

UNIVERSITY OF THE THIRD AGE : JAVEA
(www.u3ajavea.org)

NEWSLETTER October 2008

Committee:

President : Rosi Evans
Vice-President : Shirley King
Membership Secretary : Angela Chantry
Treasurer : Lin Jones
Secretary : Pat Ainsley
Groups Coordinator : Elizabeth Collins
Deputy Treasurer: Mick Cox
Deputy Membership Secretary : Sally Wells
Deputy Secretary : Joyce Pope

This month the guest speaker is from Consumer Does.

REMINDER! The Travel Organisers will now be situated in the area outside of the main hall, and the Renewals Desk will be in the hall. Travel bookings and Renewals will take place between 10 a.m. to 10.50 a.m., and will re-open again after the meeting if necessary. If you are not booking or paying for trips and activities, please enter the hall via the passageway opposite the lift where you will be checked in. In the interests of safety, can we please remind you all not to congregate in the area adjacent to the lift.

A word from our President

A very warm welcome to all the new Associate Members who joined us last week. We all hope that you have a long & fruitful membership with Javea U3A and most importantly enjoy yourselves !!

Whilst welcoming you, we have the very sad task of saying goodbye to two committee members, Angela Chantry & Joyce Pope. I have my box of Kleenex at the ready as they will be sorely missed, but our consolation is that the prospective members replacing them have been learning really well and we're sure will do a first class job.

However, how do you start to thank people who have been with us for four years and given so much of their time & themselves to making U3A what it is today. Angela, not content with her duties as Membership Secretary has gone into Culture & Travel & provided a great deal of pleasure in that capacity. Don't panic, she will continue very much with that aspect of her contribution !!! I have constantly heard from members how helpful she has been, generally well over & above the call of duty and she passes a very well run section to Wilma & Karen, who with your approval will shortly be taking over from her. Joyce you all know from her "Meeting & Greeting" at the Parador, but did you also know that she has prepared the newsletter for us every month which has required a very real time commitment on such a regular basis and she beavers away quietly at it in her usual very efficient manner, getting in all the information from us, which so frequently we deliver after her deadline, but she always comes up with the goods. We all owe Angie & Joyce a tremendous amount and I know we

will miss them both. Thank you both so much for everything you have done, you really deserve a rest now !!!

VALL DEL POP U3A BARN DANCE

Vall del Pop U3A has offered us 10 tickets for a Barn Dance on Saturday 22nd November. Tickets are €15 each . Please see Rosi at the Parador meeting for further details.

COMMITTEE ELECTIONS

As advised earlier, we are phasing in the new committee and our first elections will be this month.

Angela Chantry will be standing down as Membership Secretary and we will be voting in her replacement. Wilma Stevenson is standing for this position..

Joyce Pope leaves the role of Deputy Secretary and Sue Bentley has offered her services for this position & we will be voting on that also.

The election will be by a show of hands and we will follow this format each month up to and including the AGM in March.

In November elections will be held for the post of Secretary and Deputy Membership Secretary, seeing the departure of Pat Ainsley and Sally Wells. Nominees for these positions are Jeni Oldfield and Karen White respectively.

Rosi Evans

“HEALTHY LIVING IN SPAIN”

A one-day Seminar has been planned for Wednesday, 18th February 2009, with the aim of providing an interesting and informative programme of talks on various topics relating to *healthy living in Spain*. Venue: the Parador Hotel. Cost: 10 euros pp to include coffee/tea during the morning and afternoon breaks (own arrangements for lunch); booking and payment to Organiser - Angela Chantry

Programme

- 10.30 a.m. ***Introduction to the Seminar*** (Angela Chantry)
10.35 a.m. ***Holistic health*** (Tricia Essery)
10.55 a.m. ***Health walking*** (Shirley King)
11.10 a.m. ***Meditation & mental well-being*** (Piera King)
11.30 a.m. --- coffee/tea ---
12.00 p.m. ***“Super foods” - myth or magic?*** (Angela Chantry)
12.30 p.m. ***Caring for your skin, Signs & symptoms to look for*** (Dr. Rudd Valks, Dermatologist)
1.00 p.m. ---- lunch ----
2.30 p.m. ***Ageing healthily*** (Dr. Bernard Willis)
3.00 p.m. ***“Body maintenance” for Healthy knees and joints*** (Gilly Macnally)
3.30 p.m. --- coffee/tea ---
4.00 p.m. ***Healthy living from your garden or apartment terrace*** (Dick & Clodagh Handscombe)
4.45 p.m. ***Questions and conclusion*** (Angela Chantry)

MEMBERSHIP

IMPORTANT - CHANGE TO THE WAY IN WHICH RENEWAL SUBSCRIPTIONS WILL BE COLLECTED!

Members whose subscriptions fall due between Oct-Dec 2008 are required to pay pro-rata for the remainder of this year + next year's subscription. All the remaining members whose renewal subscriptions are due between Jan-June 2009, will be required to pay them in **January 2009** – again on a pro rata basis according to your normal month of renewal, as shown below. If you are not sure when your renewal is due, please ask either myself, or at the Renewals Desk at the general meeting.

October: 3 euros + 12 euros for Jan to Dec 2009
November: 2 euros + 12 euros for Jan to Dec 2009
January: 12 euros for Jan to Dec 2009
February: 11 euros for Feb to Dec 2009
March: 10 euros for March to Dec 2009
April: 9 euros for April to Dec 2009
May: 8 euros for May to Dec 2009
June: 7 euros for June to Dec 2009

Please have the **exact cash** ready in an envelope before you arrive – having to give change just makes the process longer for everybody. The January meeting will take the form of a **“Groups & Activities”** morning – with no speaker – and you can drop in at any time between 10.00 a.m. to 12.30 p.m. to meet the various Group Leaders and to pay your subscription at any of the renewals tables – a team of Committee Members/helpers will be on hand to collect your money. If you cannot come yourself, please ask a friend to pay on your behalf. Any **LATE** subscriptions will be collected prior to the February meeting, but you may well find yourself having to queue. Please note that we will be adopting a stricter policy towards prompt payment of renewals and February will be the last opportunity – after which membership will be withdrawn (the exception being cases of serious illness, where the Membership Secretary has been informed).

A REMINDER TO ALL MEMBERS: Husbands and wives both need to be members if you wish to undertake activities/trips together! Please note that only Spanish telephone/mobile numbers are recorded – we do not use U.K. ones. Changes of email addresses, telephone numbers, etc., should be notified direct to Angela Chantry. Names for Associate Membership can be given to any Committee Member, or email to angelachantry@gmail.com – Membership Secretary

PARADOR REMINDER

Please remember that the Wednesday monthly meeting is strictly for members of Javea U3A only. Regrettably lack of space does not permit the attendance of friends or guests at this event.

NEWSLETTER - As you are aware the Newsletter is emailed to all members with a registered email address. As a Group we are concerned about the environmental damage caused by felling too many trees and the cost of printing. It is extremely difficult to judge exactly how many copies are required at each meeting, as it is never the same two months running. On occasions there have been a number of copies left over which are not required and are a waste of your money.

Following a long discussion at the last Committee meeting, it was unanimously agreed to issue at the Parador monthly meeting a printed copy of the newsletter, only to those members without an email address.

GROUPS INFORMATION

Elizabeth Collins, Groups Co-Coordinator

There will be no further visits to the Desalination Plant until next year – see Newsletter

NEW GROUPS

New FOLK MUSIC Group - I am considering forming a Folk Group and the aim of the group would be for members to join in an impromptu session of Folk music at a suitable venue yet to be decided.

I am sure that there are U3A members who have guitars, accordions, violins, tin whistles, spoons or whatever tucked away in cupboards gathering dust. This would be an opportunity to get together with other like-minded ‘musicians’ and ‘singers’ for an informal and impromptu session of music. If you are not able to play an instrument, you may like to sing unaccompanied, or even just give a monologue. Not everyone attending need sing or play an instrument, but all are welcome to attend, if only to listen, hopefully enjoy some music in a relaxed atmosphere, and perhaps join in a chorus or two. The choice of music is entirely flexible and almost any variety of music would be welcomed.

Anyone interested in joining such a group should contact Paul Wessendorff, either by phone on 96 649 3959 or by email at pjwessy@gmail.com. An indication of your type of music and/or instrument played (if any) would be of assistance.

New BOOK CLUB Group - If you fancy a good read followed by a lively debate and are happy, occasionally, to host a Book Club afternoon, then this group is for you!

Through the group, we will introduce new authors and books to one another and discuss informally their strengths and weaknesses.

The Book Club will meet at 3pm on the third Monday of each month in one another’s homes.

If you are interested in joining us or for more information, please contact Pru Hughes via ElizabethGroupsCoordinator@gmail.com.

New SMALL BOAT Group - We have recently purchased a small motor boat and wondered if there are any others in the U3A, who also have a small boat and would like to get together with us for outings. Sorry, but not interested in fishing.

Either email me on: robrace@postmaster.co.uk or phone 966462482 Robin & Krystyna

New FASHION & STYLE Group - Are you interested in ‘style’ or ‘fashion’?

What does it mean to you? Were you a 1960s ‘rocker’ or were you a south London ‘mod’?

Perhaps you were neither of these ‘dedicated followers of fashion’ but instead have always been interested in the Art Deco style of furnishings and architecture? Or do you prefer the ‘Arts and crafts’ approach to design? Maybe the post-war ‘contemporary’ style of housing is something you feel passionately about, but whatever it is, do come along to this four week ‘taster’ programme to be held during February. Join us by trying to explore some of these and other style or fashion issues that have helped shape our history and lifestyle. You do not need to be a trendy ‘fashionista’, subject interest alone will be enough to stimulate some lively debate!

Please give me a ring on 965 058237 or email me on vivienne_sullivan@hotmail.com

for further information or to register your interest. I look forward to hearing from you.
Vivienne Sullivan

New RUMMIKUBS Group - A welcome return of a Rummikubs group to the U3A. We are starting a Rummikubs Club group and hope to start in November at Bar/Restaurant Marples at the Arenal on Wednesdays or Thursdays at 3.00pm (yet to be arranged). If you are interested, please email me at kryspoland@yahoo.com or telephone me On 966462482. Krystyna

List of Groups

You will notice that due to the success of this group and the number of new members, we now have 2 WINE APPRECIATION groups, the existing group at lunchtime and a new group in the evenings.

Our CRAFT Group is currently suspended as the leader is away and I am actively looking for new Craft Leaders. Please contact me if you would like to lead a Craft group.

DANCING – Amanda is waiting to hear from Javea members in order to start a new Javea based Latin Line Dancing group. Contact Amanda at amandakaye@hotmail.co.uk
Tel: 966427814 Mob: 626676024

Please note Debating Group is now DISCUSSION AND DEBATING and they are holding their first meeting this month.

Congratulations to CARDS FOR PLEASURE Group which had a good first meeting at Marples.

SUGGESTION BOX - Thank you for the suggestions from the last meeting. If you put your name on the paper, I will reply to you personally. Would the person who asked for a list of Group Leaders to be placed on the Newsletter please note that Sam Wells sends out a separate list of Group Leader's contact details at the same time as he sends the Newsletter and for those without email, there are spare copies of this with the Newsletter on entry at the Parador. Please do continue to put your suggestions in the Box after the meetings, or contact me or any Committee member. *Elizabeth Collins*

BOOK SWAP - Please REMEMBER to bring your Books for the Book Swap each month. Brenda will be pleased to see you in the meeting hall.

SPANISH CONVERSATION- Thanks to all of you who expressed an interest in participating. The Town Hall is now advertising for Spanish speakers to join in this activity. They hope to be able to start in January and possibly hold a preliminary meeting before Christmas. I will give you more information as I receive it.

SPANISH LANGUAGE COURSE - The list for the course is now full and we look forward to hearing from our new Spanish speakers in the future.

SPANISH - For those of you who are not on the above course, I have contacted some of our members who have an advanced knowledge of Spanish and hope that they will agree to lead either conversation or language groups for the U3A. Watch this space.....

2009

If there are any volunteers out there – please contact me.

See November's Newsletter for details of a First Aid course in February and the start of a new Gentle Aerobics group in January. We also hope to be starting a Patchwork group

early in the New Year. *Elizabeth Collins*

Javea U3A Short Story Competition

The winners will be announced at the November meeting.

BIRD WATCHING: The next two field trips will be:

1. Santa Pola salinas, El Pinet reserve, La Mata reserve, Clot de Galvany reserve - all day of Thursday, 30th October 2008.

The group has not been to the Santa Pola salinas nor the Clot de Galvany reserve before, so I'm pleased to offer something new. None of the venues have hills to climb and their paths should not be muddy. Dress according to the weather forecast (in not-too-bright colours) and bring a packed lunch, etc.. As usual, the meeting places are 8.00am at Barclays' Bank, Javea; 8.15am at the car park opposite Masymas in Benitachell; 8.30am at entrance to the toll motorway in Benissa. We will arrange car-sharing at each pick-up point to distribute fuel costs - anyone requiring a lift or wanting to offer one, please inform the group leader. The group should be back by late afternoon or early evening, although as long as your driver is happy, you can abort mission whenever you like!

2. Pego Marsh and surrounds - morning and early afternoon of Tuesday, 2nd December 2008.

This is one of our local and regular venues. Meet at Barclays' Bank, Javea at 8.00am. Alternatively, you can meet at 8.30am at the marsh itself (on the piece of rough ground at the junction of the N332 with the Pego road - this is the junction beyond the end of the new Ondara by-pass, assuming you are driving from Javea). The group should be back by early to late afternoon, depending on our luck!

Any U3A members wishing to join either of these field trips should contact the group leader, preferably by email, supplying a telephone number in addition to the email address.

BRIDGE GROUP: At the last meeting on the 9th Oct we had a number of people inquiring if we taught bridge and at the moment we are not thinking of starting lessons for absolute beginners but we would like more members who play bridge (at whatever level) to join us at the Parador for our friendly bridge sessions. We have been given a small anti room opposite the front desk down by the side of the shop. We gather at 2.45pm for 3pm start and it is only once a fortnight, the next one being on Tuesday 28th October. Hope to see you there.

CARD GAMES FOR PLEASURE: We met for the first time on Tuesday 14 October at Marples in the Arenal. 25 members of various abilities joined us and everyone appeared to enjoy the easy going introduction to Whist and friendly competitiveness. We will meet every Tuesday between 3.00-5.30 in the hope of sharing our knowledge and learning new games. Anyone wanting to share their own experience with different games would be most welcome.

COMPUTER SELF-HELP GROUP: A second group has been established due to the numbers interested in this topic. If you were previously unable to join due to the restriction on numbers, please contact the Group Leader. Anyone who has a desire to lead one or both of these groups should contact the Groups Coordinator, Elizabeth Collins.

Please note that this a Self-help group for members of the group - we cannot fix hardware or software problems arising on U3A members computers, or on the computers of friends. Regretfully there simply isn't enough hours in the day! However there are commercial

support people in Javea, and it may also be worthwhile joining the Javea Computer Club if you need IT support. Contact the Group Leader if you need more details.

CRAFT: Please note that this group is currently suspended, awaiting the return of the Group Leader and cannot accept any new members at present.

CULTURAL ARTS:

Tuesday 2nd December – *Wind in the Willows*

The Javea Players' next production will be the enchanting tale of the *Wind in the Willows*, directed by Cherry Cabban. Curtain up at 20.00 hrs, at the Union Musical, Gata de Gorgos. U3A group booking @ 10 euros p.p. (collect ticket at theatre). Payment today please to Angela Chantry

Sunday 14th December – *Coral Clasica Javiense Christmas Concert*

At the Iglesia de la Santa Cruz, Pedreguer, 19.00 hrs. Part I **Magnificat** (John Rutter); Part II **Musica de Navidad**. Entrance: 12 euros - tickets from Humpty Dumpty or at the door.

Sunday 21st December – *Cascanueces de Chaikovsky. Ballet de Moscú*

Tchaikovsky's "*Nut Cracker Suite*" to be performed at the Auditori de La Mediterrania, La Nucia, commencing at 8 p.m. Tickets 25 euros – please see Angela if you would be interested in car sharing for this event.

Please see the Cultural Arts Newsletter on the website for details of a series of Sunday night concerts - which vary each month e.g. classical music, jazz, flamenco dancing - being held at the Hotel Diamante Beach, Calpe, or see Angela for details. The concerts are normally 20 euros, but U3A members can purchase a "season ticket" for 160 euros redeemable individually for 11 concerts/or in combination with a partner/group of friends, which reduces the price to 14 euros per concert.

U3A members who pre-book (966480594) can also attend these concerts for 15 euros:

Saturday 15th November, 19.00 hrs, Hotel Diamante Beach, Calpe – *A Tribute to Maria Callas*

Sunday 7th December, 19.00 hrs, Hotel Diamante Beach – *Alma de Copla & Flamenco*

DIGITAL PHOTOGRAPHY: The next meetings of the group will be on 28th October when Rosa Mansell will introduce the topic of *Photography as an Art Form*. Don't forget your photographs in the style of Ansel Adams. The meeting will take place at 2.15 at the Centro Social, Javea pueblo. For the programme of activities for the coming year see the web site.

There has been considerable interest in Digital Photography from Associate Members. As the current group is currently up to capacity the formation of a second group would be an option. If you would be willing to coordinate such a group please contact Dodie Hodgkinson on digital.photography@u3ajavea.org

DINE AND DANCE: The evening at the Lemon Tree Restaurant on 11th October was enjoyed by all. November and December events are covered in the Travel Group news. Many people have asked for another evening at Venta de Posa in La Xara (where the 2006 and 2007 U3A Xmas dinner dances were held). If there is sufficient interest, we will go there in January for a typical Spanish menu and dancing with a Latin twist. Group leader Pat Wykes

DINING OUT: Our next dining out event will be on Thursday 6th November, at the Escollera Restaurant in Javea Port.

DISCUSSION AND DEBATING GROUP: Inauguration of Debating/Discussion Group took place on Oct.20th.Motion that "the internet was a force for good" was carried. There was sufficient enthusiasm to request another meeting in November (Date/venue & subject t.b.a. by the group leader)

FAMILY HISTORY:

This is the new name for the Genealogy group, which we think more accurately reflects what we are about. It is not just about tracing our family trees, but about understanding the social conditions and way of life of our ancestors.

We got off to a good start this month with an excellent talk by Vivienne, who through tracing her ancestors, started researching workhouse and orphanages and then discovering the grim story of how unwanted children were exported to the colonies.

Websites of the month: www.workshouses.org.uk and www.missing-ancestors.com

The next meeting will be held on Tuesday, 21st October at 2.30pm at the usual venue of the Social Centre in Javea when Robert is going to talk about three generations of the Broadfoot family. New members please contact group leader for further information.

FOODIES GROUP:

There were two dozen Foodies at the opening October Tapas evening and various apologies due to being out of the country, prior commitments or last minute dramas. The variety of tapas reflected the interesting mix of group members.

The next meeting will be at 10.30am on Thursday 29th November again at Marples. Could you let me know if you **intend** being there, as the owners will set up accordingly. Please be aware that as we do not pay for the venue, it is only fair that we each buy at least one drink; their prices are very reasonable and tea comes in pretty tea-pots.

GARDEN CLUB: Contact Group Leader.

HEALTH WALKING: Contact Group Leader.

HISTORY GROUP:

The next presentation will be on Monday 10th November at The Javea Player's studio at 2.30. The Subject is *The Spanish Inquisition*. The talk will be given by Peter Atkinson. As there is a potential capacity problem could you please contact Sally Wells, Group Leader if you wish to attend.

INFORMATION TECHNOLOGY (IT) PARTNERS GROUP A number of people have put forward their names offering support to others for software applications. Thank you to all those who have given their names as contacts, particularly new associate members. We are now able to offer support with Microsoft Office applications, genealogy, setting up of email accounts, web site creation and design and construction of databases. If you would like support in these areas of software or if you would like to offer help in any other areas please contact Dodie Hodgkinson on IT.Partners@u3ajavea.org See the web site for a proforma for submitting information.

NB Computer repairs and hardware issues do not come within the scope of this group

LET'S TALK JAVEA!

Our Group was glad to welcome some new faces to the meeting on October 22nd. The background to our purpose was explained and members offered their suggestions to the good points in Javea as well as those that they felt in need of change. These will be matched up at our next meeting against the Action Plan proposals already arising from Javea's Agenda 21 process, on which all members of U3A Javea are welcome to participate by voting their own priorities, whether or not as members of this particular U3A group.

For a copy of that opinion survey and for more information and on future meetings (our next one due at the Javea Social Club, Wednesday 19th November at 5pm), please refer to timdladd@gmail.com or refer to the excellent wiki site that covers in English a very wide range of topical Javea issues...<http://agenda21-xabia.wikidot.com>

MAHJONG: The Mahjong group has already started the meetings as usual at the Grand Café, Toscamar, Javea on Tuesdays at 3.00 pm.

MEDITATION AND MENTAL WELLBEING: Meditation is now on **Wednesday** morning at **10:45**, same place. The day of the monthly meeting there is no meditation.

MUSIC 4 U GROUP: (Popular Classics) The group started in April of this year and has had monthly sessions in the group leader's garden. The garden was sufficiently large to welcome up to 50 members but as we will have to withdraw inside for the winter months (until April) we have to restrict numbers to be comfortable.

Therefore we regret that although we would have liked to advertise membership of the group to new U3A member and the Associate members, this will not be possible until next spring. However, if there is someone out there who would like to organise a sister group 'Music 4U-2' then I would be more than willing to work with you to achieve this. Once started, this second group might want to continue to meet separately during the summer or we might be able to combine the groups. Alternatively, the two groups could run in tandem to give members a choice of date during any month with the same programme. The important criteria is being able to offer a suitable size venue.

Anyone interested in talking about these possibilities should contact me.

PETANQUE: : We are now back playing at the much improved courts at Café L'Echalote, Costa Nova (formally Charlie's Bar). Same time as usual, 2.45pm for a 3pm start. The charge for hire of the courts has changed it is now 3€ each, which includes a drink, beer, wine, water, coffee or soft drink. New members very welcome.

POETRY FOR PLEASURE: At PFP's October meeting, we continued to range broadly over poetry from different times and places, as well as visiting a variety of themes. We discussed established writers like Tennyson and Longfellow; but we also considered the work of modern poets, some little known, others mostly unheard of. Our themes included tragic tales from history about the high tides of Lincolnshire; a modern version of the road to Damascus; memories of childhood; sons and mothers; the wanderings of a nameless dog on the streets of San Francisco. We learned that some of the great classics from the past can be adapted to the needs of younger people today when we read THE CHARGE OF THE MOUSE BRIGADE. Our group drew inspiration from the words of the American writer Lawrence Ferlinghetti, who once urged poets to "...come out of your closets, open your windows, open your doors...poetry should transport the public to higher places than other wheels can carry it". We believe the same applies to poetry lovers: we urge you to open your doors and join us before we have to close ours. PFP must of necessity remain smallish: we

want to continue as an informal, unpretentious and vibrant group, where all members can participate. We welcome your participation. We next meet at 11am at the Parador on November 18th.

QUIZ NIGHT: The next quiz will take place again at Bar Mediterráneo in Teulada on December 3rd, 7.30 for 8.00pm. Cost of 15€ includes a meal and half bottle of wine. Menu choice of lamb, chicken or fish - please state your preference when you book so that I can inform the chef. Payment can be made at the November meeting or on the night. There is underground parking just above the bar entrance in Avenida Mediterráneo. Enjoyment by all is a prerequisite!!

SCRABBLE: Contact Group Leader.

SNOOKER: Contact Group Leader.

SOLO ON A SUNDAY: This luncheon is aimed for a get together for males and females to come out for a nice lunch and meet new friends. The venue on the 16th November will be Escollera next to the cinema in the port at 1.30pm. It is a very pleasant room, nice wine and good service...so come along and join us...you will be most welcome. Contact Marion by telephone or email.

TRAVELLERS' TALES GROUP:

Our next meeting will be on Tuesday 28th October, when we will hear all about Brian & Irene Walthew's *Baltic Capitals cruise*. Meet at 11.30 a.m. for 12.00 p.m. start. Venue: The Social Centre, Javea old town (next to the new Music School, opposite the underground car park). Email/telephone the Group Leader if you would like to stay on after the meeting for a menu del dia lunch (8.50 euros inc. wine). The presentation on the 25th November will be given by Peter Atkinson, who has travelled extensively with Gill in *New Zealand*.

WALKING GROUP Our next walk will be on Thursday 6th November, walking to Tossal del Moro, 8 kms approx 4 hours, 380m ascent with some rough track. Meet 9.30 a.m. Tourist Office Car Park, Benitachell, opposite Mas y Mas. Please make sure you have ample water, refreshments, appropriate clothing and comfortable walking shoes/boots. Telephone the Group Leader if you have any queries.

WINE APPRECIATION:

The Lunchtime Wine Appreciation Group had an away day this month when 34 Members visited Bodegas El Angosto in Ontiyent. The weather was very kind to us and all enjoyed the wines which we were offered at a tasting in the open air opposite the entrance to the bodega. As always some liked one wine and others preferred another, but after a very interesting tour of the bodega and an explanation of the separate nursery business conducted elsewhere, many bought some wine afterwards, and all agreed that it had been a very worthwhile visit. Later we were able to explore the Old town of Ontiyent which, sad to see, had many shops which were closed or for sale or to rent. We then went on the coach again to Villalonga for a very enjoyable lunch before returning to Javea, tired, but relaxed after a nice day out. The next Meeting of the Group will be on Wednesday 19th November at Restaurant L'Hort in Javea, further details to follow later.

The Evening Wine Appreciation Group, which has just been formed, largely to accommodate the influx of Associate Members but not limited to them, will hold its first meeting on 5th November at 6.00 in Marples.

TRAVEL

Monday 3rd November - Caravaca de la Cruz & the Santuario de Nuestra Señora de la Esperanza, Calasparra

Caravaca de la Cruz is one of only 5 Holy Cities of the world (as declared by the Vatican), sharing this honour with Rome, Jerusalem, Santiago de Compostela and Santo Toribio de Liébano. Visit the castle, of Muslim origin (3 euros for 65+), with its 14 towers which guard the Sanctuary of the Santísima y Vera Cruz, where a reliquary is said to contain a piece of the True Cross; the Holy Church of El Salvador, and wander through the medieval streets. Time for refreshments before re-joining the coach to visit the Santuario de Nuestra Señora de la Esperanza (Our Lady of Hope), a beautiful church set in the side of the mountain on the banks of the river Segura near Calasparra (free entry). Depart Rafalet at 8 a.m., comfort stop en route, and arrive Caravaca at approx. 10.45 a.m. Leave for Calasparra at 3 p.m., journey time to the Santuario approx. 30-45 mins. Return to Javea at 4.45 p.m. arriving approx. 7 p.m. Cost for coach: 15 euros p.p. Full payment today to Organiser: **Mike Frost**

Monday November 10th – A day's shopping in Alicante

Price 10 Euros. This trip is now fully booked with 5 waiting. Depart Rafalet 09.30 am arriving back at 6.00 pm. **Mike Frost**

Tuesday 18th November - A visit to the Lladro Factory in Valencia

This is followed by a tour of the Lladro house. Coach departs Rafalet 09.00 am, returning at 6.00 pm. Places still available Price 10 Euros, payment today please. **John Price**

Wednesday 26th November - Social Lunch at Las Brisas Restaurant

At 1.00 pm after monthly meeting. Price 16 Euros to include lunch, half bottle of wine, water, and raffle. Places still available Payment and menu choice at today's meeting. **Mike Frost**

Saturday 6th December - Xmas Dinner Dance at Javea Golf Club.

7.30 pm for 8.00. Price 35 Euros includes dinner, wine, water, music and raffle. Payment and menu choice at today's meeting. **Pat Wykes**

Due to the popularity of the above Xmas Dinner Dance, a second Xmas Dinner Dance has been organised:-

Saturday 13th December, Xmas Dinner Dance at Las Brisas

7.45 p.m. for 8.00 p.m. Dancing to the music of **Double Impact**. Price 28 euros, to include three course menu with canapé, bread, ½ bottle wine, coffee & raffle. Full payment today to Organiser: **Angela Chantry**

Thursday 25th December – Christmas Day Lunch with Christmas melodies & music for dancing

Come and join the fun at Restaurante El Andaluz (Moraira/Benitachell crossroads). Glass of cava & canapés on arrival, followed by:

Starter: Iberico & Melon Port Platter or Salmon Carpaccio

Soup: Cream of Mediterranean Vegetable

Traditional Christmas lunch: Roast turkey with all the trimmings, accompanied by an assortment of fresh vegetables

Dessert: Christmas pudding, with cream or ice-cream, or seasonal assortment of fresh fruit

And to finish... petit fours, mince pie & coffee

Price: 35 euros to include 1 bottle of water and half a bottle of wine p.p., and gratuity

Duo Romance will entertain with Christmas melodies, followed by music for dancing. Arrive 12.45 p.m. for 1 p.m. Full payment today to Organiser: **Angela Chantry**

Thursday 11th to Thursday 18th June 2009 – 8 day trip to Prague & Cesky Krumlov in the Czech Republic

We will spend 4 nights in Prague, followed by 3 nights in Cesky Krumlov (a UNESCO Heritage site). Price to include return transport Javea/Valencia airport, flights, airport taxes, 3* hotel accommodation in double/twin en-suite room (half-board), with included Prague city tour, Prague Castle & Mala Strana, Karlstejn Castle, Cesky Krumlov Fortress and gardens, visit to Ceske Budejovice and Hluboka Castle (all entrance fees included); tour accompanied by an English-speaking guide. The price will be circa 840-875 euros p.p. based on 40-42 passengers (max.). **Confirmed bookings with deposit of 250 euros p.p. today** to Organiser: **Angela Chantry**. Please see the itinerary at the end of the newsletter or ask Angela for further information.

PAYMENT - You will be advised in the Newsletter of when and how much to pay for each trip. Amounts of 50 euros or over can only be paid by cheque made payable to **ASSOC SOCIAL DE LA TERCERA EDAD DE JAVEA** or by bank transfer which must include your name and the trip destination. This should be paid into the following account **ASSOC SOCIAL DE LA TERCERA EDAD DE JAVEA CCC 2090 0446 30 0040016233 CAMBANK. Mike Frost Travel Co-ordinator**

PLEASE NOTE - Travel organisers will be at the Parador on the days of the meeting from 10.00 am to collect any monies for the trips in an effort to reduce queuing after the meeting.

If you are unable to use a trip which you have already paid for you should inform the organiser and where possible, you will be given contact details of the next person on the waiting list for you to make contact and collect your refund from them. We have a clearly defined policy whereby guests are only permitted after all else has been exhausted and then the guest will pay 50% premium on the trip price. We do not allow non members substitutions as it is unfair to our members. **Mike Frost**

In the interests of reducing the size of the Newsletter the Registration of Interest Form and Emergency Contact Form will not be printed but will be available on the travel desks at the meeting.

SUGGESTIONS / INFORMATION

1. Discounts are available to U3A members on production of membership cards. The discounts include Car Hire, Car servicing and repairs, Insurance and Medical, plus several good shops and businesses in and around Javea. Please see the discounts page on our web site for more information. www.u3ajavea.org/Discounts.htm.

Discounts – Buyer Beware

Discounts are offered by Suppliers to the Javea U3A members. It should be noted that the offer of a discount is not a recommendation by the Committee and in all circumstances the phrase “Buyer Beware” should apply.

To obtain a discount in participating shops members must produce their membership card at the beginning of any transaction. Discounts unless otherwise stated are for full price items excluding sale items, promotional items, special offers, items paid with vouchers or any other discounted items.

The Committee cannot accept any responsibility for any problems that may occur with the purchase of any product or service. In the event of a problem the buyer should contact the supplier direct and it is recommended this is done in person and followed up in writing.

The Javea U3A shall not be held liable for any product or service defect/default/failure or any other problem howsoever caused. The Committee will not enter into any dispute with any of the suppliers on behalf of a member. In the event of a problem not reaching an acceptable solution, the Committee invites the member to submit the details in writing to them for their records. In the event of many problems with a supplier the Committee may take the decision to delete that supplier from the discount list. Each case will be considered on an individual basis.

As when buying any product/service BUYER BEWARE.

New Discounts

Ethos - Clothing - Calle Cristo del Mar, Javea Port. 15% discount.

Style Health Spa Avenida De Los Fueros 39, Javea Port. 10% discount.

The Computer Shop Moreras Del Salader, 23 Avenida Del Pla, Javea. 10% Discount.

Prestige cars 15% discount on Valet and Servicing.

The Committee will be updating the Discount section on the Javea U3A website in the next few days.

2. Telephone calls: So as to avoid extra costs to the U3A for phone calls, we have chosen to adopt a policy whereby it is the responsibility of the individual members to contact group leaders and committee members. You are requested to call again instead of leaving a message asking for someone to call you back.

3. Newsletter: Every effort is made to have the latest Newsletter on the website and emailed two days before the general meeting. This way you can obtain advance notice of any excursions and would be able to bring sufficient funds for deposits etc.

4. Membership: For your information each month we send an up-to-date list to group leaders for them to confirm membership details at their meetings. **N.B.** Husbands and wives both need to be members!

5. Refunds: We have a policy of no refunds for the travel bookings. We keep our prices as low as possible and sometimes giving a refund could result in a loss. We do try to resell the place if possible, and would then of course refund the money.

6. Insurance: Members are reminded that as has been announced on previous occasions, they are responsible for their own insurance. U3A Javea is not liable in any respect for any loss or injury that may be suffered by Members whilst participating in the Association's activities.

7. Attendance: If you cannot attend a Group meeting that you have previously indicated you would attend, can you please let the Group Leader know.