

UNIVERSITY OF THE THIRD AGE : JAVEA

NEWSLETTER SEPTEMBER 2005

Letter from the Vice President – Mike Frost

Dear Members

We are sorry to say that our current President John Hemmons has found it necessary to resign owing to the ill health of his wife Joyce, we wish them both well.

So we are now looking for a new President to take over this role and we need someone out there to volunteer for this prestigious position. It is not hard work, honestly, and it can be a lot of fun, so please someone out there be prepared to help us create an even better U3A in Javea. For an informal chat regarding this request, speak to Mike Frost.

Committee:

Vice President : Mike Frost, **Treasurer :** Lin Jones, **Secretary :** Pat Ainsley,

Deputy Secretary : Joyce Pope, **Membership Secretary :** Angela Chantry

Deputy Membership Secretary : Sally Wells, **Groups Co-coordinator:** Jackie Heaton

From today we are having a Book Swop box – How it works!!

Bring a book and swop it for another, if you bring several books then you need to take several books out, the idea is we are not left with lots of spare books that are difficult to transport and store. Hope you all enjoy this idea. How about a few more suggestions on how we can enrich your day out at your U3A Club.

Our Guest Speaker today is Piera King who will be giving us a talk on Meditation.

Next month we have Tony Cabban, our Javea councillor, to speak on the subject regarding the situation of local government.

ASTROLOGY GROUP : This group is now up and running and we had our first meeting in June when we started to look at Sun and Moon signs, and examples of how these might be presented in a natal chart.

Our second meeting is planned for Thursday 20 October – 2pm. Any new members who are interested in joining the group please ring the Group Leader for directions. Please will current members confirm they are able to attend on that date.

BIRDWATCHING GROUP : Between March and May this year, the group visited several excellent birding sites from ‘Salinas de la Mata’ and ‘El Hondo de Elche’ in the south, to ‘PegoMarsh’ and ‘Albufera de Valencia’ in the north. Now the really hot weather is behind us we will be planning future visits to these and other sites to observe autumn migration and the arrival of winter visitors to our region. The next outing will be planned according to membership availability on either the 18th or 19th October. If you have not contacted the group leader with your email address or telephone number and are interested in joining the group, please contact the Group Leader as soon as possible. Email address and telephone numbers on the activity list. Would current members please contact the group leader to inform him of their preference date for the October outing.

DINING GROUP : The Dining Out group visited El Negresco restaurant in Javea last Thursday evening and 17 of us had a very nice meal. Unfortunately El Negresco, which is a family run restaurant, is closing down as they are retiring so we are unable to recommend it to U3A members for the future. We are looking at several restaurants for our next night out on October 20th and the front-runner at the moment is a restaurant in Denia that we have used a number of times and found the food to be excellent. The Dining Out-group now has 44 members, which is pretty near the maximum unless we split it into two shifts.

GARDENING GROUP : The September meeting was cancelled because so many people were away. We need suggestions for the October meeting – please let me have some suggestions as what you would like to do, or names of people who would be prepared to show us around their garden and talk to us about their experience. Hopefully lots of people will be full of good ideas and enthusiasm and will have cuttings and seedlings to share with other members.

HOLISTIC THERAPY GROUP : The Holistic Therapy Group had some enjoyable meetings before the summer break. If you are interested in attending any future group meetings please contact the Group Leader.

PUBLIC SPEAKING AND DEBATING GROUP : Last season's Public Speaking Group has expanded to become the Public Speaking and Debating Group. It will meet every Tuesday in Javea Port from 1100 to 1230 commencing 4th October. The first meeting will debate "It is necessary to speak Spanish to live in Spain" as a not too serious start to the season. The next meeting will be on 11th October when the theme for the public speakers is "Tell a Story". The full programme should be available at the Branch Meeting. Contact the Group Leader.

TRAVEL : Terra Natura is the next trip, planned for Thursday 13th October, departing Rafalet at 09.15am, price including coach and entrance fee will be 25 euros per person, payable at the September meeting.

NOVEMBER Cuenca departing Wednesday 16th November, returning Friday 18th. En route to Cuenca we will visit a bodega at Requena. Two nights half board at Hotel Leonor de Aquitane in the old town of Cuenca. Thursday a coach tour of the surrounding area to include the nature park Ciudad Encantada. Friday morning will be free time in Cuenca, and after lunch depart for Javea, arriving at approx 6.00pm. Price per person 160 euros, single supplement of 50 euros.

NB not included in the price are the entrance fees to museums etc, which are usually a nominal amount, lunches and drinks.

SOCIAL LUNCH Wednesday 30th November (after the final meeting of the year). We have a provisional venue, which can take a maximum number of 50 people; price including limited drinks will be about 18 euros, which will also include some raffle prizes. Book early to avoid the rush

DECEMBER Christmas Shopping - so far the majority are keen to go to Valencia for the day, the price will be 10 euros for the coach, a date has yet to be set.

JANUARY We have been offered the opportunity to join the Calpe U3A on a cruise in the Caribbean. It is scheduled for the end of January. If anyone is interested they should contact Mike Frost.

You can reserve your place on any of these excursions at the general meeting, or by calling the Group Leader.

WINE GROUP : The next meeting of the Wine Group will be at the Divino Deli in Javea (on the Javea Ronda Sur, just a little back from the traffic lights at the Portal del Clot). Meet there at 11.30am on Wednesday 5th October. The meeting on Wednesday 2nd November will probably be in the new tasting room of J.L.Blasco in Teulada. Please call or email the Group Leader to confirm your participation.