

**UNIVERSITY OF THE THIRD AGE : JAVEA**  
(www.u3ajavea.org)

**NEWSLETTER SEPTEMBER 2007**

**Committee:**

**President** : Rosi Evans  
**Vice-President** : Mike Frost  
**Membership Secretary** : Angela Chantry  
**Treasurer** : Lin Jones  
**Secretary** : Pat Ainsley  
**Groups Co-ordinator** : Jackie Heaton  
**Deputy Treasurer:** Mick Cox  
**Deputy Membership Secretary** : Sally Wells  
**Deputy Secretary** : Joyce Pope

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**WELCOME EVERYONE - A few words from our President**

A very warm welcome to you all as we reconvene after the summer break.

I do hope that you are all revitalised and raring to participate in all the trips, lunches , garden fete and other events that we have arranged for your pleasure !!! There are some lovely trips planned, a car treasure hunt and of course our charity event, a Garden Fete on the 23<sup>rd</sup> October, so we hope to see lots of you during the coming months.

We welcome on Wednesday, at the Parador, Jacqui Phillips M.B.E, the President of Cancer Support Group (MABS) who will outline the work her charity does and this is the charity that the Garden Fete supports. We are also delighted to have as our Guest Speaker, Mark Petrie. Mark is the Honorary British Consul for our area and he will be on hand to answer all our many queries about life in Spain !!

Please keep all your ideas coming. We are holding a meeting for all the group leaders in October, so any thoughts can be put to them, or of course any Committee Member for discussion at the meeting. We have many new members and I'm sure they must have some thoughts, or would perhaps like to start a new group, please do think about it and let us know.

At our meeting in November, we hope to have on show, a selection of the work produced by some of our groups so this will give you all an idea of the talent amongst us !!!

As you can see, there is a lot happening so please do join in and most importantly, we hope you all thoroughly enjoy your membership.

**CHARITY GARDEN FETE – 100 ENTRANTS ONLY - MAKE SURE YOUR'E ONE  
!!!!**

**Tuesday 23<sup>rd</sup> October** is a date for your diaries. U3A Javea is running its first charity event.

Our chosen charity is Cancer Support Group (MABS). A group of people who have experienced cancer themselves and now help men and women who are affected with this illness. Their help runs from LISTENING (in English, Spanish, German, & Dutch) and talking, to providing electric beds, hoists, Zimmer frames etc. translations, driving people to  
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and from clinics for treatments and helping to allay any fears or concerns that occur during and after actual cancer treatment.

The charity has no real boundaries, but operates most strongly between Marbella and Valencia. Their President is Jacqui Phillips M.B.E. who lives here in Javea and we feel that with an illness like cancer which all of us are touched by at some stage we would like to try and help.

Along with helping this very worthwhile cause, we intend having a lot of fun at a typically English Garden Fete !!!

Retailers and Restaurateurs locally have been incredibly generous and we have some wonderful ( and numerous ) prizes . All entry tickets will be entered for prizes, 1<sup>st</sup> is a €175 car valet from Prestige Cars in Pedreguer, 2<sup>nd</sup> a €100 service voucher, 3<sup>rd</sup> Dinner at Restaurant Mesena value €80 and many more. Our 1<sup>st</sup> raffle prize is a €100 voucher for Spec Savers and again many more super gifts. Add to this, delights such as Frosties Famous Formula Froggies – only Mike Frost could have come up with this , Guess the weight of the cake: How many stones are in a jar ? How many elephants ( yes honestly !! ) are in the garden?, Name the doll, a garden party quiz and you will start to get a feeling for a fun afternoon. Angela will be running a bookstall and would welcome all donations of books ( fiction & non-fiction) and magazines – please bring them to the Parador on Wednesday.

Tickets are € per person which gets you in and gives you a glass of wine or similar refreshment. Thereafter, each drink will be €1 and the same price for a slice of cake or various other delicacies!!!

We start at 2:30 p.m. and finish approximately at 5:30 p.m. long enough for you to participate in **ALL** the delights that we have to offer.

Lin & Terry Jones have very generously ( and extremely bravely !! ) given over their garden for this event so please do come along and support us.

Rosi and Lin will be selling tickets on Wednesday 26<sup>th</sup> September at the Parador from 9:30 a.m. at € per person and raffle tickets at €1 each and € for 5 tickets !!! If we haven't sold out before the meeting, we will sell again after the meeting.

**PLEASE DO COME AND HAVE SOME FUN FOR THIS EXCELLENT CAUSE**

**Rosi Evans**

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**WE'LL HAVE A BALL !!!!!**

Just a date for your diaries.

We are delighted to announce that we have booked the excellent function suite at El Canor, Teulada for a U3A Dinner/Dance on **Friday 16<sup>th</sup> May 2008.**

Plenty of advance warning, so none of this “ Oh no, I'll be in England” !!!

**SPECIAL NEWS** – Family and friends are also able to attend, it is great to have the space to include people that would love to attend our events but perhaps are not members.

Cost to be advised – probably circa €35 maximum per. head. This will be non profit making and everything will be given back in food, drink, dancing or gifts to those attending. Of course, that is once we have paid for the food, drink and music !!!

We do hope that very many of you will attend.

**Rosi**

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## **MEMBERSHIP**

Following discussion as to how we might improve our method of collecting renewal subscriptions and payment from new members, the Committee has agreed to try out the following procedure at future meetings:

**There will be 3 separate tables sign-posted:**

**CHECK IN HERE** – for members who only need to have their names crossed off the entry list for fire regulation purposes.

**RENEWALS** – there will no longer be a renewals box. Your 12 euros subscription should be given to the person at the table who will sign against your name on the renewal list that you have paid – it will speed up the process if everyone brings the correct cash payment. The list showing members whose renewals are outstanding, and also the list showing members who are due to pay that month, will continue to be posted on the notice board. If you are not sure when your subscription is due please email me, or you can check with the Group Leader of the activities which you attend as each Group Leader is sent an updated list every month of the current membership, including date of joining.

**NEW MEMBERS** – names will be checked against the list of persons invited that month to join the Javea U3A from the waiting list; the membership form will be completed, payment taken and membership card given.

If you have personal details that you wish to update, please ask for a “change of details form” at the **Check In** table, where you will also find a box containing membership cards which have not yet been collected. Cards are only issued once, but please let me know if you require a replacement if your card has been lost or damaged. The waiting list for prospective new members will continue for the present, and names can be given to any Committee Member, or email to [angelachantry@gmail.com](mailto:angelachantry@gmail.com). Thank you for your continued co-operation.

**Angela Chantry – Membership Secretary**

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**BIRD WATCHING:** Now that the really hot weather is behind us, our late autumn/winter programme will commence on Wednesday, 10<sup>th</sup> October, with a visit to Pego Marsh and surrounds.

For those who have yet to visit this site, the walking is easy, i.e., it is completely flat and on a graveled path that should be dry. In order to watch birds, we also walk at a leisurely pace. However, there are no hides to protect birders from inclement weather, so bring suitable clothing for the time of year. Please feel free to bring sufficient food and drink to enjoy during the walk.

The group will meet outside Barclay’s Bank, Javea Park, at 8.00am (park in the new parking bays to the rear of the bank) and travel on to the marsh from there. Sharing of cars saves on

fuel costs, limits the number of vehicles requiring parking space and encourages friendships! Anyone requiring a lift from Barclay's Bank should inform one of us beforehand – this can usually be arranged. With the new Ondara by-pass now open, the drive to the marsh takes only 20-25 minutes from Javea. Anyone wishing to meet the group at Pego Marsh should contact one of us beforehand to make arrangements.

We can expect to see 30 to 40 different bird species during the visit.

The group should return to Javea by 2.30pm.

Anyone new U3A members interested in joining the birding group should contact the group leader, preferably by email. No previous experience is necessary, but a pair of binoculars is essential to take full advantage of this hobby.

**CAR TREASURE HUNT MONDAY 3<sup>RD</sup> DECEMBER 2007:** Just to let you know this is the date for the Treasure Hunt. No racing or rallying, just pretty scenery, a good lunch and a chance to win a prize for answering correctly the most clues en route. All details in next month's news sheet.- **Rosi Evans**

**CLASSIC CARS:** For members who are enthusiastic about Classic Cars and wish to meet other people with a similar interest. The term "classic" generally means cars of all types of a particular period, broadly the 1940's to the mid 1980's, but cars of an earlier period or interesting later vehicles also come within the scope. At present we do not have enough Members of U3A to justify separate meetings, but there is The Marina Alta Classic Car Club which has approximately 100 members with many and varied cars and they enjoy a social/rally event, in our area about once a month.

**CRAFT:** We meet every Wednesday afternoon from 2 pm onwards making greetings cards mainly. We have also made beads from clay and newspaper etc. If you want to try embroidery, macramé or cross stitch etc why come along and have a go as we have plenty of places.

## **CULTURAL ARTS:**

### **Tuesday 30<sup>th</sup> October: "The Three Musketeers"**

Performed by the Ballet Clasico Nacional De Rumania (42 dancers), adapted from the novel by Alexander Dumas. 20.30 p.m. at the Teatro Principal de Alicante, 120 mins (with an interval). Tickets: 36 euros (ground floor), plus 10 euros for coach. Coach will leave El Rafalet at 18.30 p.m. Payment required today: 45 euros.

### **Tuesday 30<sup>th</sup> October to Saturday 3<sup>rd</sup> November: "Five Blue Haired Ladies..."**

Performed by The Javea Players in the Studio Theatre, commencing at 20.00 p.m. Seats, priced at 6 euros, can be booked through Penny Grant on 966471415 or 630443335.

### **Sunday 11<sup>th</sup> November: "Stomp" the Musical**

A unique percussion and dance show, founded on the simple idea of using ordinary objects to create extraordinary rhythms, which has been performed to more than 9 million spectators around the world. 17.00 p.m. at the Teatro Principal de Alicante, 100 mins (with an interval). Tickets: 30 euros (ground floor), plus 10 euros for coach. Coach will leave El Rafalet at 15.00 p.m. Deposit required today: 30 euros.

Further information on the above, and other classical concerts, can be found on our website [www.u3ajavea.org](http://www.u3ajavea.org)

**Dine and Dance:** For all members who enjoy a dinner followed by dancing to popular music – no wallflowers please! The first dine & dance will be at Las Brisas Restaurant on the Jesus September 2007

Pobre Road, on Saturday 6<sup>th</sup> October, with music by *Double Impact*. Meet in the restaurant at 8.30 p.m. Cost 20 euros pp (current offer price of “4 dine for the price of 3”). Further information/names to Angela by 29<sup>th</sup> September latest – pay on the night. [angelachantry@gmail.com](mailto:angelachantry@gmail.com)

**DIGITAL PHOTOGRAPHY:** At the July meeting members explored a tutorial on photographic composition. Notes from the meeting and the web site, where the tutorial can be found, are on the group’s section of the U3A web site, together with photographs from previous and current projects. The project for July was based on the group’s visit to the hidden valleys of Beniarez and these photographs were critically examined in the light of the tutorial.

**DINING-OUT:** To be advised

**GARDENING:** After our first season we have a healthy membership packed with lots of experience and knowledge and we have shared some beautiful gardens, ours and visited ones.

We have an idea to put the experience into a book entitled “Economic, Easy Mediterranean Gardens “. It's a book we want now but the realisation will take time.

Discounts at Viveros Chorro are 10% with cash, 6% with credit card and show your U3A card. There is a U3A card behind the desk on the noticeboard.

**GENEALOGY:** At the September meeting of the group, members shared any “finds” that they had made over the summer. This included photographs of grandparents, medical records of ancestors and census returns.

The new series of “Who do you think you are” is currently being shown on BBC1 on a Thursday evening and this is our website of the month:

[www.bbc.co.uk/history/familyhistory/](http://www.bbc.co.uk/history/familyhistory/)

The next meeting will be held on Tuesday 16<sup>th</sup> October at the usual venue at the social centre at 2pm. The topic will be looking at Irish and Scottish links to finding your ancestors led by Helen.

**HISTORY GROUP:** The history group now has 78 members, many of whom have supported the group for more than 2 years. We have presentations from volunteer speakers on a broad base of subjects and eras, which keep the group lively and interesting. Forthcoming presentations are as follows.

*Friday 28 September*, 'The life and work of the Catalan architect Antoni Gaudi', presented by Peter Atkinson.

*Friday 26 October*, 'The Great Enterprise featuring the invincible Armada', presented by Clive Hedge.

*Friday 30 November*, 'Oliver Cromwell - hero or villain', presented by Fred Crowson.

All of these presentations will take place at the Grand Café, Toscamar at 2.30 pm. However, the venue for October and November could change, so please check.

We also have a small lending library of history books, magazines and DVD’s. I would like to thank Mike and Katrina Frost for the generous donation of 14 books.

Anyone wishing to join the group, give a presentation, donate books, or participate in any other way, will be most welcome.

If you hated history at school, think again! We have fun!

**LIVING GLUTEN FREE:** Individuals who are gluten intolerant and therefore need to follow a life-long gluten free diet have an autoimmune disorder called Coeliac Disease. Our medical treatment is our diet and this group is designed to assist others like myself in coping with such a regimen on a daily basis, locating suitable alternative foods and recipes and how to avoid dietary mistakes when eating outside of the home environment.

In response to comments made about the general lack of awareness of the wider “food problems” facing the person on a gluten free diet when dining out in restaurants, or with those brave enough to cook for us, below is repeated the first in a short series highlighting the less obvious sources of gluten.

### *Soy Sauce (salsa de soya)*

Soy sauce is one of the world's oldest condiments and is made from fermenting a mixture of mashed soybeans, roasted wheat or barley, brine and enzymes. Owing to the use of wheat or barley the resulting liquid contains gluten and is therefore on our “banned list”. In practice this means that eating in Chinese restaurants becomes a nightmare and best avoided as are off-the-shelf bottled, canned or otherwise packaged oriental ready to use sauces. So please, spare a thought for your gluten free or wheat free guest and choose an alternative venue or party menu. Thanks.

**MAH JONG:** The Mah Jong group has already started meeting. We met on the first Wednesday of September. We will continue to meet at the Grand Café, Toscamar at 7.30 p.m on Wednesdays.

**MEDITATION: (Guidelines)** Our group is not connected, nor inspired by, any religion, sect, philosophy or creed. Our aim is to learn to be more relaxed and focused in everything we do and to learn to cope with stressful situations. We meet every Friday morning from 10.30 to 11.30 in the Social Centre situated at the back of the Health Centre in the old town (1st floor, room at the end of the corridor). Members should feel free to arrive late and leave early.

**VERY IMPORTANT** – people who would like to join the group should ring the group leader first to learn a few basic rules about the technique.

In between the meditation sessions, people should feel free to talk about anything but it is better to avoid very sad, negative or contentious subjects that could distract other members during the next session. If one Friday the group leader is not present other members can lead the mediation in turns.

**PETANQUE:** We meet at - Bar Sheila, 146 Cra La Guardia, known locally as "Charlie's Bar". It is situated between the tennis courts and the restaurant L'Echalote on the Costa Nova road (just along from the hairpin bend on the right-hand side) Same day and time as usual - Thursday afternoon - quarter to 3 for 3 o'clock start. If any new members are interested or any members not sure of the location please ring group leaders. Look forward to seeing you then.

**SCRABBLE:** This group meets at 2.30 pm on Fridays. The new venue is Meson de Paco, Carretera Benitachell. All are welcome.

**SHARE TRADING:** The aim of the Group is to help each other find a system that will ensure profits at least 80% of the time, and minimise losses. This is not an Investment Club where buy/sell decisions are made by majority vote. Each member goes away and makes his own decisions, but advises the other members the results.

At present the Group is full, but if anyone would like to be a member, please contact the Group Leader, by email to be put on the waiting list.

**SNOOKER:** I am pleased to be able to say that this Section goes from strength to strength, with 13 members turning out for last week's session. We meet at JASPAS, which is the new name for Lacey's, at Cabo de la Nao at 11.30 each Friday. We have the use of 2 or 3 tables as the numbers dictate, and the weekly cost does not normally work out to be more than €6 per Member. New Members are always welcome. The Section has the tables from 11.30 until 2.30.

**SOLO ON SUNDAYS:** Don't spend Sundays alone, it is not good for you! Join us for Sunday Lunch and meet new people and make new friends. We try different venues and anyone is welcome to suggest a Restaurant of their choice, so come along and see for yourself. We are a small group and we don't bite!

**SPANISH CONVERSATION:** Spanish Conversation started again on 17th September, although there are still a few members currently "overseas". Group 2 has started with two additional new members.

#### **TRAVEL GROUP :**

*Thursday, 27th September* - Valencia for the Titanic exhibition and IMAX cinema. Fully booked. Coach leaves Rafalet 9.30 am. Organiser Pat Wykes.

*Tuesday, 9th October* - Barcelona, 3 nights 4 days including a trip to Montserrat. Coach leaves Rafalet 9.30 am. UNEXPECTEDLY there are 2 spaces now available - price 320 Euros per person - if you are interested in going please contact the organiser, Mike Frost.

*Tuesday 16th to Thursday 18th October* - Mountain walking in the foothills of the Monduver Mountain. Fully booked. Balance of payment today please. Organiser Angela Chantry.

*Friday 16th November* - Benidorm Palace. Fully booked. Coach leaves Rafalet 7.15 pm. Payment today please. Total price 58 Euros to include deluxe meal and all gratuities. Cheques only please. Organiser Larry Sherrington.

*Monday 26th November* - Day trip to Ikea and nearby shopping centre. Price 10 Euros. Depart Rafalet 09.30 am, arriving back at Rafalet 6.00 pm. Organiser Larry Sherrington. Expressions of interests today please, payment in full at the October meeting.

*Wednesday 28th November* - social lunch at Las Brisas following the final meeting of the year. Price 15 Euros to include 3 course meal, half a bottle of wine per person, bottle of water, coffee, tip and raffle prizes! Organiser Mike Frost. Expressions of interest today, payment in full at October meeting.

*Thursday 29th November* - Xmas shopping in Valencia, to visit the new shopping centre behind the Oceanographic. Expressions of interest today, payment in full at the October meeting. Price 10 Euros. Organiser Mike Frost.

**Saturday 8th December** - Xmas Dinner Dance, Spanish style at Venta de Posa, near Denia. Price 30 Euros to include cava on arrival, dinner with half bottle of wine and water, and live music for dancing. Organiser Pat Wykes. Expressions of interest today, Payment in full in October.

**PLEASE NOTE** - travel organisers will be at the Parador on the days of the meeting from 10.00 am to collect any monies for the trips in an effort to reduce queuing after the meeting.

**Cheques** - please note that we need a separate cheque for each trip that you book. At the present time we are unable to accept money transfers in payment.

### **\*I M P O R T A N T\***

**PLEASE note** - for the foreseeable future we will only accept cash up to **49 euros** per person, and anything over must be paid by cheque made payable to:

#### **ASSOC SOCIAL DE LA TERCERA EDAD DE JAVEA**

As Spanish cheques do not have the holder's name printed on them, would you please print on the back of all cheques your **NAME** and **THE NAME OF TRIP OR TRIPS** being paid for.

### **GUESTS**

In future we propose that non-members only be allowed to join a trip when we are sure that there are no more members wishing to go.

**TRAVELLERS' TALES GROUP:** Our next meeting on Tuesday 9<sup>th</sup> October will be the first in our new venue, the **Art Centre** in Javea, and will be an illustrated talk on **Cuba** by Brian Walthew. Arrival at 3 p.m. for refreshments, with a 3.30 p.m. start. There will be a charge of 2 euros pp on entry, which will include coffee/tea or soft drink, and biscuits. All existing members have been emailed directions, and if you would like to join us, please ask today for a map.

**WALKING:** Our first walk for the autumn will be on Thursday 4<sup>th</sup> October. Meet 9.30 a.m. Tourist Office Car Park, Benitachell, opposite Mas y Mas. Please make sure you have ample water, refreshments, and comfortable walking shoes/boots. Telephone the group leader if you have any queries.

**WATERCOLOUR PAINTING (BEGINNERS):** This activity has proved to be very popular. The course is designed to teach the basic practical skills of watercolour painting and does it in such a way that students are able to take home simple pictures, even after their first lesson. Colour mixing, perspective and tonal balance are also discussed, together with rescuing mistakes during painting. A maximum of 4 people can be catered for at a time and prospective students can request a list of brushes, paints, paper and so on ( an approximate cost of materials is €60) if they contact the Group Leader via telephone or after the monthly meetings. Sessions normally take place Monday or Tuesday mornings for approximately 2 hours.

**WATERCOLOUR PAINTING (INTERMEDIATE):** This group is at present is fully subscribed. Contact Group Leader.

**WINE GROUP:** We had probably one of our best meetings last Wednesday at Caffe 5 Mentarios where I gave 2 talks , one on corks and their alternatives, and the other on the September 2007

wines of Toro, which we tasted afterwards. Very strong, one was of 15 Degrees, but very nice wines. I have the feeling that this event may be repeated in the not too distant future. The next meeting will be at the same venue on Wednesday 10 October at 12 noon when the subject and tasting will be the wines of Galicia

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### **THOUGHT FOR LIFE !!!!**

Life should not be a journey to the grave with the intention of arriving safely in an attractive and well preserved body.

Far better to skid in sideways, chocolate in one hand, a glass of wine in the other, body thoroughly used up, totally worn out but screaming –  
WOO HOO WHAT A RIDE!!!!

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### **SUGGESTIONS / INFORMATION**

#### **1. WORTH CHECKING OUT !!!!!**

A little while back, our Member John Atkinson, spoke with Mark Petrie Insurance Brokers and since then we have been in negotiations with Mark & Liberty Seguros, a large American Insurance Co. who some five years ago took over Royal & Sun Alliance in Spain.

As a result of these meetings, we are delighted to be able to offer you all, car and household insurance with a very attractive discount.

Liberty Seguros, through Mark Petrie, has offered our members 15% discount off the normal household policy price and 15% off the normal car insurance policy.

All policies are written in English. In the event of a court case following a car accident, Liberty will provide an English speaking agent and again for any car damage/valuation assessment an English speaking agent will be on hand to assist you. The household policy will include accidental cover in your home and also all risks for listed special value items such as jewellery. Both are unusual in Spain.

We are also very interested in a Health policy that Mark offers which may be available with a discount in the future - Watch this space !!

If you are looking to renew your car or household policy you can contact Mark or his colleagues who are all English speaking at their office on Avda. Marina Espanola 24 , next door to La Esquina Cocktail Bar on the Javea Sea front in the port or telephone 96 579 3712. If Denia is closer for you, the tel. number to use is 96 578 1815 /0757.

Ask for a quote, mention that you are from U3A Javea and the discount will be deducted. Mark Petrie will check all names with me to ensure that discount given is to bona fide paid up members of U3A.!!

We do hope that you find this beneficial and thank you to John Atkinson for getting the ball rolling !!

**2. Telephone calls:** So as to avoid extra costs to the U3A for phone calls, we have chosen to adopt a policy whereby it is the responsibility of the individual members to contact group leaders and committee members. You are requested to call again instead of leaving a message asking for someone to call you back.

**3. Newsletter:** Every effort is made to have the latest Newsletter on the website and emailed two days before the general meeting. This way you can obtain advance notice of any excursions and would be able to bring sufficient funds for deposits etc.

**4. Membership:** For your information each month we send an up-to-date list to group leaders for them to confirm membership details at their meetings. **N.B.** Husbands and wives both need to be members!

**5. Refunds:** We have a policy of no refunds for the travel bookings. We keep our prices as low as possible and sometimes giving a refund could result in a loss. We do try to resell the place if possible, and would then of course refund the money.

**6. Discounts:** We have obtained a 10% discount on glasses at Conchita Lopez Centro Commercial Javea Park, and also at Bookworld Espana. It is important that you advise the staff of your discount claim at the start of any purchase.

There is a Health Products shop called TERRA VERDA, in Javea Port, in the pedestrian area opposite the Tourist Information office and is next to Café D'Art. It is understood that discount will be available for U3A members.

**LINEA DIRECTA** has made the made the following exclusive offer to the U3A.valid until 15/03/08.

Any member calling for a car insurance quote mention the name U3A Javea and Breakdown Assistance and a Courtesy Car will be included free when you take out a motor insurance policy. with them.

The telephone number is **902 123 142** and they are English speaking.

**7. Insurance:** Members are reminded that as has been announced on previous occasions, they are responsible for their own insurance. U3A Javea is not liable in any respect for any loss or injury that may be suffered by Members whilst participating in the Association's activities.

**8.** We value your opinions about the running of the U3A but we need you to put your suggestions in the Suggestion Box or via the web site on the "Contact Us" page.

**9.** We still have a Book Swap box – How it works!!

Bring a book and swap it for another, if you bring several books then you need to take several books out, the idea is we are not left with lots of spare books that are difficult to transport and store. Hope you all enjoy this idea.

**10.** If you cannot attend a Group meeting that you have previously indicated you would attend, can you please let the Group Leader know

**11. POOL 'BOYS':** Gunitec (next to Lidl in Javea) have agreed to a 10% discount on swimming pool materials subject to your showing your U3A membership card.

**12. GO KARTING** If there is enough interest in this activity Chris Garwood would organise this fun event. If you are interested you can contact Chris on tel. 96 649 1927 (email: karting@u3ajavea.org) or see Jackie Heaton.

**TRAVEL**

**REGISTRATION OF INTEREST**

**PLEASE PRINT**

Name 1 .....

Name 2.....

I am definitely interested in

.....  
and will pay a deposit when required.

OR

I might be interested in

.....

Suggestions for further trips .....

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**CONTACT DETAILS IN CASE OF EMERGENCY ON OVERNIGHT TRIPS**

I/We

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Traveling to

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On .....

Confirm that

.....

has agreed to act on my/our behalf in case of emergency. The contact details are :

Telephone no (including country code if not Spain).....

Mobile no (including country code if not Spain).....

email.....

(whichever are applicable)