

UNIVERSITY OF THE THIRD AGE: JAVEA

(www.u3ajavea.org)

NEWSLETTER May 2009

Committee:

President: Shirley King

Vice-President: John Price

Membership Secretary: Wilma Stevenson

Treasurer: Marie Smith

Secretary: Jeni Oldfield

Groups Coordinator: Elizabeth Collins

Deputy Groups Coordinator: Jean Miller

Deputy Treasurer: Mick Cox

Deputy Membership Secretary: Karen White

Deputy Secretary: Sue Bentley

Webmaster: Sam Wells

This month at the meeting we shall be featuring the Costa Blanca Male Voice Choir.

The sun is shining and the pools are nearly ready for swimming in, summer is coming. I am sure many of us are now getting ready for visits from loved ones and friends. Meanwhile your Committee has been beavering away to ensure the good work of the past committee continues and we go forward with new ideas and improvements for the future.

From this month we will no longer be reading the minutes from the last meeting out in the meeting but shall be publishing them with this newsletter to enable all members to read them and keep up to date with what is happening.

John Price has decided to step down as Vice President and to concentrate on his role as Travel Group Organiser. We wish John well for the future and look forward to seeing him on one of the many trips organised by the Travel Group.

This vacancy has given the Committee the opportunity to review all of the roles of Committee Members and over the next couple of months we shall be looking at each role and making any appropriate changes. With now over 900 members some of the Committee are finding it hard to do all that needs to be done, so we shall also be looking for more volunteers to help. If you would like to become involved in any way – not necessarily to be elected to the Committee but wish to help please contact me.

This month at the meeting we shall be featuring the Costa Blanca Male Voice Choir. Under the direction of Heather Butcher they will be singing a variety of light popular songs. I look forward to seeing some of you at the Parador to enjoy their performance.

Next month will be an open meeting when **ALL** members (**Full and Associate**) are welcome to attend, to meet Group Leaders, to see Demonstrations and Exhibitions of the work and activities undertaken by the Groups. More details in next months newsletter.

I would ask if you have any requests or announcements you would like read out at the meeting please can you email me beforehand to ensure we do not overrun on time.

Enjoy the sunshine.

Shirley King

President

STOP PRESS!!

Following many requests from our members, we are delighted to announce that we are planning another *Ball*. This will again be a strictly non-profit making event, so do come and join in the fun! Karen, Marie and Angela are the organising team, and we will be announcing further details in next month's newsletter. Watch this space!

MEMBERSHIP

Our Membership, as at today's date, stands at 925 members - being 615 full membership and 310 Associate membership.

A reminder to all members: Husbands and wives both need to be members if you wish to undertake activities/trips together. Please note that only Spanish telephone/mobile numbers are recorded. Only members who have full Membership can attend the monthly General Meeting and, regrettably, lack of space does not permit the attendance of friends or guests. Names for Associate Membership can be given to any Committee Member. Changes to e-mail addresses, telephone numbers, etc should be notified direct to the Membership Secretary at: membership.secretary@u3ajavea.org.

WilmaStevenson

MOBILE PHONES – A REMINDER

All "pay as you go" mobiles **have to be registered** with the phone supplier, eg Movistar. You need to take either residencia or passport with you for identification. The final date is November 2009, after which any non-registered phones will lose their number. We were told this relates to monitoring phones against terrorism. Please note that this doesn't apply to anyone with a contract.

NEW GROUPS INFORMATION – Elizabeth Collins, Groups Co-ordinator

This May marks one year since I became Groups Co-ordinator for Javea U3A – they say time flies when you are having fun!! You may notice Karen White's name as a contact on two of the new groups – this is because Karen, our Deputy Membership Secretary, has kindly agreed to assist with some Groups work.

SPANISH FOR BEGINNERS (New course) - Starting in October 2009 and running until mid December, Heidi Hancock will run a new course for Spanish Beginners. Please note that this course is for those wishing to learn basic Spanish. It is expected that classes will be held on Thursday mornings (occasionally on a Friday) at the Social Centre, Javea. *If you are interested in attending this course, please contact Heidi on:*

membership.secretary@u3ajavea.org and she will give you exact details of time and dates once they are confirmed. These will also be posted on the Activity Calendar on web site.

CONTINUATION SPANISH – Starting October 2009 and running until mid December, Heidi Hancock will run a follow on course for those who attended the previous Spanish for Beginners course. Classes Thursday mornings (Occasionally Friday) at Social Centre, Javea. Those of you on the previous course who wish to continue, *please contact Heidi to confirm interest* and for further information on time and dates.

SPANISH CONVERSATION (new): Do you wish to practise Spanish conversation? I will be running *a group for 6 to 8 weeks from the beginning of June*. We will meet in the Social Centre in Javea for one hour on a morning to be decided. If it works well and there is enough interest, we could continue in September. These are not classes, and do not include correcting your grammar. They are simply an opportunity to get you talking in Spanish and practise what you have learnt and to become more confident. Please contact: spanish.conversation@u3ajavea.org if you are interested.

ENGLISH GRAMMAR FOR CONFUSED LEARNERS OF SPANISH (New) – Tony Hancock would like to hear from those interested in attending a course which would try to help those people learning Spanish to become more familiar with the terminology and structure of English grammar, in the hope that they would then be more comfortable with grammar terminology as it crops up in the learning of Spanish. Teaching would be based on problems in grammar brought up by the participants themselves, rather than a pre-arranged syllabus and the course content would therefore be more relevant to the specific needs of those taking part. The course will run from 17th June until 17th December at the Centro Social, Javea on Wednesday afternoon from 5 – 6pm.

To express your interest, please email Tony on english.grammar@u3ajavea.org.

USING YOUR COMPUTER – Tom Stevenson, having now finished the Computers for Beginners Course is now running a Using your Computers Course. This group is currently full, but further courses are planned.

Please Note – Computer Self-Help group A is now called Practical Computer Knowledge.

SATURDAY CINÉ (New) – John Chun is offering an exciting and innovative group for film lovers.

Would you like to watch a film on Saturday evenings, not any old film, these would be good films not usually seen on the big film circuits or big circuit films you missed. Films that are interesting, thought provoking, funny, films you want to see. There are lots of films out there which are well worth showing and once we get going we could show films of your choosing. The idea is to join the Sat Ciné group by email via our U3A system to become members. This will keep our email addresses private. More details next month. All Sat Ciné members will receive an Email about future shows. With a small pay at the door charge, to cover the overheads, room hire, replacement projector lamps etc and hopefully a drink of some sort to help make it a convivial evening of film and chat with friends. At the moment I am thinking of the 2nd Saturday in the month but am awaiting confirmation with the 1st show in September or October. Next month full details will be available for you to read here. *To express your interest in joining the Ciné group email your name and contact details to John Chun on saturday.cine@u3ajavea.org and these will be forwarded to John Chun.*

iPOD/iTUNES USE - The current course ended on 7th May. If anyone would like to *join a new course later in the year* a, please contact Alan Ewins to express your interest. Anyone with an iPod, iTouch, iPhone or an mp3 player will find the course informative. mp3.ipod@u3ajavea.org

BEGINNERS BRIDGE TUITION – If you would like to join our existing Bridge Group, *but are unable to do so at present because you are a total beginner*, then the Javea School of Bridge and Social Club have two expert teachers, who would be happy to give Javea U3A members beginners tuition at a very low cost. Their course starts in September from the 3rd Tuesday of the month. To register contact edmor734g@midasdsl.com

The Bridge Club also run a summer school on Tuesday afternoons to allow those who already have a fundamental idea of bridge, counting and practice to improve their game. They would also allow U3A members to join them – if interested contact as above. You do not have to join the Bridge Club, but would pay a nominal fee to play.

The Javea U3A Bridge group then awaits those who have grasped the fundamentals and had some practice.

LECTURE SERIES – Science of the Earth lectures at the Casa de Cultura having proved popular, and we hope to present a lecture programme covering a variety of interesting topics for the winter season. We already have some volunteers to present lectures on scientific, historical and other matters and would be *happy to hear from anyone who might like to present a one-off lecture on any subject*. To discuss your ideas, please contact: Elizabeth Collins groups.coordinator@u3ajavea.org.

CONSUM SUPERMARKET DEMO - There are just a very few places left at either 10am or 4pm on 16th June. If you would like to attend, please contact me (E Collins)

GROUP TRIPS - Please note that before you book a trip with any group, you should make yourself aware of that group's policy regarding refunds and cancellations.

UPDATED INFORMATION - Any information on new groups or changes after publication of the Newsletter will be posted on the U3A webpage under What's New, so please check regularly.

If you experience any difficulty in contacting Group Leaders, then please contact:

Elizabeth Collins- Groups Co-ordinator, Jean Miller- Dep Groups Coordinator, Karen White - Groups Assistant

ONGOING GROUPS

BACKGAMMON GROUP: We meet every Monday afternoon at Marples Cafe at the rear of the Arenal on Avda Fontana – just turn up, nothing to pay, but you are expected to buy one drink during the afternoon for our free use of their facilities. The session runs from 3pm to 5:30pm – hope to see you there!

More? Contact **Organiser Bob Denton** on backgammon@u3ajavea.org

BIRD WATCHING: The next field trip will be on Tuesday, June 9th to La Mata and El Hondo reserves with the hope of finding both Collared Pratincole and Montague's Harrier. Any new U3A members wishing to join this field trip should contact the group leader, **Nigel Bentley**, preferably by email, supplying a telephone number in addition to their email address.

BOOK CLUB: The American poet Amy Lowell wrote:

"All books are either dreams or swords,
You can cut, or you can drug with words."

As readers, we try to look for different things from our books at different times. Authors and titles fall in and out of favour as we age and our priorities change. In our Book Club we look for dreams or swords....and everything in between!

Books for the next two meetings are as follows:

Monday 15th June - *Dreams From My Father* by Barack Obama

Monday 20th July – *Mr Pip* by Jodi Picault

All meetings are from 2.30 - 4.30pm (except in July & August when we meet from 4.30-6.30pm). There is a waiting list for anyone interested in joining us in the near future.

For more information, please contact **Pru Hughes** at book.group@u3ajavea.org.

BRIDGE: Bridge Group meets every Tuesday at the Parador, Javea at 2.45pm. It is not necessary to have a regular Bridge partner. If you are familiar with the game, please join us for an afternoon of friendly Bridge. Please note that this is not a teaching class, but beginners who have been learning or playing for some time and wish to join should contact Wendy or Sybille. For further details please contact **Organisers: Sybille Ross** 9657498682 or **Wendy Turner** 965795088

COMPUTER AND IT GROUPS

COMPUTER GROUP B: REMINDER - this group will have its last meeting on June 2nd 2009, before breaking for the summer holidays, returning on Tuesday 1st September 2009. We are looking for an assistant for the September start, anyone interested in this position should email computer.group.b@u3ajavea.org, or call 690 263 124 **Organiser Trevor Lott**.

PRACTICAL COMPUTER KNOWLEDGE: The observant among you will have noticed the change of name for the Computer Self-help Group A! We exist to share computer issues and problems, explore new ways of using our computers and discuss new hardware and software, leveraging the knowledge and experience of all the members of the Group. Sadly, the group is full and I have no capacity to take on additional members. **Organiser: Tom Stevenson** computer.self.help@u3ajavea.org.

USING YOUR COMPUTER: The current course commenced on the 8th May and will run for 6-8 weeks. Each session is around two hours. It is over-subscribed with eight members and a waiting list. I intend to repeat the course for six people in October, after the summer break. I already have two people on the waiting list! Anyone interested in a gentle introduction to the world of Personal Computers is invited to send me details for inclusion on the "interested" list. Note that the sessions are based around Windows Vista. If your PC uses Windows XP then this is not a problem, although some of the details may differ slightly. Possession of a laptop is not a pre-requisite for this course, but it is an advantage. **Organiser: Tom Stevenson**

INFORMATION TECHNOLOGY (IT) PARTNERS GROUP: A number of people have put forward their names offering support to others for software applications. Thank you to all those who have given their names as contacts. We are now able to offer support with Microsoft Office applications, genealogy, setting up of email accounts, web site creation, design and construction of databases and Internet searches. If you would like support in these areas of software or if you would like to offer help in any other areas please contact **Organiser: Dodie Hodgkinson** on IT.Partners@u3ajavea.org See the web site for a proforma for submitting information.

NB Computer repairs and hardware issues do not come within the scope of this group.

CULTURAL ARTS PROGRAMME:

Bookings and payment: please see Angela, in the "Travel Room" located on the right just beyond the shop as you enter the Parador Hotel, between 9.45 a.m.-11.00 a.m. prior to the monthly meetings. Also check the June C.A. Newsletter on the website for details of various local events: www.u3ajavea.org

Friday 5th June: Concert performed by the Costa Blanca Male Voice Choir

The concert is to be held in the Salon de Banquetes, Teulada (above Bar Mediterraneo where the Quiz Nights are held), commencing at 7 p.m. Entrance 6 euros – see Angela for tickets.

Saturday 6th June: Concert performed by the Montgo Chorale The Montgo Chorale, conducted by their director Gordon Lawson, will give a concert consisting of some of the best-loved operatic choruses and solos. Venue: the Careline Theatre, Alcalali commencing at 8pm. Admission is by programme, €10 – available at the May general meeting from Angela Chantry/Gill Atkinson (also from Humpty Dumpty in Javea or at the door on the night).

Saturday 13th June: The Bourbon Street Stompers will play outdoors at the *Restaurante Micheta*, next to the Ifach Golf Club just off the Moraira-Calpe road, from 1 pm to 4 pm. Price 18 euros, which includes entry, barbecue with wine and gratuity. Those members attending this event should say, on arrival, that they are with Angela's Javea U3A group, and will be given an entry ticket (required for the BBQ) and directed to our table. **Two more places available – please see Angela. Organiser: Angela Chantry**

DIGITAL PHOTOGRAPHY: In March members of the Digital Photography Group enjoyed a wild flower walk led by Joan and Tom Birch near the lighthouse on Cap San Antonio. With 50 different species to choose from there was plenty of scope for flower photography. Of particular interest were the orchids including a whole field of Pyramidal Orchids. This month there will be a photographic outing to Xatiba.

For the programme of activities for the coming year see the web site.

Organiser: Dodie Hodgkinson

DINE AND DANCE GROUP: Last month we had a great night at Venta de Posa where the food and music was enjoyed by all. Last week a small group went to the Indian Palace, for an excellent meal plus dancing. The June meeting will be on Saturday 6th, at Oscar's (formerly the Lemon Tree) in Moraira. Oscar has recently taken over, and is offering us a menu plus wine and water for approx. €16 per person. Music will be provided by Barry Peters (swing type). For more information contact group leader, Pat Wykes Johnson. **Organiser: Pat Wykes Johnson**

DINING OUT: This month 49 members of the group spent a very enjoyable evening at Restaurant L'Escut. For our last dining out event before our summer break we are returning to Restaurant La Cumbre on Thursday 25th June. **Organiser: Peter Speer**

DISCUSSION AND DEBATING: The next Discussion Group meeting will take place on Friday 29th May at the Social Centre, Javea (first floor). Start 17.00hrs. The subject will be: *Are Women programmed to be subservient to Men.* Contact Group Leader for more details. **Organiser: Gill Birch**

FAMILY HISTORY: The May meeting looked at the Parish and other records which predated the Civil Registration system introduced in 1837. Members shared experiences and stories from their research 1538 to 1837. We also heard another "Skeleton from the Cupboard" which related to a story about a possible liaison with a son of Queen Victoria.

The next meeting will be held on Tuesday, 16th June at **2.15pm** at the usual venue of the Social Centre in Javea. The subject will be "My ancestors at the time of the 1911 census". Members of the group are asked to bring along census information and photographs of their ancestors in 1911. **Organiser: James Hodgkinson**

FASHION AND STYLE: The next meeting will be held in Artisano at 2.30 pm on Tuesday June 2nd, when the topic will be 'New life for Vintage clothes'. Group members hope to be able to bring items/photos etc of 'new clothes' which will provide the discussion basis for this meeting's topic. New members are always welcome. For further information please contact: **Organiser** Vivienne Sullivan on fashion.style@u3ajavea.org.

FOLK MUSIC GROUP: The Folk Music Group is still meeting regularly on the last Wednesday of each month, and support for the Group appears to be growing. Those attending continue to provide a full and varied selection of music and all enjoy the differing content.

The next meeting of the group will again be held at No 144 Les Fonts on Wednesday 27th May gathering at 7.30 for 8.00pm start, and concluding at around 10.00 pm. Despite our increasing musical talent, we still require some alcoholic sustenance to oil the vocal chords and improve the musical content, and I suggest that all wishing to attend bring a bottle/bottles/cans of their favourite tittle!

Please let me know if you wish to come to this session of the group as soon as possible, either on 96-649-3959 or by E Mail to folk.music@u3ajavea.org Should anyone require directions on where to find No 144 Les Fonts, again let me know, and I will send some

details of how best to approach through Benitachell and find us in the Les Fonts Urbanisation below the village.

Looking forward to seeing as many as possible on the 27th May. **Organiser: Paul Wessendorff**

FOODIES GROUP: Foodies May Meeting was a fascinating and enlightening presentation by Ron Steele on the health properties of Manuka honey from New Zealand. Honey has been used since ancient times for medical purposes because of its antibacterial properties, then fell out of favour when the medical industry produced antibiotics. It wasn't until Peter Molan a biochemist had a paper published in "The Lancet" detailing his research into the antibiotic, antiseptic, antibacterial and other properties of Manuka honey did the product hit the headlines. One of the most amazing properties is that of cleansing and healing wounds often in cases where all other treatments had failed. Ron told us how honey in general and Manuka in particular was produced. We talked about the health properties of various types of honey and touched on other aspects of bee keeping. Ron said the best website to visit for further information and where to buy is www.comvita.com. If you want more detailed information please contact the group leader.

Our next meeting at 10.30 am on June 18th at "Marples" will be a talk given by Anne Beth Atkinson of the food of her homeland Norway. **Organiser: Barbara Craven**

GARDEN CLUB: The members of the Garden Group who took part in the trip to see the Courtyard Gardens in Cordoba during the Festival of the Patios were able to see some superb displays. Also included in the trip were visits to The Priest's Garden at Elche, the Rose Gardens at the Generalife in Granada, as well as opportunities to see other gardens in nearby locations. Ideal weather and good company made the trip a great success. Details of the next Member's Home Garden Visit have been circulated. **Organiser: Paul Pruden**

GENTLE AEROBICS: If you are interested in getting fitter for the summer join the Gentle Aerobic group, which is a Low impact aerobics/stretch and tone. The group meets every Wednesday from 10.30am until 11.30am at the Grand Cafe Toscamar. You will need to bring an exercise mat and a bottle of water. (Rubber matting can be bought from any ferreteria by the metre or already cut to size from the Chinese supermarkets). **Organiser: Bobby Ogden**

HISTORY GROUP: The next history group meeting will be on Mon the 8th June at 2.30 in the Javea Players Studio. The talk will be given by Angela Chantry on 'The Wonderful Adventures of Mary Seacole'. This will prove to be a popular talk, so if you are interested in attending please contact group leader as soon as possible as space is limited.

Organiser: Sally Wells

LET'S TALK JAVEA: It was warm enough to sit outside Artistano (at long last). We discussed and poured (perhaps should that be 'pawed') over **Jute bags**. Jute wine bags are here due to a Costa Blanca Wine Society initiative and selling well at the cost price of 3€.

Three sizes of Jute shopping bags are almost on their way, helped by a temporary financing loan from Barclays bank. A logo of 'Xabia Ecologica' will be printed on one side.

A non-profit Agenda 21 Association will be set up to help promote this and other Agenda 21 local initiatives.

A firmer capital base for this Association will come from **a grant from the Town Hall**, but that may take some time yet. It is hoped that **an initial supply** of the shopping bags will be available for **U3A shoppers** at the June 24th Open Parador meeting.

Professional Project Management is a valuable resource that currently (and historically) seems absent from the Town Hall, evidenced by substantial overspends and over runs. It was suggested that examples of courses run by Colleges and Universities (no, not the U3A) should

be researched through the web and passed to Pepa Chorro, as sponsoring councillor for Agenda 21.

A more professional approach is likely to be needed very soon to evaluate the real need for a **municipality-wide scheme for a network of connections to a sewage collection and treatment at (whose?) considerable expense**. Acciona, a multinational professional operator, sniff valuable business (**60 million euros**) to be had here. Is this scheme really needed, and if so is Javea's poor record about to be exploited yet again?

U3A members are welcome to provide their help/views on this, just as for other LTJ issues. LTJ members are also asked to comment on the draft **LTJ pages on the U3A website**. A direct link from that page to the relevant wiki page for Agenda 21 is needed.. <http://agenda21-xabia.wikidot.com/ltj:let-s-talk-javea>

The Welcome to Javea concept has now become a '**Living in Javea**' concept as a multilingual wiki site. Connections to existing sources of web information will be used until members can contribute their own material. A page for Javea as an international eatery centre was one new suggestion. See <http://living-in-javea.wikidot.com/en:start>

Next meeting for LTJ 17th June, 4pm Artisano. We'll decide then whether to bat on through July and August. **Organiser: Tim Ladd**

MAH JONG: Mah Jong group meets every Tuesday at 15.00 hours at the Artisano Cafe, Arenal. Contact Group Leader for more information. **Organiser: Kay Hunter**

MUSIC 4 U - POPULAR CLASSICAL MUSIC: All U3A MEMBERS AND ASSOCIATE MEMBERS and any FRIENDS, who may be visiting at the time, are most welcome to join our final session for this season.

Sunday June 28th 6 – 8 pm – An opportunity to explore guitar music live with the Jalon based guitarist John Anthony. Wonderful music in a Spanish garden on a summer evening. We will have some wine and food to celebrate the end of our successful season.

Organiser: Pat Robinson - Tel: 96-579-4509 – email: music4u@u3ajavea.org.

POETRY: Poets famous and unknown featured in our May meeting, which focused on poems about food and drink. With characteristic imagination and enthusiasm, PFP members read out verse on onions, currants, and blackberries; on salt and salad; on mussels and oysters. There were confessions and revelations about booze, chocolate, and the sins of childhood. Manners and propriety were extolled, while greed was condemned. Replete with such a rich range of thoughts, we decided not to have a specific theme for our next meeting at 11am on June 23rd. Instead, you are invited to bring along poems you love, poems which make you laugh or cry, or even poems which you wrote yourself. PFP will be using a different venue in June. If you want to join us, please contact **Organiser: John Othick** poetry.appreciation@u3ajavea.org for details.

QUIZ NIGHT: Last one before October. Probably last one at Bar Med in Teulada, so please come & support us one last time on 3rd June 7.30 for 8.00 start. Menu choice from lamb, pork or emperador plus salad etc & wine. Price of €15 with some good prizes. Please contact the **Oldfields** on: quiz.night@u3ajavea.org. Directions on request.

SAILING: Finally I have been able to get some members on the water on my catamaran. Four so far and as and when I can fit them in I have another 4 still outstanding. But I will get there eventually. The problem always is if I have the time the weather is wrong and when the weather is right I do not have the time. And then there is the problem of contacting people at short notice which is often the way I have to organise an outing. That's sailing folks. I have been to the Moraira U3a sailing meeting and it seems we can and should join forces with a lot of events. I made an effort to get to Granadella beach on Sunday to join

in with their social day, however I could not get a crew at short notice so I ventured out on my own only to be confronted with a vicious amount of wind off Cap Prim and just managed to stay upright and return to Javea Port at some 18-20 knots. I then managed to get Nina Davies to crew in the afternoon but after a short blast in the bay it was evident that the wind was just too much even with two on board. The Lazer dinghy which has been loaned to us is now on the hard standing in the Port and ready for anyone to use. I have the sails and rudders and sheets. No takers as yet. Finally to those of you members who feel I have not contacted to get on the water please feel free to nag me into it. I am away from my villa until Sunday 24th May without internet access, but still sailing. Then the family arrive for a week, and then I intend to have a gathering of Sailing group members the first week in June at my villa, so stand by, ready about, lee-ho. I can still be contacted on the mobile 626 681 720. Come on someone, use the Lazer. **Organiser: Gordon Edwards**

SOLO ON SUNDAYS: An extremely nice lunch was spent at Plaza No. 6 in May, whereupon we welcomed a new lady. If you too would like to join us, we shall be trying the Wha restaurant (which was once La Noche on the Arenal) on the 14th June at 1.30, so come along and meet new and old friends and enjoy yourself. Call me on 96 646 3389. **Organiser Marion Monsell**

SNOOKER: Snooker Group 1 - This group meets at Jaspa's in Cabo de la Nao on Fridays, but is now full. **Snooker Group 2** - Because the first snooker group is full, a new group has been formed. Again play is at Jaspa's, at 11.00am each Wednesday. There is no need to book - simply turn up and you will be welcome, PROVIDED that you have played before. I am afraid that at present we cannot accommodate complete beginners. **Organiser: Steve Collins**

TENNIS (New): Please contact Pete Jenner if you have some previous experience of tennis and wish to join a friendly, existing group playing Mondays, Friday, Wednesdays at Club de Tennis L'Áncora, Javea. Mixed men's and ladies doubles. Professional training for complete beginners available at L'Áncora - consult them for fees. For details of times and availability of games, please contact **Organiser: Pete Jenner on 965794673**

TRAVELLERS' TALES GROUP: Our next meeting will be on Tuesday 23rd June when John Chun will be telling us about his and Beryl's trip to Bermuda. The venue will be The Las Brisas Restaurant (on the Javea to Jesus Pobre Road) Meet at 11.30 a.m. for 12.00 p.m. start (drinks available at the bar). As this will be our last meeting before we resume again in September, it will be followed by lunch on the covered terrace at 13.15 p.m. Menu: canapé, bread, 3 choices for starter/main course/dessert), ½ bottle wine pp (or water, beer or soft drink), and coffee. Price: 12.50 euros – **bookings & payment will be collected at Wednesday's meeting by Angela. Organiser: Angela Chantry**

WALKING GROUPS

GENTLE WALKS: Wednesdays, starting at 10 am. These walks are for those who like to walk at a slower pace or wish to keep mobile prior to and after medical treatment or have mobility problems. The walk will be 30 to 45 minutes over flat ground. We will be starting the walks from Marples cafe in the Arenal. The June walks will be on the **3rd, 10th & 17th** (*No walk will take place on the last Wednesday of the month*). If you need to know more about walks or how to get to Marples Cafe please contact Jean Miller at depgroupcoord@u3ajavea.org phone - 966 074 021, or Karen White at walking.gentle@u3ajavea.org.

HEALTH WALKS: Please see website for details of programme. **Organiser: Karen White**

INTERMEDIATE WALKS: Please see website for details of programme. **Organiser: Karen White**

MOUNTAIN WALKING GROUP: All walks start at the Tourist Office car park opposite Mas y Mas in Benitachell and meet at 9.30am. Bring ample water, refreshments, appropriate clothing and comfortable walking shoes/boots. Telephone **Al Knight**, the Group Leader if you have any queries.

4th June at Tarbena, 3 hours, 8 kms, 300m ascent

WALKING TREASURE HUNT: The general membership is welcome to take part in this activity, both full and associate members. The last place we visited was Denia at the end of April. We will not be active again until the weather is a little cooler and plan to restart in October. The price for the day will be €15 per person and, as usual, will include lunch and prizes for the winners. We will limit the numbers to 32 people, individuals, couples or groups of 4 can be involved in the 4 person teams. **Expressions of interest at the remaining monthly meetings please.** Payment will be required at the first monthly meeting of the autumn programme. We plan to hold 3 events over the period from October 2009 to April 2010.

Please be aware that we do not make refunds, however there is no objection to members who find that they cannot come on the particular day transferring their entries to other U3A Javea members. If this occurs then it is necessary that we be advised in case we have to postpone the event because of bad weather. **Organiser: Paul Pruden**

WINE APPRECIATION:

Lunchtime Wine Appreciation Group: Date of next meeting Wednesday 17th June at 12.00 at La Cocina where we shall be looking at wines from Valdepeñas.

Evening Wine Appreciation Group: Date of next meeting Wednesday 10th June at 6.00 pm at Marples. We shall be sampling some wines from Extramadura together with a selection of wines, both white and rosado, for summer drinking.

There is only one rule, and this applies to both Wine Appreciation Groups, and it is that if you book a place for a meeting, and do not turn up for it, then you will still be required to pay the meeting fee of €15 per person. **Organiser: Steve Collins**

*** **FOR ALL OTHER GROUPS**, please contact the relevant **group leader**, or visit the **website at www.u3ajavea.org** ***

TRAVEL 2009.

Thursday 4th June: Day trip to island of Tabarca Due to a lack of support this trip has now been cancelled. It was necessary to have 40 people to obtain the necessary discounts and only 20 people put their names down. **Organiser Mike Frost**

Thursday 4th June (Tabarca is cancelled)-A day trip to Elche. An opportunity to watch a DVD in the visitor centre and then walk around the various different parks, including the Palm gardens and the Priest's Garden (or do whatever else you want to do) and have lunch in a leisurely way. Cost €10 per person for the coach only. Leave Rafalet at 09.00, returning at about 17.30. **Organiser: John Price** but exact money, please to Diane Ord at the May meeting. If not sufficient numbers, I may have to cancel.

Wednesday 9th September: A day trip to Xativa, an extraordinary town inland from Valencia. Guided walking tour of the Cathedral, Almodi Museum and other buildings of interest, followed by free time & lunch, then a "train" up to the Castle for a walk around

(comfortable walking shoes are advised). Cost €20 per person, to include coach, entrances, tour and the "train" but not including lunch. Depart Rafalet at 09.00, returning to Javea around 18.00, maybe earlier. Thanks to all those who expressed an interest, please make sure you will be able to come! **Organiser: John Price.** Please give cash (exact money, please) to John at the May meeting. If not sufficient numbers, I may have to cancel.

Thursday 17th to 20th September : Prague 4 days 3 nights in a 4* city centre hotel, bed and breakfast. Price including flights, hotel and transfers in Prague 450€ plus single supplement. This trip is fully booked. **Reminder** – balance of payment is due at the June meeting. Cheques payable to Gandia Tours of Denia plus 30€ per person in cash to pay for coach to and from Valencia airport. **Organiser: Mike Frost**

Sunday 27th September to Wednesday 30th September: Andalucian Classic Tour

A 4 days, 3 nights excursion to Sevilla, Cordoba and Granada in 3 and 4 star hotels on a half board basis. We will have a guided tour of the City of Sevilla, plus free time and then on to Cordoba for a guided tour of the Mezquita (mosque/ cathedral) and lastly to Granada, with a guided tour of the Alhambra and gardens, returning to Javea in the afternoon. There will obviously be a fair bit of walking involved. Cost €310 per person (unfortunately there is a single supplement of €90) to include coach, hotels & half board, entrances and tours. Timings to be advised later and, again, thanks to all those who expressed an interest. **Organiser: John Price.** A deposit of €50 per person (exact cash, cheque or bank transfer-include your name & name of trip) is required at the May meeting, with the balance at the June meeting. If not sufficient numbers, I may have to cancel. **Organiser: John Price**

Tuesday 6th to Thursday 8th October 2009: 3-Day Trip to Teruel

Day 1: departure from El Rafalet at 08.30 a.m. and travel to Rubielos de Mora – time to wander through this very pretty village, and have lunch – before going on to nearby Mora de Rubielos to visit the castle. Depart for our 3* hotel in Teruel. Day 2: explore Albarracin, which has earned an International Award for historical preservation, before returning to Teruel late afternoon. Day 3: free time to explore Teruel. Mid-afternoon departure and return to Javea. Price 130 pp to include coach, 2 nights half-board en-suite accommodation, (inc. wine & water with dinner), and gratuity. Single supplement 35 euros. Deposit of 50 euros pp at the May meeting (balance in June) to the **Organiser: Angela Chantry.** A presentation of this tour and the places to be visited will be given to participants towards the end of September.

Attention Associate Members

There seems to be some confusion regarding travel and the monthly meetings. We collect money and names for trips from 10.00 am until 11.00 am before the monthly meetings, which are held on the last Wednesday in every month, except for July, August and December. The travel room is just inside the Parador, on the right hand side, behind the hotel shop. If you cannot attend the Parador you can contact any travel organiser via the website. Associates represent 30% of the membership, yet our analysis shows that only approximately 10% of people on the trips are associates. You are most welcome on all the trips, and so are your ideas for any future trips. Come and talk to us.

DISCLAIMER

Please note that, at times, it is necessary for the U3A to make deposits with travel agents for future trips, and whilst we do not anticipate any such problems, in the event of a travel agent or hotelier becoming bankrupt, Javea U3A would not be in a position to refund any losses that might occur. We strongly recommend that you ensure that your own personal travel insurance provides cover for any such losses.

PAYMENT - You will be advised in the Newsletter of when and how much to pay for each trip. Amounts of €50 or over can only be paid by cheque made payable to:

ASSOC SOCIAL DE LA TERCERA EDAD DE JAVEA or by bank transfer, which must include your name and the trip destination. This should be paid into the following account:

ASSOC SOCIAL DE LA TERCERA EDAD DE JAVEA

Transfer code: - 2100 4451 98 0200091125 La Caixa Bank

Mike Frost: Travel Co-ordinator

PLEASE NOTE - Travel organisers will be at the Parador on the days of the meeting from 10.00 am to collect any monies for the trips in an effort to reduce queuing after the meeting. If you are unable to use a trip which you have already paid for you should inform the organizer, and where possible, you will be given contact details of the next person on the waiting list for you to make contact and collect your refund from them. We have a clearly defined policy whereby guests are only permitted after all else has been exhausted and then the guest will pay 50% premium on the trip price. We do not allow non members substitutions as it is unfair to our members. **Mike Frost**

In the interests of reducing the size of the Newsletter the Registration of Interest Form and Emergency Contact Form will not be printed but will be available on the travel desks at the meeting.

GENERAL INFORMATION AND REMINDERS:

DISCOUNTS

Discounts are available to U3A members on production of membership cards. The discounts include Car Hire, Car servicing and repairs, Insurance and Medical, plus several good shops and businesses in and around Javea. Please see the discounts page on our web site for more information. www.u3ajavea.org/Discounts.htm

Discounts - Buyer Beware

Discounts are offered by Suppliers to Javea U3A members. This is not a recommendation by the Committee and in all circumstances the phrase "Buyer Beware" should apply. For full details on this policy and how to obtain discounts please see the Discount section on Javea U3A website or October 2008 Newsletter. A printed copy of the policy can be requested from the Vice President. A list of suppliers offering discounts is available on the website

FOR SALE, RECYCLE OR WANTED: At the Parador meeting we will have a board for you to advertise items you wish to **SELL**, **RECYCLE** (give away) or **WANTED**. To advertise your item please contact Jean at urecyclesale@yahoo.co.uk Please make sure you put all the details about the item, and your contact number or email address. We will presume you have sold, recycled or found the item before the next meeting so if you wish the same advert to go on the board again make sure you contact Jean and ask for the advert to be resubmitted.

BOOK SWAP & AUDIO BOOK SWAP at the Parador meeting - Please **REMEMBER** to bring your Books and Audio Books for the Book Swap table, Brenda will be pleased to see you in the meeting hall.

DVD SWAP at the Parador meeting - This only works if you Remember to bring your DVD's along, so don't forget Pat will be pleased to see you at the DVD Swap table in the meeting hall.