

UNIVERSITY OF THE THIRD AGE: JAVEA

(www.u3ajavea.org)

NEWSLETTER June 2009

Committee:

President: Shirley King

Membership Secretary: Wilma Stevenson

Treasurer: Marie Smith

Secretary: Jeni Oldfield

Groups Coordinator: Elizabeth Collins

Deputy Groups Coordinator: Jean Miller

Deputy Treasurer: Mick Cox

Deputy Membership Secretary: Karen White

Deputy Secretary: Sue Bentley

Webmaster: Sam Wells

Our final meeting of the season is upon us and I would like to wish all of you a wonderful summer and hope whatever you are doing is fun and brings you much joy and happiness.

The meeting this month is **OPEN** to **ALL** members, **FULL** and **ASSOCIATE**, so do come along and **support your Group Leaders**. See the Group Activities section later on in the Newsletter for more information and details. Doors at the Parador will open at 10.30 am.

We have a vacancy on the Committee for a Vice President and Paul Wessendorf has been proposed for this post. Anyone else who would like to be considered please contact me as soon as possible. Notice is hereby given that an election for the position of Vice President will be taken at the September meeting.

The Committee have started to look at its structure to ensure it meets the current/future needs of the members and we will be working on this over the next few months. We aim to have the format ready for the January Open Meeting when everyone will have an opportunity to view the structure and be able to comment. This will then give the Committee time to dot the i's and cross the t's before bringing it to the AGM for formal approval.

In the meantime we are looking for some more help on the Committee, particularly with the Group Activities. These roles will be non-elected and only involve a couple of hours here and there, so if you would like to help please see Elizabeth or myself at the meeting this coming Wednesday. We now have over 900 members and nearly 60 Groups and this is creating a huge workload for a few individuals on the Committee, so any help people can give would be appreciated.

We also need help with the storing and issuing of equipment. If you have some spare space and are able to assist please contact me.

Marie, Karen and Angela are working very hard on the preparations for the ball which we all hope will be a great success. Again, more detail further on in the Newsletter.

Once again, enjoy your summer and I look forward to seeing as many of you who can make it at this month's meeting. Personally, I am looking forward to a drop of wine from the Wine Tasting Group and some food provided by the Foodies Group.

Shirley King

President

St. Valentine's Ball !!

We are very pleased to announce that we will be holding a ***St. Valentine's Ball*** on Friday, 12th February 2010 in the Adsubia Hall at ***Salones Carrasco***, Javea – a delightful venue with

easy access and plenty of parking. The evening will commence with a cava reception between 7.30-8.15 p.m., followed by a 4-course dinner, including wine/soft drinks/beer during the meal, coffee and a liqueur. Music for dancing will be provided by "Paulette". During the evening there will be a free raffle, drawn from ticket numbers. In the run up to the ball there will also be a separate raffle in aid of a local Javea charity, with some lovely prizes to be won, the draw taking place on the evening of the ball. Dress: smart / evening wear.

So come and join the fun! – we will be very happy to take bookings for tables from members (general and associate) who would like to make up a group together, requests from couples, and from individual members who may like to join the "Solos table". Tickets, priced at 35 euros, will be on sale from the September meeting onwards (and the menu will be available to view on the website and in the newsletter), from **Marie Smith, Karen White and Angela Chantry**.

JUNE OPEN MEETING – Main Hall

All U3A members are invited to come along to the Meeting on 24th June at the Parador.

This will be your first opportunity to see an exhibition of work by two of our **Watercolour** groups.

Wine group will be offering you free samples of wines – See Steve and helpers.

Foodies group will be offering you free samples of tasty bakes and nibbles – See Barbara and helpers.

Family History group will be offering the first 60 people to visit them, a family search and printout for a subsidised price of €1 – See James and helpers.

Clive White will have a laptop set up to show you how to access the **Javea U3A website** – short tutorials. Sam Wells will have a laptop set up and will answer "techie questions" about the Javea website. Additionally any Group Leaders who have queries regarding their new web pages are invited to visit Sam's table.

Let's Talk Javea will be showing you the jute bags to replace plastic in Javea's shops and their various ideas for helping Agenda 21 with suggestions to improve life generally in our town.

Backgammon, Bridge, Rummikubs will all be there to answer your questions about their games.

Angela Chantry will be launching her new **Solos Social Group**, and showing **Cultural Arts** and **Travellers Tales**.

Travel Group will have two tables in the main hall to entice you to join in their programme of trips and visits – visit Mike, Diane, Pat and John for full information of Travel activities.

Crafts – Card making group will show how they make various types of cards and exhibiting some of their work.

Karen and Jean will have a table with details of all the current **walks** and their new **Strolling** walk venture.

Digital Photography will have a display of some of their beautiful photographs – visit Dodie and group.

Tony Hancock will be there to discuss the **Refresher Course for English Grammar** – come and sign up.

John Chun will be displaying news on the Autumn season of **Saturday Cine Group** – see the Cine Easel.

Tom Stevenson will have his laptop set up to show how he teaches **Practical Computer Knowledge** and to give details about his Office 2007 Workshop later in the year.

The **Patchwork** group ladies will be showing you how industrious they are – along with leader Yvonne.

Barbara will be waiting to take your names for the new **Scrapbooking** group and show you some of her work.

Gordon will be happy to talk to anyone who can offer the use of a **Sailing** boat to his group, and Fabio will be selling DVD's of the Costa Blanca area.

History Books, Quiz Night details, **Poetry** and **Folk Music, Dining Out and Dine and Dance, Spanish Conversation** and even more of our groups will be demonstrating, exhibiting and waiting for your visit.

In the Entrance Foyer you can sit and chat with friends, read the Notice Boards and For Sale Board, swap DVDs and Books (*remember to bring some along*) and exchange information and queries with Wilma, the Membership Secretary, and Jeni. Sue will have some copies of the Newsletter for those without email. If you want to change your contact details – this is your opportunity to let them know. New Associates may also join.

Thank you to Jenny Wessendorff, who devised our Meeting layout plan and liaised with the Parador.

*******If anyone would like to lead a Fishing group, Computer B, Painting group or Badminton group PLEASE come and speak to me at the Meeting. I shall be walking around with a clipboard to take your names. *******

Groups Coordinator: Elizabeth Collins

MEMBERSHIP

Our Membership, as at today's date, stands at 943 members – being 651 Full membership and 292 Associate membership. I hope all members have a very pleasant summer break – wherever you may be!

A reminder to all members: Husbands and wives both need to be members if you wish to undertake activities/trips together. Please note that only Spanish telephone/mobile numbers are recorded. Only members who have full Membership can attend the monthly General Meeting and, regrettably, lack of space does not permit the attendance of friends or guests. Names for Associate Membership can be given to any Committee Member. Changes to e-mail addresses, telephone numbers, etc should be notified direct to the Membership Secretary at: membership.secretary@u3ajavea.org.

Wilma Stevenson

WEBSITE

A new version of the Javea U3A website is now in place. It will be worth a few minutes of your time to visit the website and see what information it provides. My aim is for the site to contain the most up to date information on Javea U3A and its activities. The link to the site is www.u3ajavea.org, if it is your first visit it would be worth clicking the button for the **What's New** page where you will find information on the latest U3A activities and forthcoming events. It is also worth clicking the button for the **Group Activities** page, where you find a table of all the Groups. Click a group's name and it will take to that group's own page. Do give it a try. If all this is a mystery to you, Clive White and I will be available at the June open meeting to show you how it works.

Sam Wells, Webmaster.

NEW GROUPS INFORMATION – Elizabeth Collins, Groups Co-ordinator

NEW Scrapbooking (Craft): The recent crafting craze has been the art of Scrapbooking. Have you always wanted to try this craft, but not known where to go for guidance? Join the Javea U3A Scrapbooking Group and learn how to display your memories and photographs in

a way that will be cherished forever. Scrapbooking is about photo albums with a difference. Rather than just displaying your photographs, albums are enhanced with embellishments and journaling mounted on decorative pages, chosen to compliment the photos and the memory. After completion each page is inserted in a special plastic page protector to protect it from harm. Your album will be something personal and precious. A minimum of equipment is required, all available locally, so come and join our Group. We hope to start on 29th June in the Social Centre, Javea from 11am to 1pm and have monthly meetings. Contact groups.coordinator@u3ajavea.org who will pass your details to Group Leader, **Barbara Gorrod**, or see contact list sent with Newsletter to contact Barbara direct. **COME AND MEET BARBARA** at the JUNE Open Meeting at the Parador and register your name for more information.

A REFRESHER COURSE IN ENGLISH GRAMMAR - started on Wednesday, 17th June. Meetings take place 5.00 – 6.00pm in the Social Centre, Javea. **Organiser: Tony Hancock**

iPOD/iTUNES USE - The current course ended on 7th May. If anyone would like to **join a new course later in the year**, please contact **Alan Ewins** to express your interest. Anyone with an iPod, iTouch, iPhone or an mp3 player will find the course informative. mp3.ipod@u3ajavea.org. **COME AND MEET ALAN** at the JUNE Open Meeting at the Parador and register your name for more information.

NEW LECTURE SERIES –A series of presentations and lectures will be offered to members at the Casa de Cultura, starting 6th October 2009. Keep abreast of developments by reading the September Newsletter and reading the What's New page on the U3A website. At the JUNE Open Meeting and September Parador meeting you can speak to **Alan Oliver** or **Elizabeth Collins** to find out full details.

CASUAL GOLF – **Steve Collins** is willing to coordinate those members (male and female) who might like an occasional friendly game of golf at Ifach. Initially Denia U3A have offered to act as our hosts if they have spaces available, but if there is sufficient interest, then a Javea Casual Golf Group can be formed. Find Steve on the Wine table to register your interest. Have a sip of wine at the same time!

CONSUM SUPERMARKET DEMO - Two separate cookery demonstrations were held on 16th June for Javea U3A members. Chef/Teacher Laura Enriquez presented her recipes in English and explained that this was the first time they had been asked to give demonstrations specifically for foreigners. After listening and tasting, we were each presented with a folder full of interesting recipes and a Consum apron.



TUESDAY LECTURE PROGRAMME

The following 7 presentations are planned for our new lecture programme at the Casa de Cultura in Javea Pueblo, on the first Tuesday of each month, during the winter-spring period 2009 -2010.

Each will be a two hour session, from 10.30 to 12.30 with a 30 minute coffee break in the middle.

6 th October	Art Appreciation	by Ceda Panajotovic
3 rd November	Introduction to the Solar System	by Christine Ord (Denia U3A Astronomy group)
1 st December	It's in your Genes	by Alan Oliver
2 nd February	Beyond e-mail - Other things you can do with your computer	by Tom Stevenson
2 nd March	London - A History	by Ceda Panajotovic
4 th May	Digitising Old Slides	by Tom Miller
1 st June	The English Crown Jewels	by Ceda Panajotovic

For more information contact: groups.coordinator@u3ajavea.org or
science.earth@u3ajavea.org.

(Please note that if requested by the Casa de Cultura, some dates in 2010 may have to be altered)

GROUP TRIPS - Please note that before you book a trip with any group, you should make yourself aware of that group's policy regarding refunds and cancellations.

UPDATED INFORMATION - Any information on new groups or changes after publication of the Newsletter will be posted on the U3A webpage under *What's New*, so please check regularly.

If you experience any difficulty in contacting Group Leaders, then please contact:

Elizabeth Collins - Groups Co-ordinator

ONGOING GROUPS

BACKGAMMON GROUP: We meet Monday afternoons at Marples Cafe at the rear of the Arenal on Avda Fontana – just turn up, nothing to pay, but you are expected to buy one drink during the afternoon for our free use of their facilities. We will have our last session on 22nd June and then restart on 7th September. The session runs from 3:00pm to 5:30pm – hope to see you there! More? Contact **Organiser Bob Denton** on backgammon@u3ajavea.org.

BIRD WATCHING: Field trips are now suspended until September. Any new U3A members wishing to join this group for future outings should contact the group leader, **Nigel Bentley**, preferably by email, supplying a telephone number in addition to their email address.

BOOK CLUB: By popular demand, The Book Club is continuing through the summer months. We have chosen the following books for discussion:

Monday 20th July – *Mr. Pip* by Lloyd Jones

Monday 17th August – *Change of Heart* by Jodi Picoult

Please note that these two meetings are from the amended time of 4.30- 6.30pm.

There is a short waiting list for anyone interested in joining us in the near future. If you would like any more information, please contact Pru Hughes at book.group@u3ajavea.org.

Organiser: Pru Hughes

BRIDGE: We meet weekly in the bar of the Parador Javea at 2.45pm for a 3.00pm start. Players of all levels are welcome, but unfortunately we cannot cater for the absolute beginner. It is not necessary to have a bridge partner, so if you are familiar with the game, please come and join us for an afternoon of friendly bridge. For further details please contact **Organisers: Sybille Ross** 9657498682 or **Wendy Turner** 965795088

COMPUTER AND IT GROUPS

COMPUTER GROUP B: Sad to say this group has had its last meeting. I feel that we have gone as far as I can, so I am hanging up my keyboard and mouse. The next Meeting is planned for 1st September 09, but unless there is anyone out there who would want to take over, (I'll hold their hand initially), the last meeting has already taken place. I would like to thank the 16 members of the group for all their support. It made the experience for me all the more enjoyable. **Trevor.**

PRACTICAL COMPUTER KNOWLEDGE: We exist to share computer issues and problems, explore new ways of using our computers and discuss new hardware and software, leveraging the knowledge and experience of all the members of the Group. Sadly, the group is full and I have no capacity to take on additional members. **Organiser: Tom Stevenson,** javeau3acomputers@gmail.com.

USING YOUR COMPUTER: The current course has now finished. I intend to repeat the course for six people in the Social Centre, Jávea commencing 6th October at 11:00 and running for six consecutive Tuesdays. I already have three people signed up. Anyone else interested in a gentle introduction to the world of Personal Computers should contact me. Note that the sessions last around two hours each and are based upon Windows Vista. If your PC uses Windows XP then this is not a problem, although some of the details may differ slightly. Possession of a laptop is not a pre-requisite for this course, but it is certainly an advantage. **Organiser: Tom Stevenson**

INFORMATION TECHNOLOGY (IT) PARTNERS GROUP: We are now able to offer support with Microsoft Office applications, genealogy, setting up of email accounts, web site creation, design and construction of databases and Internet searches. If you would like support in these areas of software or if you would like to offer help in any other areas please contact **Organiser: Dodie Hodgkinson** on it.partners@u3ajavea.org. See the web site for a proforma for submitting information.

NB Computer repairs and hardware issues do not come within the scope of this group.

CULTURAL ARTS PROGRAMME:

During the last few months we have attended quite a variety of events – *The Wireless Years*, a *Vivaldi Concert* in the Palau to Les Arts Reina Sofia, *The Good Old Days*, a concert by the *Costa Blanca Male Voice Choir*, and a performance by the extremely talented jazz band *Bourbon Street Stompers* – to name but a few. We look forward to a new programme commencing in the autumn! **Organiser: Angela Chantry**

DIGITAL PHOTOGRAPHY: For the programme of activities for the coming year see the web site. **Organiser: Dodie Hodgkinson**

DINE AND DANCE GROUP: For more information contact group leader, Pat Wykes Johnson. **Organiser: Pat Wykes Johnson**

DINING OUT: For our last dining out event before our summer break we are returning to Restaurant La Cumbre on Thursday 25th June. **Organiser: Peter Speer**

FAMILY HISTORY: At the June meeting members enthusiastically brought along their findings from researching the 1911 census for their parents and grandparents together with photographs of around that time. These had given many clues for further researching their families. These results and photographs will form the basis of the groups display “**Where was your family in 1911?**” at the U3A open meeting on the 24th June. In addition the first 60 people visiting the display will be offered the opportunity to research their own family in England in 1911 for a nominal fee of €1. (Records for the rest of the UK are not yet available, sorry, perhaps next time!) This is being subsidized by the U3A.

The group is now breaking for the summer and the next meeting will be held on Tuesday, 15th September at **2.15pm** at the usual venue of the Social Centre in Javea . A general exchange of information will take place, plus a small input into accessing old newspapers.

Organiser: James Hodgkinson

FASHION AND STYLE: New members are always welcome. For further information please contact: **Organiser: Vivienne Sullivan** fashion.style@u3ajavea.org.

FOLK MUSIC GROUP: The final meeting of the Folk Music Group before the summer break will be held as usual at 144 Les Fonts, Benitachell. The format on this occasion will be slightly different from the usual. We will be meeting earlier at 6.00 pm and will be having a BBQ followed by our usual music session, finishing at around 9.00 – 9.30 pm. Group members should let me know if they wish to come to this session of the group as soon as possible, either by phone to 96-649-3959, or by E Mail to folk.music@u3ajavea.org Further details about the group and its activities can be found on the Javea U3A web site. **Organiser: Paul Wessendorff**

FOODIES GROUP: Anne Beth Atkinson gave a wonderful presentation on Norwegian food along with life in Norway. She told us about the various regional foods and drink, costs, seasonal and celebratory foods, preparation and cooking methods, customs and much more. We were especially intrigued with her stories of fishing by her seaside house, crab and shrimp eating parties, foods from her childhood etc. She gave us recipes for Waffles, Cucumber Salad and Success Cake. We tasted Norwegian brown cheese, which was mild and creamy, as well as a slice of Success Cake (Suksesskake) which is sometimes called “The World’s Best” of “Yellow Dream”, all titles were apt! I gave a thank you card from the group to Marples for taking care of us for a year. We will meet up again in the new Venue, Javea Tennis Club on the Cabo de la Nao Road on Thursday September 17th 10.30 am . For more details, ask for the minutes of the meeting, and take a look at the webpage which is gradually ‘growing’.

Organiser: Barbara Craven

HISTORY GROUP: The group has had 8 excellent presentations since October 2008 and has grown to such an extent that we have outgrown our current venue. We have now secured (thanks to Elizabeth) the **Casa de Cultura** and our autumn presentations will be there, starting at **12:00 noon**. The autumn programme is as follows:

Tuesday 13 Oct, “Captain James Cook – a Yorkshireman’s Tribute” presented by Clive Hedge.

Monday 09 Nov, “The Maya – Devine Kings of the Rain Forest” presented by Maureen Stanley.

Monday 07 Dec, “What Did the Romans Do For Spain?” presented by Peter Atkinson.

Organiser: Sally Wells

MAH JONG: Mah Jong group meets every Tuesday at 15.00 hours at the Artisano Cafe, Arenal. Contact Group Leader for more information. **Organiser: Kay Thomas**

MEDITATION AND MENTAL WELLBEING: The meetings will stop in July and August. See you again the first Wednesday in September. Good summer! **Piera** (650835372).

MUSIC 4 U - POPULAR CLASSICAL MUSIC: This message is for U3A Full and Associate Members. I am giving below ideas for the continuation of the Music 4 U Group from September 09 onwards. We would appreciate comments, offers and ideas from ANYONE. We would be particularly happy to receive any offers or ideas about possible venues for the future. Please send back to me at music4u@u3ajavea.org.

June message from the Group Leader – Pat Robinson:

I started the Music 4 U Group in April 2008 and have been very surprised, and pleased, with the success of having a long list of members and an average of 30 people attending regularly. However, I believe a year is long enough for anyone to take full responsibility and I want to hand on the leadership baton to someone else from the start of the September season.

This gives 3 months for a smooth transition and to start the process I want to ask you all to consider the following (to coin a phrase – “ask not what the group can do for you but what you can do for the group”!).

I have reviewed the past year and come to the conclusion that the group success and size means it needs a team approach – a leader to plan and ‘keep order’; a second support person to undertake administration and perhaps organise the production of the chosen music for the session; a third person to undertake membership issues and find venues. In this way the roles will be manageable.

The key issue is not the administration or the music but the venues. Not many members have a sufficiently large home or garden (a few do), but does the venue need to belong to the Group Leader? There is no reason why a range of large and small homes or gardens could not be used or some suitable external venue such as the Casa de Poble or Casa de Cultura, a restaurant or even an orchard! If we end up with small home venues sometimes it will just mean a small group that month – not a big price to pay. There is lots of potential for ideas here and to discuss a variety of combinations considering that we need only 9 venues for the year. **Organiser: Pat Robinson**

PETANQUE: Our last afternoon before the summer break will be the 2nd July and then resume again on the 3rd September. For those in our team – keep practising!! Whether you’re here or away have a great summer. Stay cool. **Organisers: Lin and Terry Jones**

RUMMIKUBS: Rummikubs is often mistaken for a card game, it is a tile game. We play every Wednesday at 3.00pm at Marples Cafe. I will be demonstrating the game at the June meeting. We have a nice friendly group going and everyone is welcome. If you don’t know how to play, we will teach you. **Organiser: Krystyna Stefanczyk**

SATCINE:

Why “Satcine”? It stands for Saturday Cinema - well you all knew that, it was so obvious wasn’t it?

Satcine will be showing a film on a Saturday evening once a month starting in October. The films I hope will be provocative and non violent with a feel good ending that you would not expect in the chain cinemas so that you go home happy.

Satcine will be based at the Javea Players Study which they are very kindly going to hire to us and to make the evening into a social event there will be a bar. Of course there will be some overheads but €3 paid at the door should cover these. There is no charge to watch the film.

The seating will be limited to 45, which will be tiered, just like the real thing to give a better view for everyone. At the moment there are 57 people who have expressed an interest so sadly all new applications will have to go on a waiting list.

Satcine will be a private club. All Satcine members will receive details of the next show by email 3 weeks before the show. The first 45 to reply by email will receive an invitation to attend. Applications and enquiries please use satcine@gmail.com **Organiser: John Chun**

SOLO ON SUNDAYS: We welcomed another new member to our group last Sunday and a pleasant lunchtime was enjoyed by all at the Plaza no 6 again as it was so nice the last time we went. The Wha is not fully opened yet, perhaps we will give it a try in the future. As Summer is definitely here, our next get together will be in September. If you have not joined us but are thinking about it, just call or email me for a chat. Suggestions for different or new restaurants would be welcomed. Have a wonderful summer and think cool.....see you later in the year! **Organiser Marion Monsell**

SOLOS SOCIAL GROUP: A new group is forming, aiming to build up a network of friends who would like to share a variety of activities together (theatre, cinema, travel, dining and dancing, etc.) with like-minded individuals. If you would like to join in, please send an email to angelachantry@gmail.com (include a list of your main interests), or come and see me at the June open meeting. **Organiser: Angela Chantry**

SNOOKER: Snooker Group 1 - This group meets at Jaspa's in Cabo de la Nao on Fridays, but is now full. **Snooker Group 2** - Because the first snooker group is full, a new group has been formed. Again play is at Jaspa's, at 11.00am each Wednesday. There is no need to book - simply turn up and you will be welcome, PROVIDED that you have played before. I am afraid that at present we cannot accommodate complete beginners. **Organiser: Steve Collins**

TENNIS: Please contact Pete Jenner if you have some previous experience of tennis and wish to join a friendly, existing group playing Mondays, Friday, Wednesdays at Club de Tennis L'Áncora, Javea. Mixed men's and ladies doubles. Professional training for complete beginners available at L'Áncora - consult them for fees. For details of times and availability of games, please contact **Organiser: Pete Jenner on 965794673**

TRAVELLERS' TALES GROUP: Our next meeting will be on Tuesday 23rd June when John Chun will be telling us about his and Beryl's trip to Bermuda. The venue will be The Las Brisas Restaurant (on the Javea to Jesus Pobre Road) Meet at 11.30 a.m. for 12.00 p.m. start (drinks available at the bar). As this will be our last meeting before we resume again in September, it will be followed by lunch on the covered terrace at 13.15 p.m. Menu: canapé, bread, 3 choices for starter/main course/dessert, (½ bottle wine pp (or water, beer or soft drink), coffee and tip. Price: €12.50. **Organiser: Angela Chantry**

WALKING GROUPS

GENTLE WALKS: Wednesdays, starting at 10 am. These walks are for those who like to walk at a slower pace or wish to keep mobile prior to and after medical treatment or have mobility problems. The walk will be 30 to 45 minutes over flat ground. We will be starting the walks from Marples cafe in the Arenal. If you need to know more about walks or how to get to Marples Cafe please contact Jean Miller at depgroupcoord@u3ajavea.org, phone - 966 074 021 or Karen White at walking.gentle@u3ajavea.org.

U3A STROLLS: Fancy a pleasant stroll around the picturesque lanes of Javea, chatting with friends or making new acquaintances. No pressure to walk fast, do it at your own pace. Walk for about 45 minutes on the flat, on good surfaces, no hills, no rocky paths. All walks to be local to Javea. Finish up with a beverage of your choice at a local cafe/bar. Walks to be every fortnight. Attend whenever you can. If there is sufficient interest, I propose to run these on the second and fourth Thursday of each month, starting at 10 am. If any of this appeals to you, let me know. I will be at the U3A Javea Open Meeting at the Parador on 24th June or you can email me at walking.gentle@u3ajavea.org. **Organiser: Karen White**

HEALTH WALKS: Please see website for details of programme. **Organiser: Karen White**

INTERMEDIATE WALKS: Please see website for details of programme. **Organiser: Karen White**

MOUNTAIN WALKING GROUP: All walks start at the Tourist Office car park opposite Mas y Mas in Benitachell and meet at 9.30am. Bring ample water, refreshments, appropriate clothing and comfortable walking shoes/boots. Telephone **Al Knight**, the Group Leader if you have any queries. The next walk will be the first Thursday in October.

WALKING TREASURE HUNT: The general membership is welcome to take part in this activity, both full and associate members. We will not be active again until the weather is a little cooler and plan to restart in October. The price for the day will be €15 per person and, as usual, will include lunch and prizes for the winners. We will limit the numbers to 32 people, individuals, couples or groups of 4 can be involved in the 4 person teams. **Expressions of interest at the remaining monthly meetings please.** Payment will be required at the first monthly meeting of the autumn programme. We plan to hold 3 events over the period from October 2009 to April 2010. **Organiser: Paul Pruden**

WINE APPRECIATION:

Lunchtime Wine Appreciation Group: The group had an excellent away day at the end of May to see Bodegas Pinoso, on a fine day when, fortunately, it was not too hot. We were shown around by Xavier whose English was a great deal better than he was prepared to own up to. The bodega is one of the largest co-operatives in this part of Spain, producing much wine in bulk which is then sold for use in the blending process, but they also bottle and sell their own wine, some of which has spent some time in oak barrels. The group tried the samples offered with gusto and we then departed, having bought some wine in the supermarket which forms a part of the bodega. After a pleasant lunch, all were a little tired, but the coach made it back safely and at the appointed time. We are all looking forward to more such trips next year. The next meeting will be after the summer break on Wednesday 23rd September at La Cocina. **Organiser: Steve Collins**

Evening Wine Appreciation Group: We held our last meeting before the summer break on 10th June at Marples. This was very different from one of our normal meetings. Shirley King had kindly provided some bottles of organic wine from La Mancha, which was very apposite because the group has just finished a 3 meeting long tour of that part of Spain. Because summer is now here the group also sampled 2 white wines, from Penedes and Rueda together with 2 rosados, one from Penedes and the other from La Mancha. A very enjoyable change, and perhaps a style of meeting which will be utilised for the future from time to time. Our next meeting will not be until 7th October at Marples. **Organiser: Steve Collins**

*** **FOR ALL OTHER GROUPS**, please contact the relevant **group leader**, or visit the website at www.u3ajavea.org ***

TRAVEL 2009.

Wednesday 9th September: A day trip to Xativa. Visit an extraordinary town inland from Valencia. Guided walking tour of the Cathedral, Almodi Museum and other buildings of interest, followed by free time & lunch, then a "train" up to the famous Castle for a walk around (comfortable walking shoes are advised for the day). Cost €20 per person, to include coach, entrances, tour and the "train" but not including lunch. Depart Rafalet at 09.00, returning to Javea around 18.00, maybe earlier. Thanks to all those who expressed an interest,

please make sure you will be able to come! Please give cash (exact money, please) to John at the June meeting. Only a very few places remaining. **Organiser: John Price**

Thursday 17th to 20th September : Prague 4 days 3 nights in a 4* city centre hotel, bed and breakfast. Price including flights, hotel and transfers in Prague 450€ plus single supplement. This trip is fully booked. Reminder – balance of payment is due at the June meeting. Cheques payable to Gandia Tours of Denia plus 30€ per person in cash to pay for coach to and from Valencia airport. **Organiser: Mike Frost**

Sunday 27th September to Wednesday 30th September: Andalusian Classic Tour Sadly, I have had to cancel this trip, due to lack of numbers. Refunds will be available for those who paid deposits, at the June meeting. **Organiser: John Price**

Tuesday 6th to Thursday 8th October 2009: 3-Day Trip to Teruel Day 1: departure from El Rafelet at 08.30 a.m. and travel to Rubielos de Mora – time to wander through this very pretty village, and have lunch – before going on to nearby Mora de Rubielos to visit the castle. Depart for our 3* hotel in Teruel. Day 2: explore Albarracin, which has earned an International Award for historical preservation, before returning to Teruel late afternoon. Day 3: free time to explore Teruel. Mid-afternoon departure and return to Javea. Price 130 pp to include coach, 2 nights half-board en-suite accommodation, (inc. wine & water with dinner), and gratuity. Single supplement 35 euros. For those who have already paid a deposit, final balance is payable in June, or **full payment** for new bookings, to the organiser. A presentation of this tour and the places to be visited will be given to participants towards the end of September. **Organiser: Angela Chantry**

Attention Associate Members

There seems to be some confusion regarding travel and the monthly meetings. We collect money and names for trips from 10.00 am until 11.00 am before the monthly meetings, which are held on the last Wednesday in every month, except for July, August and December. The travel room is just inside the Parador, on the right hand side, behind the hotel shop. If you cannot attend the Parador you can contact any travel organiser via the website. Associates represent 30% of the membership, yet our analysis shows that only approximately 10% of people on the trips are associates. You are most welcome on all the trips, and so are your ideas for any future trips. Come and talk to us.

DISCLAIMER

Please note that, at times, it is necessary for the U3A to make deposits with travel agents for future trips, and whilst we do not anticipate any such problems, in the event of a travel agent or hotelier becoming bankrupt, Javea U3A would not be in a position to refund any losses that might occur. We strongly recommend that you ensure that your own personal travel insurance provides cover for any such losses.

PLEASE NOTE - Travel organisers will be at the Parador on the days of the meeting from 10.00 am to collect any monies for the trips in an effort to reduce queuing after the meeting. If you are unable to use a trip which you have already paid for you should inform the organizer, and where possible, you will be given contact details of the next person on the waiting list for you to make contact and collect your refund from them. We have a clearly defined policy whereby guests are only permitted after all else has been exhausted and then the guest will pay 50% premium on the trip price. We do not allow non members substitutions as it is unfair to our members. **Mike Frost**

GENERAL INFORMATION AND REMINDERS:

******Members, please note, that the handing out of leaflets or canvassing of our members is strictly prohibited at the monthly meeting held at the Parador Hotel. Anyone found to be doing so will be asked to leave.******

DISCOUNTS

Discounts are available to U3A members on production of membership cards. The discounts include Car Hire, Car servicing and repairs, Insurance and Medical, plus several good shops and businesses in and around Javea. Please see the discounts page on our web site for more information. www.u3ajavea.org/Discounts.htm

Please note the 20% discount offered by Liberty Seguros via Mark Petrie is only applicable for new policies and a 15 % discount applies to existing policies.

NEW DISCOUNTS FOR JUNE

Lasertek Office Supplies Telephone 902 888 143 Email javea@lasertek.es Proprietors: Helen and Nick

15% discount on Lasertek brands inks and toners

5% discount on OEM brand inks and toners

15% discount on catalogue items e.g Printer Paper Navigator GSM £3.71 per ream.

This company offers free delivery with no minimum delivery. Payment upon delivery.

Their catalogue will be available in the Foyer at the next couple of Parador meetings.

N.B This company supplies many of the offices in and around Javea and whilst there is no minimum order charge it would be uneconomical for them to deliver just one ream of paper.

N-Gage - Javea Port - Proprietor Andrew Kings

(The shop used to be Charlie Group Hairdressers one roundabout up from the Dolphins roundabout)

10% discount of the following items:

All second-hand books

All Greeting Cards

All DVD Rentals

All Printer Cartridges.

FOR SALE, RECYCLE OR WANTED: At the Parador meeting we will have a board for you to advertise items you wish to SELL, RECYCLE (give away) or WANTED. To advertise your item please contact Jean at urecyclesale@yahoo.co.uk. Please make sure you put all the details about the item, and your contact number or email address. We will presume you have sold, recycled or found the item before the next meeting so if you wish the same advert to go on the board again make sure you contact Jean and ask for the advert to be resubmitted.

BOOK SWAP & AUDIO BOOK SWAP at the Parador meeting - Please REMEMBER to bring your Books and Audio Books for the Book Swap table, Brenda will be pleased to see you in the meeting hall.

DVD SWAP at the Parador meeting - This only works if you Remember to bring your DVD's along, so don't forget Pat will be pleased to see you at the DVD Swap table in the meeting hall.