

From our President

Dear Members,

Welcome back after the long summer break. I hope you had a lovely time whether here in Javea or elsewhere. For those that have had visitors I trust you are now recovering from all of the hard work. Personally I love having visitors but am really pleased when they go home and life can return to some semblance of normality.

Autumn approaches and we have some excellent speakers booked for the September and October meetings. Cheda Panajotovic will be speaking this month on a "Blue Badge Guide in London" and next month we have a speaker on "Acupuncture and Chinese Medicine".

There have been a couple of suggestions this month, one for a Pet Sitting Circle and a new section on the website for Companies that deliver to Spain, please see the articles in the newsletters for more details.

I am also pleased to announce that Carol Pilgram has come forward to offer her services as the Communications Officer and we will make a formal announcement and introduction at this month's meeting. Carole is a new member of the U3A and, felt that being new she would not come forward, but as the months went by and we kept advertising for someone, she took the plunge and came forward. We are now pleased to welcome her onto the Committee as her background is ideal for

this role. Thank you to Carole. If you are a new member please do not be shy in coming forward to volunteer with helping to run this great organisation. Paul and I had only been members for a few months when we volunteered.

Since the purchase of the new display board, Jean Miller has been doing a great job collating and displaying information for members to see at the monthly meetings.

We have also purchased a set of melamine crockery and cutlery which can be hired for a small fee by members when planning large parties. Those members organising a Charity Event will be able to loan the items free of charge. Full details will be on the Website within the next couple of weeks and also on the Display Board at the Parador.

With regards to the Statutes, we are still awaiting the authorised copy from Alicante. There had been a mix up of our papers with another Society. This has now been sorted out and we expect the authorised copy soon. As soon as it is received, we shall publish the Statutes on the Website, in English and Spanish. We apologise for the long delay in publishing the Statutes, which has been entirely outside of our control.

I wish you well and look forward to seeing many of you at the Parador meeting this Wednesday.
Best wishes
Shirley

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Monthly Meetings Last Wednesday of Each Month

Speakers

September
Cheda Panajotovic

October
Robert Vandevelde

Question 1 Have you changed your E-Mail address or Telephone number?

Question 2 Have you notified the Membership Secretary to have your details changed on database?

Speaker at the September Meeting at the Parador on 29th September 2010.

Our speaker this month at the Parador will be **Cheda Panajotovic**, who will be talking to us about his recollections and experiences as a Blue Badge Guide in London. This promises to be a fully informative and entertaining talk, which I am sure members will enjoy.

Paul Wessendorff

**WANTED
GROUP LEADER**

**To set up and run a
PET SITTING CIRCLE**

Remember the days when you used to be part of a baby sitting circle; a suggestion has been made to form a **Pet Sitting Circle**. Many members are unable to participate in activities as their pets cannot be left for long periods of time e.g. A one or two day travel trip.

If you are interested in setting up and running this group please contact Nick Winter at groups.coordinator@u3ajavea.org

Should you be interested in joining this group, then please email enquiries@u3ajavea.org



**UK Companies
who offer Delivery to Spain**

A new section on the webpage is being created to tell members about UK companies that deliver to Spain e.g. Marks and Spencer, Amazon etc. If you use a company for deliveries to Spain and would be happy to share this information with other members then please email details to enquiries@u3ajavea.org

Tuesday Lecture 5th October 2010

We commence our 2010- 2011 Season with a lecture by Christine Ord who is Group Leader of the Denia U3A Astronomy Group.

Her Title is "**The Universe**"

Her lecture will review how our understanding of the Universe developed, and she will describe the various types of galaxies, and other stellar objects including pulsars and quasars. The theory of the origin and development of the universe (Big Bang) and what the future of the Universe may be will also be discussed.

We look forward to seeing many members at the Casa de Cultura for what should be a very interesting and thought provoking occasion.

We plan to start at 10.30 am and will have a 30 minute coffee break at about 11.15 am, concluding at 12.30 pm.

Organiser: Alan Oliver at alan@oliverjavea.com

"CARE & SHARE" TEAM:

The Team offers support and practical assistance to others within the Javea U3A who, like the team members, have suffered loss. If you would like further information, please come and talk to us at the general meeting or email: caresharepat@u3ajavea.org or careshareangela@u3ajavea.org
Angela Chantry

**Speaker at the October meeting at the Parador
on 27th October 2010.**

Here is some advance information on the speaker arranged for the monthly meeting of the Association on 27th October, who will be **Robert Vandeveld**. Robert is an experienced acupuncturist who has worked in Javea for several years. The aim of his talk is to give people a better understanding of what we can and can't do with Traditional Chinese Medicine (TCM). He will talk about the history of TCM, what it is, and how we can use it. He will also give a small introduction to Yin-Yang philosophy, the Western view, and research. Robert is looking forward to answering questions and queries that any member may have regarding TCM or its associated subjects.

Paul Wessendorff

Ongoing Groups



BACKGAMMON: From hereon we shall be meeting at the Parador on Mondays from 3pm to 5pm starting next Monday 13th September. **Organiser:** **Bob Denton**

BOOK CLUB: The **MORNING** Book group meets on the first Tuesday of each month at 10.30 am at the Parador in Javea.

The **AFTERNOON** group continues to meet at members' homes on the third Monday of each month from 3 - 5pm. In July, Christine Hugué (a lecturer in English Literature at Lille University) joined our meeting to discuss Charles Dickens' final & unfinished novel *The Mystery of Edwin Drood*. She gave us a concise & entertaining insight into the life & works of the author. This was then followed by a lively discussion on possible plots & endings for the novel. We do hope Christine can join us again next summer to explore other Victorian authors.

Our chosen books for the next two months are:

October: *The Centre of the Bed* by Joan Bakewell

November: *The Master* by Colm Toibin
If you are interested in joining either of these Book Club groups or would like any more information, please contact Pru Hughes at pru.bookclub@gmail.com

COMPUTER GROUPS:

Computer Basic Skills group - Classes held in the Library on Thursdays 11.00am – 12.30pm. These are weekly classes to learn the basics in the use of your PC -operating on Windows Vista or Windows 7. A waiting list is now in operation. Further details can be obtained by emailing u3acomputers@wilmastevenson.com

Organiser: **Wilma Stevenson**

Practical Computer knowledge - The "PC Rebuild" previously mentioned will now not be going ahead due to insufficient interest. Please note that this group is currently full, members who withdraw are replaced from a waiting list. If you would like to be
Website: www.u3ajavea.org

added to the waiting list, please drop me a line at -

[pck@u3ajavea.org?subject=Practical Computer Knowledge](mailto:pck@u3ajavea.org?subject=Practical%20Computer%20Knowledge) **Organiser:**

Tom Stevenson

DIGITAL PHOTOGRAPHY:

Beginners Digital Photography - The second Beginners Digital Photography group will commence in October, meeting for 8 monthly sessions. The aim of the group is to explore the basic settings on a digital compact camera and use a simple digital editing programme (Picasa) on the computer to improve photography. There will be a photographic project each month providing the opportunity to try out the different techniques and ideas shared on the course. Those who have registered for the course (which is full) will receive further information by email prior to the first meeting on 18th October. **Organiser:** **Dodie Hodgkinson**

The **Digital Photography** Group held their September meeting a week early at Tom and Jean's house in Gata. 14 members of the group attended and we had a little party with drinks and nibbles to celebrate the start of our new session. Several new members were welcomed to the group and the meeting was devoted to discussing a programme for the coming year. We have agreed to introduce more photographic trips and these include a visit to the Valencia arts and Science centre, to photograph the buildings. We also hope to visit a number of local places of interest including Albarda gardens at La Sella, Los Sentidos in Altea hills, Gran Alacant and Fuentes de Algar. We will be holding a "best photograph" competition at each month and the project for our October meeting is Javea Port. The group is going to explore and attempt to simulate the works of some of the most famous photographers together with continuing to hold discussions on digital photographic enhancement programs, such as Adobe Photoshop Elements and Picasa. We will also be having discussions on what the individual controls on digital cameras actually do. This will start at our October meeting with Nick Winter giving an explanation of high dynamic range, more simply known as, picture bracketing. **Organiser:** **Tom Miller**

SLR Digital Photography Group -This digital photographic group is for those who want to improve their photography and have more sophisticated cameras than the standard small digital camera. Typically, our group members have digital SLR (single lens reflex) cameras or the new range of digital cameras (hybrid is one name).

We will be covering a great range of subjects including landscape, group photography, portraiture, nature, etc. etc. – whatever the group wants with the emphasis on the visual side.

We meet at our house in the countryside near Javea with most photographic sessions within our large garden or outside in the countryside. It's all very casual and friendly with tea and coffee and this autumn we will be looking at whatever photographs group members want to show and discuss with others.

Please email **Peter Sanders** at pj.sanders@live.com or telephone 649 816 556.

DINE AND DANCE: Our last meeting was at the end of June at La Naya - a great night, enjoyed by all. On 8th October we have a table at the MABs ball at Javea Golf club - €24 including wine. On 29th October we are invited to the Benitachell Bowls Club Ball, at El Canor, price €34. Payment and menu choices for both these events at the meeting on 29th. We are a friendly social group who always welcome new members. More information from **Group Leader: Pat Johnson.**

DINING OUT: For our first event of the new season 52 members visited Restaurant Atalaya,

This new restaurant is situated at the Arenal with beautiful views over the beach and bay.

The service and food was outstanding and everybody was full of praise for the venue.

Our next event will be on Thursday, 14th October and all members will be given full details of the venue shortly.

Organiser: **Peter Speer**

FAMILY HISTORY: Our next meeting is to be held on Tuesday 19th October at 2.15pm at the usual venue of the Social Centre. The topic will be looking at on line sources for research including "Accessing the 19th Century newspaper archives at the

British Library to enrich research". The Autumn programme is now available on the Javea U3A website under the Family History activity group.
Organiser: James Hodgkinson

FOODIES GROUP: The first meeting of the "New Year" was held on Thursday September 16th, 10.30am at the Javea Tennis Club. You just need to buy a coffee or water etc. as the room is free. To renew or be added to the Foodies email list, please email Gillian at ggreen@gmx.com **Organiser: Gillian Breen**

HISTORY GROUP: The next History Group is Monday October 11th in the Casa de Cultura at 1.15.

Subject: "*The Anasazi or the Ancient Foreigners of the USA Four Corners region.*" Presented by Fabio Bezoari.

The Anasazi: Who were these mysterious people who lived in the USA's 4 Corners region, more than 1000 years ago, and whose culture developed from the time of Jesus Christ to reach its apex in the 11th century? This video presentation will hopefully reveal some of their achievements.

Members who are interested in joining the group please contact the **Group Leader, Sally Wells.**

MAHJONG: Instead of stopping our Mahjong sessions for the summer as in previous years, due to popular demand we continued throughout the summer. On Tuesday 22nd September we are meeting to play at the El Jardin Chinese restaurant at 5 o'clock followed by dinner to celebrate the Chinese Harvest Moon Festival - hoping that there will be no cloud cover so that we can go moon-gazing after dinner. Please see website for details of meetings.
Organiser: Kay Thomas

NOT JUST FOLK MUSIC GROUP: The next meeting of the group will be held on **Monday 27th September** at The Bull and Bear Restaurant and Pub opposite Mas y Mas in Benitachell, gathering at 7.30 for 8.00pm start, and concluding at around 10.00 pm. Please let me know if you are able and would like to come to this session of the Group as soon as possible, either on 96-649-3959 or by E Mail to folk.music@u3ajavea.org Anyone interested in joining the group should contact me in the first instance by E Mail at the above address. We look forward to hopefully seeing some new faces at our sessions during the months ahead. For further details on the Website: www.u3ajavea.org

Group and its activities, please look on the Javea U3A website.

Looking forward to seeing as many as possible on the 27th September.

Organiser: Paul Wessendorff

POETRY FOR PLEASURE: There will not be a meeting in October, so the next one is scheduled for Tuesday 2 November at 11am in the Parador. The theme for the November meeting is poetry which has anything to do with FIRE. Someone has already suggested THE BOY STOOD ON THE BURNING DECK, but we know there will be other more imaginative contributions. Anyone interested in joining PFP should contact the group leader for more details. **Organiser: John Othick**

QUIZ NIGHT: Oct 14th at La Salaito in the old town, as before, but without hassle from a fiesta. Apologies to all who went, for my inability to get there because of the roads being closed and I could not walk there on my sticks. Start time 8pm, arrive any time from 7.30pm. Menu: variety of tapas, salmon cakes with caramelised red onion OR Osso Buco & pasta, Homemade cheese cake OR ice-cream + half bottle wine. Cost 15€ Please email to stanjenioldfield@gmail.com.

Instructions on how to find El Salaito on request. **Organisers Stan and Jeni Oldfield.**

SOLO ON SUNDAYS: Welcome back everyone, hope it was a good summer for you all! Before the summer break, 22 of us enjoyed a nice meal at Casa Maria in the Port, where they certainly made us feel very welcome. The next venue will be at Tosca...it used to be Turpins...opposite the Parador on 17th October at 1.30 pm. So, come along...and if it is your first time, we shall look after you! Call me on 96 646 3389 or email me before that date. See you there. **Organiser: Marion Monsell**

SOLOS SOCIAL GROUP:

Saturday 2 October - Dinner Dance

At El Andaluz restaurant Moraira. Meet in the bar area of the restaurant at 8pm. Three course meal + 1/2 bottle of wine per person, cost approx 23€

Friday 11 October - Curry Night

To be held at the Indian Palace, Javea. Meeting up at 7.30pm.

Tuesday 26 October - Denia Walk

Meet at 10.30am on the road outside of the Old Denia Hospital, then car share to the start point. The walk will go to

the Caves of Aqua, Montgo's underwater lake, also the Roman look out. An expert on Denia will accompany the walk and the pace will be to suit the slowest of the walkers.

Friday 29 October - Benitachell Bowls Club Dinner Dance

To be held at El Canor, cost of €35 to include 3 course dinner, wine etc. Cava Reception followed by the dinner.

If you would like to join us and receive regular updates of our activities, email Pat Ainsley or ask today for a copy of our Solos programme. **Organiser: Patainsleysolos@gmail.com**

TRAVELLERS' TALES GROUP:

The next meeting will be on Tuesday, 12th October, when Angela Chantry will give a presentation on "*Cruising from Kiev to the Black Sea*". Venue: the Javea Players' Studio (in the road behind Book World Espana, Javea pueblo) - 11.30 a.m. for a 12 p.m. start. New members always welcome!

Organiser: Angela Chantry

WALKING GROUPS: The Mountain Walks led by Al Knight will restart on Thursday 7th October. Please see website for details.

WINE APPRECIATION: The Wine Appreciation Group meets once a month at La Cocina, and the meetings start at 1.30 pm. **PLEASE NOTE THAT THE MEETING ON 29TH SEPTEMBER** will start at 1.00 pm, and not 1.30pm. For the time being all meetings will be at lunchtime - there are no longer any evening meetings. Please contact Group Leader for details of what takes place at the meetings and for information about the next meeting. Cost is normally €15 per head which includes the cost of the wines tasted and a 2 course meal. Please note that if you book a place for a meeting and then do not turn up for it you will still have to pay the meeting fee of €15. **Organiser: Steve Collins**

FOR ALL OTHER GROUPS,
please contact the relevant **group leader,** or visit the **website** at www.u3ajavea.org

GENERAL INFORMATION:

For Sale, Recycle or Wanted Board:

At the Parador meeting we will have a board for you to advertise items you wish to SELL, RECYCLE (give away) or WANTED. To advertise your item please contact Jean at urecyclesale@yahoo.co.uk (email subject-U3A Javea notice board).

Please make sure you put all the details about the item, and your contact number or email address. We will presume you have sold, recycled or found the item before the next meeting. If you wish the same advert to go on the board again, make sure you contact Jean and ask for the advert to be resubmitted.

We have started a new way of advertising the For Sale, Wanted or Recycled items. Send your adverts by email to urecyclesale@yahoo.co.uk, email subject-U3A Javea notice board. Your advert will be placed on the new For Sale web page, a link is available through Javea U3A website-Activities Groups – Special Events - For Sale etc or <http://javea-u3a-noticeboard.wikidot.com>

No personal details will be shown on the For Sale web page and all contacts will be through the web site moderator. For further details please contact Jean Miller on 966 260 967

BOOK SWAP & AUDIO BOOK SWAP.

Brenda will be pleased to see you at the Parador meeting. Remember to bring along your books or audio books. There is a small charge of 50c if you have no book to swap. This money will go towards the U3A chosen charity.

DVD SWAP at the Parador meeting. Pat reminds you this only works if you remember to bring your DVD's along, so don't forget. The more DVD's you bring, the better variety of films she will have on the table.

A collection box for used **Postage Stamps** will be by the DVD and Book swap table. These stamps will be given to the Royal British Legion for their support fund, so please remember to bring Books, DVDs and now stamps as well to future meetings.

Newsletter designer: Wilma Stevenson

Producer: Sue Bentley

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The following discounts are on offer to U3A Members:

Orders up to	€50.00	5%
Orders over	€50.00	10%

Opening Hours:

Mon/Tues/Thurs/Fri	9.30	–	4.30
Wed	9.30	–	12.00
Sat	9.30	–	2.00

**The next Parador meeting
will be held on
Wednesday, 27th October
at 11.00 am**