

From our President

Dear Members,

Where is this year going? We are now into autumn and the Committee is looking forward to planning events for next year. In March we have several members of the Committee stepping down and this will leave a few vacancies on the Committee. I will have been President for two years in March but was elected as Vice President in the previous June, so it will be time for me to step aside and let somebody new take up the role. The role of President is important to the smooth running of the organisation and we are therefore asking for a member to come forward now to take over this role in March. We shall also need a new Secretary and Deputy Secretary as Jeni and Sue have indicated they also wish to step down. Again if you are willing and able to take up any of these roles please contact either me or Paul. Without members coming forward to fill these roles the organisation will not survive.

I am pleased to advise that a new member John Bellinger-Smith has come forward to take over the role of Groups Coordinator from Nick Winter. John will be formally introduced to the members at this month's meeting.

The Committee are investigating problems regarding accommodation for some of our groups - please see the advert later in the newsletter, residential or commercial properties would be considered.

We shall be selling raffle tickets at the October and November meeting to raise funds for Caritas, the organisation that helps people who are in need, by giving out food and other essentials. At the November meeting we shall have a box in the Foyer and ask everyone that is coming along to the meeting to donate a food item (non perishables please).

Last week we were advised by the Gestor that the revised Statutes are going to take at least another year to be certified by the Alicante Government. They were sent for approval in April following the AGM. Unbelievable but true, they have a backlog of at least a year of such documents. Given this scenario, the Committee has decided to publish on the website the **uncertified** Statutes in Spanish and English.

This month we shall be hearing all about acupuncture and Chinese medicine from Robert Vandevelde. We are lucky to be able to get such interesting speakers who often donate their time for free.

There will be no guest speaker in November but we promise it will be a meeting not to miss and may never be forgotten!

I look forward to seeing many of you at the next meeting, - meanwhile, take care.

Shirley King

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**Monthly Meetings
Last Wednesday of
Each Month**

**October Speaker
Robert Vandevelde**

Speaker at the October meeting at the Parador on 27th October 2010.

The speaker at the monthly meeting of the Association on 27th October will be Robert Vandevelde. Robert is an experienced acupuncturist who has worked in Javea for several years. The aim of his talk is to give people a better understanding of what we can and can't do with Traditional Chinese Medicine (TCM). He will talk about the history of TCM, what it is, and how we can use it. He will also give a small introduction to Yin-Yang philosophy, the Western view, and research. Robert is looking forward to answering questions and queries that any member may have regarding TCM or its associated subjects. **Paul Wessendorff**

Question 1 Have you changed your E-Mail address or Telephone number?

Question 2 Have you notified the Membership Secretary to have your details changed on database?



PUBLICITY

Hopefully some of you saw our article in the Costa Blanca News featuring our September meeting. This should become a regular feature. We are planning to have a 'group leader of the month' article and John will be approaching group leaders about this. With regard to publishing articles on our groups in the press, please, would any of the group leaders who are planning to hold functions or activities that they would like publicised, or featured, please contact me at ju3apublicity@yahoo.co.uk. I will be more than happy to come along to take some pictures and prepare an article. **Tom Miller**

ACCOMMODATION

As part of our accommodation review we are looking for properties to rent that would be suitable for group activities or other U3A activities. If any member knows of any appropriate/suitable premises would they get in touch with Shirley King (President) or Paul Wessendorff (Vice President) as soon as possible.

Membership

Membership now stands at 1055.

As October is our penultimate meeting for this year (hasn't it gone quickly) can I remind those members, who will not be back in Jávea during January and February, that payment of renewals for next year can be made this month and next.

ALL renewals are due for payment in January. If you joined the U3A

- in September/October 2010 or*
- your Membership No is 1574 or higher*

*you are already fully subscribed until December 2011. **You do not pay again in January!***

Would ALL members coming into the Meeting Hall at the Parador, please make sure that you have registered your name on the Attendance List. This is for Fire Safety reasons.

If you have any queries, please call me.

Wilma Stevenson
Javeau3amembership@gmail.com

FRIENDS OF AVINENCA

The Friends of Avinenca have 3 forthcoming events, including a visit to an orange grower and orange products co-op in **November**.

In **December**, a visit to a farming community that produces vegetables and fruit for export to the UK in a sustainable way, and on **November 2nd** the introduction to the project in Moraira.

Full details of all events are on our web page.

“CARE & SHARE” TEAM:

The Team offers support and practical assistance to others within the Javea U3A who, like the team members, have suffered loss. If you would like further information, please come and talk to us at the general meeting or email: caresharepat@u3ajavea.org or careshareangela@u3ajavea.org

Angela Chantry

TUESDAY LECTURE

Cheda will give the **November Tuesday lecture on the 2nd** at the Casa de Cultura in Javea Pueblo starting at 10.30 until 12.30 with a 30 minute coffee break scheduled for 11.15. All welcome.

Cheda will be talking on the subject of **Vincent van Gogh**

Organiser: Alan Oliver at alan@oliverjavea.com

(for more info – see page 5)

Intermediate Walks

From November we are going to do two intermediate walks per month (where possible). One will be on a Thursday, with a different walk on a Tuesday. These walks are about two hours in duration over varied terrain. See the web site for dates, meeting locations and details of the walks themselves. All U3A Javea members are welcome, just turn up at the meeting point in time for the walk.

Organiser: Karen White

Group Information

(PRACTICAL) COMPUTER KNOWLEDGE This group is currently full, however I am operating a waiting list. Names to me, please, at <mailto:javeaU3Acomputers@gmail.com>. **Organiser: Tom Stevenson**

COMPUTER SUPPORT GROUP - There are still places available in the group for new members wishing to further their knowledge on managing their PC's. Good management can significantly improve performance, enhance security and recover a lot of wasted disc space. If you have any specific issues that require advice then bring them along to the meeting for discussion and resolution. The next meeting will be on November 18th at "NOSTRO" cafe on the Arenal.

Organiser: Malcolm Neill

The **DIGITAL PHOTOGRAPHY** group will be holding their October meeting at the Javea social centre at which Peter Sanders will be giving a talk on the advantages of Aperture Priority photography. The group members will also be submitting photographs of Javea Port as our monthly photographic project. The group membership is currently full, but if anyone would like to place their names on the waiting list, please contact Tom Miller at digitomingata@yahoo.co.uk

Organiser: Tom Miller

DINE AND DANCE: The next event will be at the Benitachell Bowls Club Annual Ball at El Canor on *Friday 29th October*, 7.30 for 8.00 p.m. On *Saturday 13th November* we will be going to El Andaluz in Moraira, where Duo Romance will be providing music, cost approximately €20. *Friday 3rd December* will be the U3A Xmas Dinner Dance at Javea Tennis Club, cost €27.50 per person. **Organiser: Pat Johnson.**

HISTORY GROUP: The next two History Groups are Monday November 8th and Thursday December 2nd in the Casa de Cultura at 1.15pm.

The talks are on the subject "Texas, From Spanish Colony to NASA HQ: The Lone Star State" in two parts presented by Peter Atkinson. Both talks stand alone in their own right and are as follows.

November 11th - "Pre-Columbus to Civil War"

December 2nd - "Reconstruction to Apollo XI"

Members who are interested in joining the group please contact the **Group Leader, Sally Wells.**

Website: www.u3ajavea.org

NOT JUST FOLK MUSIC GROUP:

The next meeting of the group will be held on **Monday 25th October** at The Bull and Bear Restaurant and Pub opposite Mas y Mas in Benitachell, gathering at 7.30 for 8.00pm start, and concluding at around 10.00 pm. Please let me know if you are able and would like to come to this session of the Group as soon as possible, either on 96-649-3959 or by E Mail to folk.music@u3ajavea.org

Anyone interested in joining the group should contact me in the first instance by

E Mail at the above address. We look forward to hopefully seeing some new faces at our sessions during the months ahead. For further details on the Group and its activities, please look on the Javea U3A website. Looking forward to seeing as many as possible on the 25th October.

Organiser: Paul Wessendorff

QUIZ NIGHT: Next one is Dec 9th at the same venue, El Salaito in the old town, c/ Roques, opposite the back of Casa de Cultura, 7.30 for 8.00pm. October's was a great success but some members missed out as we can only take 36. So book early to avoid disappointment by emailing me at stanjenoldfield@gmail.com. Menu: *Variety of tapas; choice of lomo a la pimienta roja/ fillet of pork in red pepper sauce OR caldereta de pescado/fish stew; profiteroles OR helado turrón* plus bread & half bottle wine. Please state which wine you prefer when you send your menu choice. Cost €15. **Organisers Stan and Jeni Oldfield.**

SATCINE: Satcine is the name of the Javea U3A's Saturday Cine Group. The first meeting of the Satcine group, of this our second season was on Saturday, 9th October when we had a full house. Satcine has developed into a very social evening with drinks and nibbles, as well as a film show. Our films are non-violent, thought provoking with a happy ending, so that you go home happy. Numbers are restricted due to the capacity of our venue, but we do not have a waiting list. Satcine is open to all members of Javea U3A, however you must enrol onto the Satcine email address: satcine@gmail.com Once you have enrolled, you will receive on the Saturday two weeks before the social, notification of what we will be showing. If you would like to come, you email your request to me at satcine@gmail.com direct, not by using your reply button. The 1st 45 to reply will get a confirmation of a seat reservation. You will also get a reply if

we are fully booked. To turn up on the night without confirmation of a seat is not an option. **Organiser: John Chun**

SOLO ON SUNDAYS: Hello everyone! A jolly crowd of 22 enjoyed a nice meal at Tosca Restaurant on the 17th October. We welcomed two new members, Pety and Ted, who already have made friends within the group! The next venue will be held at L'Almacera...(the Olive Press) in Teulada on November 14th at 1.30. So, if you would like to join us, please email me or telephone 86 646 3389 ...The menu is 12.95 including half a bottle of wine. I shall email the menu to all. See you there! **Organiser: Marion Monsell**

SOLOS SOCIAL GROUP:

Tuesday 26 October - Denia Walk

Meet at 10.30am on the road outside of the Old Denia Hospital, then car share to the start point. The walk will go to the Caves of Aqua, Montgo's underwater lake, also the Roman look out. An expert on Denia will accompany the walk and the pace will be to suit the slowest of the walkers.

Friday 29 October - Benitachell Bowls Club Dinner Dance

To be held at El Canor, cost of 35€ to include 3 course dinner, wine etc. Cava Reception followed by the dinner.

Whist Night - To be arranged please contact me for details.

If you would like to join us and receive regular updates of our activities, email Pat Ainsley or ask today for a copy of our Solos programme. **Organiser: Patainsleysolos@gmail.com**

SPANISH: Both Spanish classes started again on 10 September after the summer break.

The Beginners Level II class which is the more advanced of the two classes now has 14 participants and the Beginners Level I has 17 U3A members enrolled. Both classes are full.

Organiser: Heidi Hancock

TRAVELLERS' TALES: The next meeting will be on Tuesday, 23rd November, when Fabio Bezoari will give a dvd presentation on "The Land of Enchantment - New Mexico". Venue: the Javea Players' Studio (in the road behind Book World Espana, Javea pueblo) - 11.30 a.m. for a 12 p.m. start. New members always welcome!

Organiser: Angela Chanry

WATERCOLOUR GROUP: The group is full at the moment. **Organiser: Alice Davies**

WINE APPRECIATION: The Wine Appreciation Group meets once a month at La Cocina, and the meetings start at 1.30 pm. For the time being all meetings will be at lunchtime - there are

no longer any evening meetings. Please contact Group Leader for details of what takes place at the meetings and For information about the next meeting. Cost is normally €15 per head which

includes the cost of the wines tasted and a 2 course meal. Please note that if you book a place for a meeting and then do not turn up for it you will still have to pay the meeting fee of €15. **Organiser: Steve Collins**

***** **FOR ALL OTHER GROUPS,** please contact the relevant **group leader,** or visit the **website** at www.u3ajavea.org *****

NEW GROUP - BEGINNERS HEALTH WALK

Following the success of the Health Walks and the walkers getting fitter, some members have found it hard to join the walks and keep up. To overcome this problem on the 8th November a new **BEGINNERS HEALTH WALK** will **start at 10am**. The walks will be on pathways and quiet roads with only some very gentle inclines and within easy reach of services. The walks will last no longer than one hour maximum and afterwards it is hoped walkers will stay for a cup of coffee at a nearby cafe. **For the first three weeks we shall meet on the port side of the Parador Hotel** and explore some of the side roads and back roads around the Arenal and Port area. Initially the walks will take place for a period of six weeks and on the seventh we shall join the Health Walk. Following this walk a decision will be made by the walkers if we are to continue as the beginners group or join the Health Walks on a regular basis. Should you wish to join this new group please email enquiries@u3ajavea.org or just turn up on the day. I look forward to seeing you there. Shirley King

Vincent Villem van Gogh died aged 37 having sold only one of his paintings whilst alive. Having tried his hand at art dealership, the priesthood and as a book seller, he decided to become an artist. Despite some rather pathetic efforts in the beginning, his perseverance and sheer hard work started bringing in results.

In the last three to four years of his life, he produced many hundreds of pictures which are now considered as masterpieces of Post Impressionism.

His private life was that of the shunned, ostracized and misunderstood loner. The only 'friend' who saw him through his trials and tribulations was his brother Theo, who financed Vincent's art throughout his 'art years'.

The end came when Vincent decided on suicide, but the gun shot was so badly aimed that it took Vincent three days to die.

Additional

Info

On

Tuesday

Lecture

GENERAL INFORMATION

For Sale, Recycle or Wanted Board:

At the Parador meeting, we will have a board for you to advertise items you wish to SELL, RECYCLE (give away) or WANTED. To advertise your item please contact Jean at urecyclesale@yahoo.co.uk (email subject-U3A Javea notice board). Please make sure you put all the details about the item, and your contact number or email address. We will presume you have sold, recycled or found the item before the next meeting. If you wish the same advert to go on the board again, make sure you contact Jean and ask for the advert to be resubmitted. Your items **will not** appear on the notice board if received after 6pm on Tuesday 26 October.

We have started a new way of **advertising** the For Sale, Wanted or Recycled items. Send your adverts by email to urecyclesale@yahoo.co.uk email subject-U3A Javea notice board. Your advert will be placed on the new For Sale web page, a link is available through Javea U3A website-Activities Groups – Special Events - For Sale etc or <http://javea-u3a-noticeboard.wikidot.com>

No personal details will be shown on the For Sale web page and all contacts will be through the web site moderator. For further details please contact Jean Miller on 966 260 967

DVD SWAP at the Parador meeting. Pat reminds you this only works if you remember to bring your DVD's along, so don't forget. The more DVD's you bring, the better variety of films she will have on the table.

A collection box for used **Postage Stamps** will be by the DVD and Book swap table. These stamps will be given to the Royal British Legion for their support fund, so please remember to bring Books, DVDs and now stamps as well to future

The next Parador meeting
will be held on
Wednesday, 24th November
at 11.00 am

Newsletter designer: **Wilma Stevenson**
Producer: **Sue Bentley**