

UNIVERSITY OF THE THIRD AGE : JAVEA

(www.u3ajavea.org)

NEWSLETTER September 2008

Committee:

President : Rosi Evans

Vice-President : Shirley King

Membership Secretary : Angela Chantry

Treasurer : Lin Jones

Secretary : Pat Ainsley

Groups Coordinator : Elizabeth Collins

Deputy Treasurer: Mick Cox

Deputy Membership Secretary : Sally Wells

Deputy Secretary : Joyce Pope

Today's guest speakers are Sally Skelton and Kika Mata (Social Services).

WELCOME BACK

Hello Everyone and welcome back to Javea U3A !!

We've all missed you, but hope you've had a very enjoyable summer, whether you stayed locally or ventured further afield. It was a warm and sunny August, but to be fair that's why we're all here and personally I found it very pleasant. A few visitors staying but not too many trips to Alicante Airport, thank goodness.

Your committee has beavered away through the summer and particularly the Travel Group under Mike Frost's guiding hand has some super plans for 2009, yes, it's not that far away.

We had a very enjoyable Charity Garden Party in September but read the full report of that further on in the newsletter and now we have to start thinking about Christmas!! There's only 68 shopping days to go and we're bound to see that number reduced by fiestas!! Having spent € 79 sending Christmas cards to the U.K last year, I found a cheap flight in late November & persuaded John (also known as "D.B"!!) that it is far more cost effective if I shop & post in the U.K. John generally finds 5 minutes on the M25 and 10minutes in Marks & Spencer more than sufficient to send him running back to Spain so it wasn't too hard a sell, so no parcels for me to send off this year I'm glad to say.

I look forward to seeing you at the Parador meeting or perhaps at some of the events between now & Christmas.

Meanwhile – **WELCOME BACK**

Rosi Evans.

2009 NEW COMMITTEE

Members will recall that in March the statutes will be changed so that no one serves for longer than three years on the committee. The thinking behind this was to ensure that your present committee will not still be serving on their Zimmer frames & also to have a new supply of ideas coming in. Left to our own devices, no one was standing against us and no one was resigning a not very healthy situation.

I'm delighted to say that we now have members who have put their heads above the parapet and are starting to shadow & learn how we operate in all the positions. Consequently, the closing date for applications to join the committee will be Wednesday 24th September.

Over the next couple of months, we will ask members to vote for these people. However, be assured that none of us will immediately disappear into the distance, we are all prepared to help out whenever required. That said, we've got a really good bunch of applicants to look after us all should you choose to elect them.

COMMITTEE ELECTIONS

Angela Chantry – Membership Secretary and Joyce Pope - Deputy Secretary are both resigning from the committee at the end of September. An election will be held at our October meeting to vote for their replacements. Wilma Stevenson is standing for Membership Secretary and Sue Bentley is standing for Deputy Secretary any further applications for these posts must be submitted in writing before the deadline of Wednesday 24th September. **Rosi Evans**

JAVEA U3A CHARITY GARDEN FETE IN AID OF HELP

Tuesday 16th May dawned bright and fair, a great relief to the organisers of this year's charity Garden Fete.

Our venue was the delightful home and garden of our members Marie and Sean Smith and we can not thank them enough for being so welcoming and such perfect hosts. It's a pretty brave couple that let some 150 members tramp all over their garden and still keep a smile on their faces, but Marie and Sean did that with perfect grace and the result was a great success.

We had all the usual stalls, cakes, bar, books and of course, a good selection of nonsense ones. Splat the Rat – poor Rowland, Guess the Weight of the Cake, Madam Piera Fortune Teller, General Knowledge Quiz, Garden Quiz, The Doll's Name & How many balloons in the car so kindly provided by 1car1 rentals, so there was no shortage of entertainment for members to spend their money on and how very generously they did. The Garden Party committee, consisting of Shirley King, Angela Chantry, Elizabeth Collins and yours truly were all reconciled to a lower sum than last year. We had to accept that with a 20% drop in our exchange rate, an increased cost of living and a very unsettled financial situation we could not expect to achieve last year's results **BUT** we had reckoned without you and your generous support. The final total raised was **€ 3,520 : 40** a truly great figure reflecting all the very hard work done by our helpers, the generous gifts donated by local retailers & restaurateurs and of course our hosts delightful venue.

A very, very, big thank you to everyone who worked so hard to make this happen and a very, very, big thank you to the members who supported it so generously. We hope to present a cheque to Pat Lee-Patton, **HELP'S** President on Wednesday at the Parador. **Rosi**

“HEALTHY LIVING IN SPAIN”

A one-day Seminar has been planned for Wednesday, 18th February 2009, with the aim of providing an interesting and informative programme of talks on various topics relating to *healthy living in Spain*. Venue: the Parador Hotel. Cost: 10 euros pp to include coffee/tea during the morning and afternoon breaks (own arrangements for lunch); booking and payment to Organiser - Angela Chantry

Programme

- 10.30 a.m. ***Introduction to the Seminar*** (Angela Chantry)
10.35 a.m. ***Holistic health*** (Tricia Essery)
10.55 a.m. ***Health walking*** (Shirley King)
11.10 a.m. ***Meditation & mental well-being*** (Piera King)
11.30 a.m. --- coffee/tea ---
12.00 p.m. ***“Super foods” - myth or magic?*** (Angela Chantry)
12.30 p.m. ***Caring for your skin, Signs & symptoms to look for*** (Dr. Rudd Valks, Dermatologist)
1.00 p.m. ---- lunch ----
2.30 p.m. ***Ageing healthily*** (Dr. Bernard Willis)
3.00 p.m. ***“Body maintenance” for Healthy knees and joints*** (Gilly Macnally)
3.30 p.m. --- coffee/tea ---
4.00 p.m. ***Healthy living from your garden or apartment terrace*** (Dick & Clodagh Handscombe)
4.45 p.m. ***Questions and conclusion*** (Angela Chantry)

MEMBERSHIP

IMPORTANT - CHANGE TO THE WAY IN WHICH RENEWAL SUBSCRIPTIONS WILL BE COLLECTED STARTS THIS MONTH!

Members whose subscriptions fall due between Sept-Dec 2008 are required to pay pro-rata for the remainder of this year + next year's subscription:

September: 4 euros + 12 euros for Jan to Dec 2009

October: 3 euros + 12 euros for Jan to Dec 2009

November: 2 euros + 12 euros for Jan to Dec 2009

All the remaining members whose renewal subscriptions are due between Jan-June 2009, will be required to pay them in January 2009 – again on a pro rata basis according to your normal month of renewal. So for example, January will be the normal 12 euros, February 11 euros, and so on. If you are not sure when your renewal is due, please ask either myself, or at the Renewals Desk on entry to the general meeting. Please have the **exact cash** ready in an envelope before you arrive – having to give change just makes the process longer for everybody. The January meeting will take the form of a **“Groups & Activities”** morning – with no speaker – and you can drop in at any time between 10.00 a.m. to 12.30 p.m. to meet the various Group Leaders and to pay your subscription at any of the renewals tables – a team of Committee Members/helpers will be on hand to collect your money. If you cannot come yourself, please ask a friend to pay on your behalf. Any **LATE** subscriptions will be collected prior to the February meeting (outside of the hall), but you may well find yourself having to queue. Please note that we will be adopting a stricter policy towards prompt payment of renewals and February will be the last opportunity – after which membership will be withdrawn (the exception being cases of serious illness, where the Membership Secretary has been informed).

The waiting list: all those on the waiting list have been invited to attend a special meeting in the Parador on the 9th October, at which time they will be enrolled as “Associate Members” of the Javea U3A. This will enable them to participate in travel outings, groups/activities, and to benefit from the discounts offered. However, the new members will not be able to attend the monthly meetings at the Parador until we are able to gradually absorb them into the general membership (when members leave). We are planning to organise more travel trips, and will be encouraging Associate Members to establish new activities or groups which will run parallel to an existing one (which may already be fully subscribed), for example, a second “Dining Out” group

A REMINDER TO ALL MEMBERS: Changes of email addresses, telephone numbers, etc., should be notified direct to Angela Chantry. Names for Associate Membership can be given to any Committee Member, or email to angelachantry@gmail.com – Membership Secretary

JO QUINN

We are so sorry to report the death on Friday 1st August of our member Jo Quinn. Jo died at Denia Hospital after a relatively short illness, with her family around her. Her cremation took place in Wales, but there will be a Memorial Service for her in the future, here in Spain and members will be welcome to attend. We extend our deepest sympathy to her husband Leighton and to their son and daughter. Rosi Evans.

GROUPS INFORMATION

Elizabeth Collins – Groups Co-ordinator

The next visit to the Desalination Plant in Javea will take place on Wednesday, 1st October at 10.30am and 24 members are expected to attend.

List of Groups

You will see from the List of Groups that we no longer have the Living Gluten Free Group. In future you will not find an article on this subject in the monthly Newsletter. Our thanks to Jools Freeman for all the information she has provided to us in the past.

Please note that two of our groups have changed their names – Genealogy to Family History Group and Agenda 21 Information to Let’s Talk Javea. In addition, we have a new group – Foodies and a new Travel leader – Diane Ord.

Book Swap

Please think about whether you wish to have a book swap at the Parador meeting. I shall be asking for a show of hands to indicate if this service would be used.

Dancing

Although not a formal U3A group – please note that Amanda Bright will no longer be running the Wednesday evening dance class which some of our members attended earlier in the year. She will be running a morning session of Latin and Salsa type Line Dancing. Please contact Groups Coordinator if you would like Amanda’s contact details.

Forming New Groups

In June I asked you to think about any subjects in which you have an interest and might be willing to try leading a group. Please contact me if you would like to discuss this – you will be under no commitment, but may find someone to share your interests.

PARADOR REMINDER

Please remember that the Wednesday monthly meeting is strictly for members of Javea U3A only. Regrettably lack of space does not permit the attendance of friends or guests at this event.

Javea U3A Short Story Competition

We are running a second short story competition and hope that many of you will stimulate your imagination and put pen to paper.

1. The subject is : 'CASTLE'.
2. A maximum of 2500 words typed with double line spacing and numbered pages.
3. The author's name, story title and the word count to be provided on a separate sheet to ensure anonymity during judging.
4. Entries to be given to Sally Wells by 30 September 2008.
5. First prize is a €50 book token.
Second prize is a €30 book token.
6. Please contact Sally Wells if you require further information.
7. The winners will be announced at the November meeting.

Monday 27th October – *Walking Treasure Hunt*

You are invited to take part in our third Walking Treasure Hunt, which will take place in and around Teulada. You will be grouped into teams of four, so come and join us either as an individual, a pair, or as a ready-made team! The walk will be approx. 2 km, and take around 1 hour 45 minutes. It will introduce you to some interesting parts of the town that you may not know. A refreshment stop will always be close at hand, and solving the clues will lead you to a restaurant for the menu del dia lunch. Start time 11.00 a.m. in Teulada – details of the meeting point will be given on booking. Cost, including 3 course meal with wine or water, 15€, with prizes for the winners. Further details from Paul tel: 666104391. Full payment at the Parador meeting on Wednesday, 24th September. Organisers: Pat & Paul Pruden

BIRD WATCHING: Contact Goup Leader

BRIDGE GROUP: Contact Group Leader for further details.

CARD GAMES FOR PLEASURE: Anyone interested in joining us for easy card games, such as Whist, Australian Rummy, Kaluki, kindly contact Group Leaders Ivan and Shirley Humphrey, or via Elizabeth Collins. We hope to start second week of October for 2 hours 6-8 p.m at Javea Social Centre in the Old Town.

COMPUTER SELF-HELP GROUP: Programme underway again, meeting approximately fortnightly. Although the Group is currently "full", if you wish to be added to a waiting list please contact the Group Leader. An alternate group could also be considered if there is sufficient interest - and a potential Group leader. Anyone willing to lead a new group, contact Tom Stevenson for information and advice.

CRAFT: Contact Group Leader.

DEBATING GROUP: Please contact Group Leader.

DIGITAL PHOTOGRAPHY: The next meetings of the group will be on 30th September when Sue Bentley will introduce the work of a photographer. The meeting will take place at 2.15 at the Centro Social, Javea pueblo.

On 8th July members of the Digital Photography and Gardening groups visited the Jardin Escultorico at Alfaz del Pi. A competition is being held for the most original photograph taken on this day. Please hand your photographs in to Liz Collins at the U3A meeting on 23rd Sept, or bring them to the Gardening Group meeting on 25th September or the Digital Photography meeting on 30th September. Entries should have name, telephone number/email on the reverse.

For the programme of activities for the coming year see the web site.

There is currently one vacancy for this group. Please contact the group coordinator via the link on the web site to discuss availability. Members should be prepared to contribute to the group's programme.

DINE AND DANCE: The next event is provisionally booked for Saturday 11th October in Moraira but details have yet to be finalized and it will depend on enough support and availability. Contact group leader for details.

DINING OUT: Contact Group Leader.

FAMILY HISTORY:

This is the new name for the Genealogy group, which we think more accurately reflects what we are about. It is not just about tracing our family trees, but about understanding the social conditions and way of life of our ancestors.

We got off to a good start this month with an excellent talk by Vivienne, who through tracing her ancestors, started researching workhouse and orphanages and then discovering the grim story of how unwanted children were exported to the colonies.

Websites of the month: www.workshouses.org.uk and www.missing-ancestors.com

The next meeting will be held on Tuesday, 21st October at 2.30pm at the usual venue of the Social Centre in Javea when Robert is going to talk about three generations of the Broadfoot family. New members please contact group leader for further information.

FOODIES GROUP:

'Foodies' is a group of people who share an interest in various aspects of food, from shared tastings, to recipe exchanges, tips, new ideas, origins of foods, social aspects, in fact anything that comes under the vast topic of Food. Too much to condense into a little paragraph. We will be meeting each third Thursday of the month at 10.30 am at 'Marples' Avda. del Fontana 70. No charge for the room but it is expected that everyone will buy at least one drink, be it coffee, water etc. To celebrate the group's inauguration we are holding a tapas event at 5pm on Thursday October 16th at 'Marples'. Can you could let me know preferably by email if you will be coming. It is open to members of the Foodie group and we would ask that you bring an easy to pick up and eat without utensil tapas for 6 people to share fi you are a couple double that please. (It can be home made or bought) Also please purchase a drink from the bar. Any platters or plates need to be collected before you leave. The next regular meeting will be at 10.30am in Marples on the 20th November; the topic (suggested by our new member Steve Collins) will be 'Soups'...rather like the super pepper meeting, you can bring tasters, recipes, ideas or just comment, question, whatever. Please take note that this month in Javea there are some "Foodie" events. On the 27th/28th September there is a repeat of last years Tapas Tasting in the old town. In the Sports Centre again in Javea on the 11th/12th October is the Javea Fair, food features a little along with other interests.

GARDEN CLUB: Garden Group will be meeting on Thursday 25th September at 16:00 in the first floor meeting room at the Javea Social Centre, when events for the next 10 months will be outlined. After this there will be a discussion on various garden pests and how members have tried to overcome them, (and in many cases succeeded). All members are urged to attend if at all possible.

HEALTH WALKING: Contact Group Leader.

HISTORY GROUP:

The next presentation to "kick off" our next thrilling season is as follows:

Monday 13th October

To be presented by Clive Hedge at the Javea Player's Studio at 14.30.

Subject : " The extraordinary life of Commander Charles Herbert Lightoller DSC and Bar, RD, RNR"

Those of you already in the Group please note the change from Friday to Monday (still to be confirmed). I will send you more details re this one because has a certain "something different!!).

If you want to join the group please contact Sally Wells, Group Leader.

INFORMATION TECHNOLOGY (IT) PARTNERS GROUP A number of people have now been supported in using software. Thank you to those who have given their names as contacts. We still need offers of help for software such as word processing, spreadsheets, email and Internet use.

If you would like help in any of these areas, or if you could offer help with other software please contact Dodie Hodgkinson on IT.Partners@u3ajavea.org See the web site for a proforma for information.

NB Computer repairs do not come within the scope of this group, and hardware issues can be addressed through the IT Self Help Group.

LET'S TALK JAVEA!

Interested in what's going on (or not going on!) in Javea? Like to put your point of view across? Then why not come and join our friendly group, who meet on a bi-monthly basis, and find out what your local Javea town councilors are getting up to in the old town, the port, and the Arenal.

Ah, but you have "no power", I hear you saying! Remember the little acorn that grew into a mighty oak over the course of time – first we must all work together to plant that seed!

Our next meeting: Wednesday 22nd October at 5pm in the Javea Social Centre.

Find out more about us on www.u3ajavea.org or contact Tim Ladd Group Leader.

MAHJONG: The Mahjong group has already started the meetings as usual at the Grand Café, Toscamar, Javea on Tuesdays at 3.00 pm.

MEDITATION AND MENTAL WELLBEING: Meditation is now on **Wednesday** morning at **10:45**, same place. The day of the monthly meeting there is no meditation.

MUSIC 4 U GROUP: (Popular Classics). Contact Group Leader.

PETANQUE: Hope you all had an enjoyable summer. We are now back playing at the much improved courts at Café L'Echalote, Costa Nova (formally Charlie's Bar). Same time as usual, 2.45pm for a 3pm start. The charge for hire of the courts has changed slightly – we

now pay 1€ each for the hire of the court with a special rate for a drink, 1.35€ for a beer, wine, water, coffee or soft drink. New members very welcome

POETRY FOR PLEASURE: Those who were there seemed to agree that the first meeting of PFP (September 16th) met all our hopes and expectations. We laughed, we listened, we learned a lot. We even all now know that Humpty Dumpty was a cannon, not an egg. We read old favourites; we heard poems that were new and unpublished. We reflected on daffodils and death, on fruit and funerals. We have an ambitious programme for the future, with meetings scheduled for October 21st and November 18th at the Parador (11am). If you feel like joining a group which is small, friendly, informal, and responsive to the needs of all its members, please get in touch. We still have room for just a few more members.

QUIZ NIGHT: The next quiz night will be at the Bar Mediterraneo in Teulada on Wednesday Oct 15th. The cost of the evening, including a meal is 15 euros. You can book and pay at the September meeting and also state your choice of menu (fish, chicken or lamb).

SCRABBLE: Contact Group Leader.

SNOOKER: Contact Group Leader.

SOLO ON A SUNDAY: The next Solo on Sundays will be held at Las Brisas De Javea Restaurant on October 5th at 1.15 for 1.30 and hope to see you all again and we will make newcomers very welcome! Just call me to reserve your seat - looking forward to seeing you there!

TRAVEL GROUP:

Tuesday 30th September to Saturday 4th October – The Monasterio de Piedra and Zaragoza

A reminder to all participants to be at the Rafalet car park no later than 8.15 a.m. Please bring some form of identification with you as this is required for the hotels e.g. passport or residencia. Organiser: Angela Chantry

Tuesday 14th October - Vall d'Ebo and Castell de Castells

An excursion through the mountains to visit the caves at Vall d'Ebo, and then on to the village of Castell de Castells (we have been invited by the local councillor for tourism) to visit the museum with a guided tour of the village and then lunch or picnic (please state if you want a lunch or picnic). It will also be possible to play petanque (they can supply 2 sets of boules). Depart Rafalet 09.00 am returning 5.30pm. Price 10 euros, coach only, payment today. Entrance to the caves 4 euros but 2.75 euros with a pensionista card, museum 2 euros. Organiser: **John Price**

Friday 17th October and Monday 3rd November - Caravaca de la Cruz & the Santuario de Nuestra Señora de la Esperanza, Calasparra

Caravaca de la Cruz is one of only 5 Holy Cities of the world (as declared by the Vatican), sharing this honour with Rome, Jerusalem, Santiago de Compostela and Santo Toribio de Liébano. Visit the castle, of Muslim origin (3 euros for 65+), with its 14 towers which guard the Sanctuary of the Santísima y Vera Cruz, where a reliquary is said to contain a piece of the True Cross; the Holy Church of El Salvador, and wander through the medieval streets. Time for refreshments before re-joining the coach to visit the Santuario de Nuestra Señora de la Esperanza (Our Lady of Hope), a beautiful church set in the side of the mountain on the banks of the river Segura near Calasparra (free entry). Depart Rafalet at 8 a.m., comfort stop en route, and arrive Caravaca at approx. 10.45 a.m. Leave for Calasparra at 3 p.m., journey time to the Santuario approx. 30-45 mins. Return to Javea at 4.45 p.m. arriving approx. 7 p.m. Cost

for coach: 15 euros p.p. Full payment today (please decide which date) to Organiser: Angela Chantry

NB This trip replaces the proposed visit to Villena & Novelda which has been postponed until next year.

Saturday 8th November - An evening dinner and show at Benidorm Palace.

Price to include coach, dinner and show 65 euros. Depart Rafalet - 7.30 pm. Payment today please. Organiser: **Pat Wykes.**

Monday 10th November - A day's shopping in Alicante.

Depart Rafalet 09.30 am returning 6.00 pm. Price 10 euros, payment in full at today's meeting to Diane Ord. Organiser: **Mike Frost**

Tuesday 18th November - A visit to the Lladro Factory in Valencia

followed by a tour of the Lladro House. Coach departs Rafalet 09.00 am returns 6.00 pm. Price 10 euros. Names at today's meeting, payment at October meeting. Organiser: **John Price.**

Wednesday 26th November - Social Lunch at Las Brisas Restaurant

at 1.00 pm. Price to include lunch, half bottle of wine and water, and raffle 16 euros. Names today to Diane Ord, payment in October. Organiser: **Mike Frost**

Saturday 6th December.. Xmas Dinner Dance at Javea Golf Club,

7.30 for 8.00 pm. This event is arranged for Javea U3A only and is limited to 80 places. Price 35 euros includes dinner, wine, water, music, raffle. Names today, payment in October. Organiser: **Pat Wykes**

May 2009 – 8 day trip to Prague & Cesky Krumlov

I am looking into the possibility of a one week trip to the Czech Republic in early May 2009, with 4 nights in Prague, followed by 3 nights in Cesky Krumlov (a UNESCO Heritage site). Price to include return transport Javea/Madrid airport, flights, airport taxes, 3* hotel accommodation in double/twin en-suite room (half-board), with included Prague city tour, Prague Castle & Mala Strana, Karlstejn Castle, Cesky Krumlov Fortress and gardens, visit to Ceske Budejovice and Hluboka Castle (all entrance fees included); tour accompanied by an English-speaking guide. The cost will be circa 900 euros p.p. To enable me to gauge interest in this potential tour, please telephone or email angelachantry@gmail.com if you would be interested in participating. Organiser: Angela Chantry

PLEASE NOTE all of these events will be offered to the associate members that join the U3A as from the 9th October meeting.

In view of the changes pending in October with the inclusion of the associate members, it is appropriate to publish future plans and explain the procedures operating in the Travel Group. At present there are four organisers. ***Mike Frost Travel Group Co-ordinator, Angela Chantry, Pat Wykes and John Price.*** In view of the growth in membership we will expand to six organisers, the additional people being ***Diane Ord*** (a previous volunteer) and we hope to recruit one more during the coming weeks. The plan is then for each organiser to run 3 trips per year, thus making 18 trips instead of the current 10 or so. The guidelines for travel organisers are that, on day trips, the organiser and partner do not pay for the travel element of the trip (bearing in mind that they have probably already been at least once to check out the destination in their own time). Travel organisers receive petrol money and toll money

to cover journeys undertaken on behalf of the group. For trips involving overnight stays it is agreed that the organiser will go at 50% of the normal full price and their partner pays full price. As announced previously, for overnight trips that are over-subscribed the names will be drawn from a hat at the monthly travel organisers' meeting the only exemptions being the travel organisers. The travel organisers will continue to produce a financial report for each trip which will be submitted to the treasurer. We recognise that the extra excursions will result in 2 to 3 trips occurring in the same month. In an effort to minimise confusion we hope to announce the full 2009 travel plan in the November 2008 Newsletter which will include the approximate dates of the trips and the earliest date at which we will take names for each trip. It is important to remind all members that travel insurance is the responsibility of each individual. On overnight trips we do take out a small policy to protect the U3A from potential costs but each individual still needs their own insurance. For the booking of overnight trips we will be using a stand-alone e-mail address, for example ordcuenca@gmail.com - this being the organiser's name and travel destination. You will be able to register your interest via this address which we hope will reduce queuing at the meetings. Those without e-mail can either ask a friend to register for them, use an internet cafe or call by phone. You will be advised by e-mail of the results of the draw and when to pay. Those without e-mail will need to ring the relevant travel organiser to find out the results. In the event of a member dropping out after having paid, the travel organizer will give you the contact details of the next person on the waiting list - if applicable - for you to sell your place. If an overnight trip is sufficiently oversubscribed we will consider running the trip again, say one week later. Please note **WE DO NOT GIVE REFUNDS**. Our prices are as low as possible and a refund could result in a financial loss on the trip. Due to the size of our membership, our policy is not to take guests unless it is financially beneficial to the U3A. Similarly, you may not substitute yourself with a non-member. Please also note travel organisers do not receive expenses for telephone calls so they will not return your calls - please call again!

PAYMENT - You will be advised in the Newsletter of when and how much to pay for each trip. Amounts of 50 euros or over can only be paid by cheque made payable to **ASSOC SOCIAL DE LA TERCERA EDAD DE JAVEA** or by bank transfer which must include your name and the trip destination. This should be paid into the following account **ASSOC SOCIAL DE LA TERCERA EDAD DE JAVEA CCC 2090 0446 30 0040016233 CABBANK**. *Mike Frost Travel Co-ordinator*

PLEASE NOTE - Travel organisers will be at the Parador on the days of the meeting from 10.00 am to collect any monies for the trips in an effort to reduce queuing after the meeting.

If you are unable to use a trip which you have already paid for you should inform the organiser and where possible, you will be given contact details of the next person on the waiting list for you to make contact and collect your refund from them. We have a clearly defined policy whereby guests are only permitted after all else has been exhausted and then the guest will pay 50% premium on the trip price. We do not allow non members substitutions as it is unfair to our members. **Mike Frost**

In the interests of reducing the size of the Newsletter the Registration of Interest Form and Emergency Contact Form will not be printed but will be available on the travel desks at the meeting.

TRAVELLERS' TALES GROUP:

Our next meeting will be on Tuesday 23rd September, when Ann & John Boot will give a presentation on their *6-weeks self-drive tour of America*: **Please note later arrival time:-** 11.30 a.m. for 12.00 p.m. start. Venue: The Javea Players' Studio. Turn right past Book World Espana (which is opposite Mercadona on the hill towards the old town), and first right again (Cronista Figueres Pacheco 6). The Studio is a few doors further on from Restaurant/Bar Fuentes. Two dates are planned for October: Tuesday 7th October, Ernie & Joyce Pope will tell us about their trip to the *Canadian Rockies & Alaska cruise*, and on Tuesday 28th October, we will hear all about Brian & Irene Walthew's *Baltic Capitals cruise*. Venue for October: The Social Centre, Javea old town (next to the new Music School, opposite the underground car park). Email/telephone the Group Leader if you would like to stay on after any of the meetings for a menu del dia lunch.

WALKING GROUP: Our first walk of the autumn season will be on Thursday 2nd October. Meet 9.30 a.m. Tourist Office Car Park, Benitachell, opposite Mas y Mas. Please make sure you have ample water, refreshments, and comfortable walking shoes/boots. Telephone the Group Leader if you have any queries.

WINE APPRECIATION:

The Wine Section held an interesting meeting at Bon Appetit where we learned about the wines of Alicante and tasted a wide variety from this part of Alicante and from the vineyards inland in the hills. As usual some liked one wine and others did not like it, but that is what the tastings are all about. At least 2 of the wines tasted met with nearly everyone's approval.

Our next Meeting will be an Awayday on Wednesday 15th October to Bodega El Angosto in Ontinyent, leaving Rafalet at 09.30 and returning at about 6.00 pm. The visit will take about an hour and a half, and there will be time to explore the Old Town before lunch which is include in the cost of €35 per head for U3A Members who are not members of the Wine Appreciation Section. It is too early to say if there will be space on the coach for people who are not members of the section, but if you are interested please contact the Group Leader.

SUGGESTIONS / INFORMATION

1. Discounts are available to U3A members on production of membership cards. The discounts include Car Hire, Car servicing and repairs, Insurance and Medical, plus several good shops and businesses in and around Javea. Please see the discounts page on our web site for more information. www.u3ajavea.org/Discounts.htm.

NEW DISCOUNTS FOR MEMBERS

Our member Piera King is now working with translations for the police – someone to keep in with !! Piera has kindly offered to do translations for U3A members at a discount of 20% on the normal charge. This will equate to Verbal translations € 16 per hour (instead of €20) and translating a document € 16 per page instead of €20.

You can reach Piera on Tel. 650 835 372 or email pieraking@netscape.net.

Steve Collins our Wine Group Leader has tracked down a new bodega in Javea. This is Casa del Vino and if you join their wine club you become an amigo de la casa del vino and will be entitled to a discount of 8% off all their wines and (unusually) their spirits. No minimum purchase is required. The shop is on Avenida Augusta No. 22 and is best reached by parking your car behind the big Mercadona and going out of their back gates.

Turn to your left and the shop is about 50 metres away on the corner. They have a very wide selection of wines from all over the world. They are English speaking, and although this is not an exclusive U3A discount it is likely to be the best you will find in Javea.

CHRISTMAS SHOPPING AT TIFFANY'S – 30% DISCOUNT

Friday 14th November is a date for your diaries Ladies & Gentlemen !!

Keith at the jewelers Tiffany's, in the port, is offering a 30% discount off his lovely jewellery to all our members. His shop will be open from 10:00 a.m. – 10:00 p.m. that day for us to browse and buy. Keith will also have a few very special items that will be sold at a greatly reduced price so this could be an excellent opportunity to do some Christmas shopping. Don't forget when you are next walking along the sea front to "pop in" and register and collect your card from Tiffany's.

We normally have a 20% discount at Tiffany's all year round but this is a one day Christmas special.!!!

CHRISTMAS STOCKING FILLERS

We will very shortly have some DVDs produced by Fabio to sell at €10 each. Fabio has generously donated € 5 of this figure to a charity of our choice (HELP) and they do make very attractive gifts for anyone that has visited with you or is planning to. The subject area is the Northern Costa Blanca and covers well Javea, Moraira, Denia etc.. The DVDs are very professionally produced with a pleasant commentary & music and make an unusual gift. We hope to have these on sale at the Parador in October.

2. Telephone calls: So as to avoid extra costs to the U3A for phone calls, we have chosen to adopt a policy whereby it is the responsibility of the individual members to contact group leaders and committee members. You are requested to call again instead of leaving a message asking for someone to call you back.

3. Newsletter: Every effort is made to have the latest Newsletter on the website and emailed two days before the general meeting. This way you can obtain advance notice of any excursions and would be able to bring sufficient funds for deposits etc.

4. Membership: For your information each month we send an up-to-date list to group leaders for them to confirm membership details at their meetings. **N.B.** Husbands and wives both need to be members!

5. Refunds: We have a policy of no refunds for the travel bookings. We keep our prices as low as possible and sometimes giving a refund could result in a loss. We do try to resell the place if possible, and would then of course refund the money.

6. Insurance: Members are reminded that as has been announced on previous occasions, they are responsible for their own insurance. U3A Javea is not liable in any respect for any loss or injury that may be suffered by Members whilst participating in the Association's activities.

7. Attendance: If you cannot attend a Group meeting that you have previously indicated you would attend, can you please let the Group Leader know.

Summer Garden Party, Tuesday 16th September 2008

Javea U3A would like to thank the following who so generously donated prizes to their recent Garden Party in aid of *HELP*. Their generosity contributed towards making the day a great success, and 3520 € was raised for a very worthy charity.

Tiffany's, Jewellers, Javea Port
The Parador Hotel
Prestige, Pedreguer
1Car1Rental
Denibus, Denia
El Rodat Hotel
The Marriott Hotel
Mark Petrie, Insurance Broker, Javea Port
El Elefante Restaurant
Devygar Furniture, Benitachell
The Bed Specialists, Javea Port
Heaven Beauty & Hairdressing Salon, Moraira
Las Brisas Restaurant
The Rendevouz Restaurant
The Nail Station, Arenal
Style & Beauty, Javea Port
The Terracotta Restaurant, Arenal
Charlie Group, Javea Port
Montgo Verd Garden Centre
H20, Hairdressing salon, Javea Port
Barina, ladies' fashions, Javea Port
Coloniales Perfumeria, Javea Port
Javea Golf Club
La Cumbre Restaurant
Gilly MacNally, Physiotherapist
Consum, Javea
Friends, Javea Port
The Javea Players
Book World Espana
Bodywise Hair by Brenda, Arenal
El Mono Loco Restaurant, Arenal
El Rancho Restaurant, Arenal
Marples, Arenal
The Feel Good Factory
Bertomeu Grau, Javea Port
Casa Blanca, Javea Port
The English Bakers
Just Hair, Hairdressing salon, Javea Port
Yorkshire Linen, Cabo La Nao
Polly's Book Shop, Javea Port
Ann Colclough – Cakes for Special Occasions

And not forgetting the many contributions so generously given by members of the Javea U3A.