Newsletter you will find a small form which **MUST BE** completed and handed in when you make the final payment for each and every overnight trip. This includes Barcelona, our next adventure. Because of the potential problems which have been highlighted by recent events the whole Committee are unanimous in saying that, if you don't provide the information you will not be going on the trip.

**A reminder that it is the individual member's responsibility to have all the necessary insurances when travelling with the U3A.**

## JUNE

### *Tour of the Palau Ducal Dels Borga, Gandia – Thursday 28<sup>th</sup> June*

There will be a guided visit to the Palua, opportunity to see the cathedral, and time for shopping and refreshments. The coach will leave El Rrafalet at 9 a.m., first guided visit and 10.30 a.m. and second group at 11 a.m., lasting 45 mins. We will leave Gandia at 2 p.m. **Following a cancellation, two places are now available** – 15 euros p.p. payable today. Organiser: Angela Chantry

## SEPTEMBER

*Thursday, 6th September - a day trip to the rice fields of Valencia* with a 45 minute boat tour of Albufera, and visiting the town of Sueca. Price 15 euros to include coach and boat. Own choice of restaurant for lunch. Depart Rrafalet 09.30 am, returning circa 4.00 pm. Organiser Mike Frost. Don't forget your hat and suncream! Payment in full today please.

*Saturday, 15th September - Viva Espana.* Price 55 euros to include coach, display horses, drinks and tapas followed by dinner with wine, the floor show and all gratuities. Special diets should contact the organiser, Larry Sherrington. NB A hat is advisable as the horse display is early evening and lasts for over an hour. Payment in full today. Coach departs Rrafalet 6.45 pm, returning early morning.

*Thursday, 27th September - Titanic Exhibition and IMAX cinema in Valencia,* price 25 euros to include coach, entrance to the Science Museum and IMAX cinema. Organiser Pat Wykes. Payment in full today. Coach departs Rrafalet 9.30 am returning at about 6.00 pm.

## OCTOBER

*Tuesday, 9th to Friday 12th October - Barcelona.* 4 days 3 nights B&B 3\* hotel, coach departs Rrafalet 9.00 am. This trip is fully booked. If you would like to go on the reserve list contact Mike Frost. Balance of payment in full today please.

### *Walking in the foothills of the Monduver Mountain – 16<sup>th</sup> to 18<sup>th</sup> October*

Our walks will be accompanied by local residents, Dick and Clodagh Handscombe, who will share their knowledge of the local flora, fauna and history. Programme as follows:

**Tuesday 16<sup>th</sup> October 10.30 a.m.** arrival and check-in at Hotel El Romeral.  
**Cueva Papallo & Ridge (4-5 hrs)** – depart at 11.30 a.m. for our walk, mainly on tracks, with views in and beyond the Monduver natural park. Bring own packed lunch. Evening dinner at 7.30 p.m. followed by Quiz!

**Wednesday 17<sup>th</sup> October – Barranc de Manesa and Manelles Circuit (6 hrs)** passing Naveras (Icehouses). Breakfast from 8 a.m., depart at 9.30 a.m., calling first in village to purchase our picnic lunch. Mixture of wooded Mazarabic trails and wide tracks. Evening dinner at 7.30 p.m. followed by darts, cards, TV or chatting with new friends!

**Thursday 18<sup>th</sup> October – La Drova to Simat Monastery.** Breakfast from 8 a.m., check-out 9 a.m. We will leave our cars in the village – short car shuttle – then we will be walking a scenic route via historic paths and tracks to Simat. Refreshment stop in Simat followed by guided visit to the Monastery at 12.45 p.m. Return to village (car shuttle) and lunch in nearby Restaurant Riu Rau.

**Included:** 2 nights en-suite accommodation incl. full English breakfast or lighter option, two 3-course evening meals and lunch on final day (with wine/water), guided walking, guided tour of Simat Monastery, gratuities. Please telephone 966460978 or email [angelachantry@gmail.com](mailto:angelachantry@gmail.com) for full details. **You are reminded that you will be walking at your own risk** – please discuss with the Organiser the grade/difficulty of this walking trip. Cost: 90 euros p.p. sharing twin/double en suite accommodation (based on 22 participants – 95 euros p.p. based on 16). Organiser: Angela Chantry

## **NOVEMBER**

**Friday, 16th November - An evening at Benidorm Palace.** Coach, dinner etc, price TBA. Expressions of interest today please. Payment at the September meeting Organiser Pat Wykes.

**Monday, 26th November - IKEA and nearby shopping centre (with C & A).** Organiser Larry Sherrington. Price 10 euros. Expressions of interest today please.

**November TBA - Xmas shopping in Valencia.** Price 10 euros. Organiser Mike Frost

**PLEASE NOTE** - travel organisers will be at the Parador on the days of the meeting from 10.00 am to collect any monies for the trips in an effort to reduce queuing after the meeting.

**Cheques** - please note that we need a separate cheque for each trip that you book. At the present time we are unable to accept money transfers in payment.

### **\*IMPORTANT\***

**PLEASE note** - for the foreseeable future we will only accept cash up to **49 euros** per person, and anything over must be paid by cheque made payable to:

#### **ASSOC SOCIAL DE LA TERCERA EDAD DE JAVEA**

As Spanish cheques do not have the holder's name printed on them, would you please print on the back of all cheques your **NAME** and **THE NAME OF TRIP OR TRIPS** being paid for.

## GUESTS

In future we propose that non-members only be allowed to join a trip when we are sure that there are no more members wishing to go.

### **TRAVELLERS' TALES GROUP:**

Following an excellent illustrated talk by Ellen on her "Gorilla Trek" in Uganda, 20 members of the group enjoyed tapas and wine whilst sharing their travellers' tales! **Our next meeting will be on Wednesday 5<sup>th</sup> September**, when Linda and Dennis will tell us about their experiences in New Zealand. Please ring or email nearer the date to let me know that you are coming and to check the time and venue.

**WALKING:** Following a very pleasant (and not too strenuous!) circular walk in the "hidden valleys" of Lliber/Jalon, over 20 members of the group had a splendid lunch on the shady terrace at La Piscina Restaurant in Parcent. **A new programme of walks will commence in the autumn, the first being on Thursday 4<sup>th</sup> October.** Meet 9.30 a.m. Tourist Office Car Park, Benitachell, opposite Mas y Mas. Please make sure you have ample water, refreshments, and comfortable walking shoes/boots. Telephone the group leader if you have any queries.

**WATERCOLOUR PAINTING (BEGINNERS):** This activity has proved to be very popular. The course is designed to teach the basic practical skills of watercolour painting and does it in such a way that students are able to take home simple pictures, even after their first lesson. Colour mixing, perspective and tonal balance are also discussed, together with rescuing mistakes during painting. A maximum of 4 people can be catered for at a time and prospective students can request a list of brushes, paints, paper and so on ( an approximate cost of materials is €60) if they contact the Group Leader via telephone or after the monthly meetings. Sessions normally take place Monday or Tuesday mornings for approximately 2 hours.

**WATERCOLOUR PAINTING (INTERMEDIATE):** This group is at present is fully subscribed. Contact Group Leader.

**WINE GROUP:** We had an excellent "end of term" meeting on 20 June at a new venue for us, Lounge 29 on the Arenal .Steve Collins had organised a very light -hearted quiz with samples of different wines from 7 countries, the aim being to try to guess which country each wine came from, the prize being a nice bottle of Cava. Most were baffled, some even failing to identify a wine which they had tasted on our trip last month to Vicente Gandia wines, but everyone enjoyed the fun.

Scores were close with a tie between Roy and Irene Dixey and Geoff Woodward who, thanks to Roy and Irene's generosity walked off with the Cava.

When organising the monthly meetings wines have to be purchased in advance and precise numbers given to the bar where the event is being held so that they know how much food to prepare.

At this meeting we had 2 people who had booked a place who simply did not turn up and 2 cancellations on the morning of the quiz, and this meant that the cost per head to those members who attended had to be increased to cover the expenses incurred in buying the wine and in pre-ordering the tapas.

This was discussed before the Quiz, and it has been agreed that from now on anyone who has booked a place and who does not turn up must pay the full charge for the meeting. Similarly,

unless there is a very good reason why a member cannot attend, for example a sudden illness, if the booking is cancelled within 48 hours before the date of the meeting, then the full charge must be paid.

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### **WORTH CHECKING OUT !!!!!**

A little while back, our Member John Atkinson, spoke with Mark Petrie Insurance Brokers and since then we have been in negotiations with Mark & Liberty Seguros, a large American Insurance Co. who some five years ago took over Royal & Sun Alliance in Spain.

As a result of these meetings, we are delighted to be able to offer you all, car and household insurance with a very attractive discount.

Liberty Seguros, through Mark Petrie, has offered our members 15% discount off the normal household policy price and 15% off the normal car insurance policy.

All policies are written in English. In the event of a court case following a car accident, Liberty will provide an English speaking agent and again for any car damage/valuation assessment an English speaking agent will be on hand to assist you. The household policy will include accidental cover in your home and also all risks for listed special value items such as jewellery. Both are unusual in Spain.

We are also very interested in a Health policy that Mark offers which may be available with a discount in the future - Watch this space !!

If you are looking to renew your car or household policy you can contact Mark or his colleagues who are all English speaking at their office on Avda. Marina Espanola 24 , next door to La Esquina Cocktail Bar on the Javea Sea front in the port or telephone 96 579 3712. If Denia is closer for you, the tel. number to use is 96 578 1815 /0757.

Ask for a quote, mention that you are from U3A Javea and the discount will be deducted. Mark Petrie will check all names with me to ensure that discount given is to bona fide paid up members of U3A.!!

We do hope that you find this beneficial and thank you to John Atkinson for getting the ball rolling !!

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**Telephone calls:** So as to avoid extra costs to the U3A for phone calls, we have chosen to adopt a policy whereby it is the responsibility of the individual members to contact group leaders and committee members. You are requested to call again instead of leaving a message asking for someone to call you back.

**Newsletter:** Every effort is made to have the latest Newsletter on the website and emailed two days before the general meeting. This way you can obtain advance notice of any excursions and would be able to bring sufficient funds for deposits etc.

**Membership:** For your information each month we send an up-to-date list to group leaders for them to confirm membership details at their meetings. **N.B.** Husbands and wives both need to be members!

**Refunds:** We have a policy of no refunds for the travel bookings. We keep our prices as low as possible and sometimes giving a refund could result in a loss. We do try to resell the place if possible, and would then of course refund the money.

**Discounts:** We have obtained a 10% discount on glasses at Conchita Lopez Centro Commercial Javea Park, and also at Bookworld Espana. It is important that you advise the staff of your discount claim at the start of any purchase.

There is a Health Products shop called TERRA VERDA, in Javea Port, in the pedestrian area opposite the Tourist Information office and is next to Café D'Art. It is understood that discount will be available for U3A members.

**LINEA DIRECTA** has made the made the following exclusive offer to the U3A.valid until 15/03/08.

Any member calling for a car insurance quote mention the name U3A Javea and Breakdown Assistance and a Courtesy Car will be included free when you take out a motor insurance policy. with them.

The telephone number is **902 123 142** and they are English speaking.

**Insurance:** Members are reminded that as has been announced on previous occasions, they are responsible for their own insurance. U3A Javea is not liable in any respect for any loss or injury that may be suffered by Members whilst participating in the Association's activities.

## **SUGGESTIONS / INFORMATION**

1. We value your opinions about the running of the U3A but we need you to put your suggestions in the **Suggestion Box** or via the web site on the “**Contact Us**” page.
  2. We still have a Book Swap box – How it works!!  
Bring a book and swap it for another, if you bring several books then you need to take several books out, the idea is we are not left with lots of spare books that are difficult to transport and store. Hope you all enjoy this idea.
  3. If you cannot attend a Group meeting that you have previously indicated you would attend, can you please let the Group Leader know
  4. **POOL 'BOYS':**  
**Gunitec** (next to Lidl in Javea) have agreed to a **10% discount** on swimming pool materials subject to your showing your U3A membership card.
  5. Awaiting instruction from **SALSA** teacher as to whether Javea have a suitable venue
  6. **COOKERY** – is anyone keen to take up the gauntlet oops I mean Oven Gloves.  
Contact Jackie as she has some ideas
  7. **GO KARTING** If there is enough interest in this activity Chris Garwood would organise this fun event. If you are interested you can contact Chris on **tel. 96 649 1927** (email: [karting@u3ajavea.org](mailto:karting@u3ajavea.org)) or see **Jackie Heaton**
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**TRAVEL**

**REGISTRATION OF INTEREST**

**PLEASE PRINT**

Name 1 .....

Name 2.....

I am definitely interested in

.....  
and will pay a deposit when required.

OR

I might be interested in

.....

Suggestions for further trips .....

.....  
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**CONTACT DETAILS IN CASE OF EMERGENCY ON OVERNIGHT TRIPS**

I/We

.....  
.....

Traveling to

.....

On .....

Confirm that

.....

has agreed to act on my/our behalf in case of emergency. The contact details are :

Telephone no (including country code if not Spain).....

Mobile no (including country code if not Spain).....

email.....

(whichever are applicable)